



Companies House

for the record

Company Name

S & M CARE LIMITED

100027 / 15

2

## 363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column
- > Please use black pen and write i

Company Type  
**Private Company Limited By Shares**

Company Number  
**4194935**

Information extracted from  
Companies House records on  
**30th May 2002**

### Section 1: Company details



A50  
COMPANIES HOUSE 0752  
06/07/02

A16  
COMPANIES HOUSE 0462  
18/06/02

Ref: 4194935/17/47

#### Current details

#### Amended details

- > Registered Office Address  
*If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.*

**325 City Road  
London  
EC1V 1LJ**

Address

UK Postcode

- > Register of Members  
*If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.*

**Address where the Register is held**

**At Registered Office**

Address

**325 CITY ROAD  
LONDON**

UK Postcode

**EC1V 1LJ**

- > Register of Debenture Holders  
*If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.*

**Not Applicable**

Address

UK Postcode

- > Principal Business Activities  
*Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.*

*None held, please enter SIC code or description in the amended details column.*

**SIC CODE Description**

**8531**

**CARE PROVIDER**

- > The records we hold for your company's officers are incomplete. Please enter their details below. **You must also complete and send a form 288 with this annual return if an appointment has not been notified to Companies House.**
- > Please copy this page if there is not enough space to enter all the company's officers.

**Details of Officers**> **Company Secretary***Please enter the details requested.**(Photocopy this area to enter details of joint secretaries).*

Forenames

ABDUL HAQ

Surname or

Corporate name

MIAN

- > Please attach form 288 if the appointment of this company officer has not been notified to Companies House.

☐ Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

Address

41 SCOTWELL DRIVE

(Usual Residential)

COLINDALELONDON

UK Postcode

NW9 6QB> **Director***Please enter the details requested.*

Forenames

MEGWANTEE SHAND

Surname or

Corporate name

MIAN

- > Please attach form 288 if the appointment of this company officer has not been notified to Companies House.

☐ Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

Address

41 SCOTWELL DRIVE

(Usual Residential)

COLINDALELONDON

UK Postcode

NW9 6QB

Date of birth

16/06/1951

Nationality

BRITISH

Business Occupation

CARE MANAGER

**Section 2: Details of Officers of The Company****(A)**

- > The records we hold for your company's officers are incomplete. Please enter their details below. You must also complete and send a form 288 with this annual return if an appointment has not been notified to Companies House.
- > Please copy this page if there is not enough space to enter all the company's officers.

**Details of Officers****> Company Secretary***Please enter the details requested.**(Photocopy this area to enter details of joint secretaries).*

Forenames \_\_\_\_\_

Surname or \_\_\_\_\_

Corporate name \_\_\_\_\_

- > Please attach form 288 if the appointment of this company officer has not been notified to Companies House.

☐

Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

Address \_\_\_\_\_

(Usual Residential) \_\_\_\_\_

UK Postcode \_\_\_\_\_

**> Director***Please enter the details requested.*Forenames MARTIN

Surname or \_\_\_\_\_

Corporate name KRIHO

- > Please attach form 288 if the appointment of this company officer has not been notified to Companies House.

☐

Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

Address 41 SCOTWELL DRIVE(Usual Residential) COLINDALELONDONUK Postcode NW9 6QBDate of birth 08/12/1975Nationality SLOVAKIANBusiness Occupation SUPPORT CARE WORKER

**Issued share capital details**

> Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders.

Class of Share

ORDINARY

Number of shares issued

THREE

Aggregate Nominal Value of issued shares

£3

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

> Please fill in the total number of issued shares and their total nominal value.

Number of shares issued

3

Aggregate Nominal Value of issued shares

£3**List of past and present members** (Tick appropriate box)

> Please complete the required information on the attached schedules or in another format agreed by Companies House.

- ☒ There were no changes during the period  
☐ A list of changes is enclosed  
☐ A full list of members is enclosed

The last full list of members was received on: 00/00/0000

A full list of members is required with this annual return

**> REMEMBER:**

**Changes** to shareholder particulars or details of shares transferred to be **completed each year**  
 A full list of shareholders is required with the first and every third Annual Return thereafter  
 List shareholders in alphabetical order or provide an index  
 List joint shareholders consecutively

## Section 4: Details of Current Shareholders

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name <u>MEGWANTEE SHAND MIAN</u> Address <u>41 SCOTWELL DRIVE</u> <u>COLINDALE</u> <u>LONDON</u> UK Postcode <u>NW9 6QB</u>	ORDINARY  TWO		
Name <u>MARTIN KARIHO</u> Address <u>41 SCOTWELL DRIVE</u> <u>COLINDALE</u> <u>LONDON</u> UK Postcode <u>NW9 6QB</u>	ORDINARY  ONE		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			

**Section 4B: Details of Former Shareholders**

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		



**Companies House**  
— for the record —

## 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

### 1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

(Director / Secretary)

Date

16, 6, 2002

This date must not be earlier than the  
return date at 2 below

#### What to do now

Complete this page then send the whole of the Annual Return and the  
declaration to the address shown at 4 below.

### 2. Date of this return

- ☐ This AR is made up to **5/4/2002** If you are making this return up to an earlier date,  
please give the date here

— / — / —

Note: The form must be delivered to CH within 28 days of this date

### 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **5th April 2003**  
please give the new date here:

— / — / —

### 4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the  
reverse of the cheque?**

Cheque ☒ Postal Order ☐

Cheque / Postal Order

Number 100027

(Please complete as appropriate)

### Contact Address

You do not have to give any contact information below, but if you do, it will help  
Companies House to contact you if there is a query on the form. The contact  
information that you give will be visible to searchers of the public record.

Contact Name

Telephone number inc code

Address

**WEST & CO.**  
Chartered Accountants  
325 City Road  
London EC1V 1LJ  
Tel: 020 7833 8101  
Fax No: 020 7833 3093

DX number if applicable

DX exchange

Postcode