000193/15



Companies House

– for the record — 'Company Name

INTROTRAIN & FORUM LIMITED

363s Annual Return > Please check the details printed in blue on this statement. > If any details are wrong, strike them through and write the correct details in the "Amended details" column.

Company Type **Private Company Limited By Shares** Company Number 4192814 Information extracted from Companies House records on 16th March 2002

Section 1: Company details

> Please use black pen and write in

COMPANIES HOUSE COMPANIES HOUSE

16/7/62 STATEMENT

Ref: 4192814/01/01		Current details	Amended details	
>	Registered Office Address If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	1 Des Roches Square Witan Way Witney Oxfordshire OX28 4LF	Address UK Postcode	
>	Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held At Registered Office	Address UK Postcode	
>	Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	UK Postcode	
>	Principal Business Activities Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.	None held, please enter SIC code or description in the amended details column.	SIC CODE Description 9302 HARDRESSING SALON 8042 GOVERNMENT FUNDER TRAINING SCHOOL	

Company Number - 4192814

Section 2: Details of Officers of the Company

		Current details	Amended details
>	Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Jane COLLETON	Name
		Address 4 Lakeside Ducklington Lane Witney Oxfordshire	Address
	Particulars of a new Company Secretary must be notified on form 288.	OX28 4TQ	UK Postcode Date of change// Date Jane COLLETON ceased to be secretary (if applicable)
>	Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Jane COLLETON	Name
		Address 4 Lakeside Ducklington Lane Witney Oxfordshire OX28 4TQ	UK Postcode
		Date of birth 27/07/1964	Date of birth / /
		Nationality British Occupation Consultant	Occupation Date of change / / Date Jane COLLETON ceased to be director (if applicable)
>	Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Carolyn DELLA-RAGIONE	Name
		Address 128 Oxlease Witney Oxfordshire OX28 3QU Date of birth 18/04/1960	UK Postcode Date of birth// Nationality
		Nationality British	Occupation
	Particulars of a new Director must be notified on form 288.	Occupation Hair Stylist	Date Carolyn DELLA-RAGIONE ceased to be director (if applicable)
			!!

Company Number - 4192814

Section 3: Total Issued Share Capital

(B)

> Please enter the details of the company's total share capital in the space provided below.

	Issued share capital details	
Please fill in the details of total share	Class of Share	Number of shares issued
capital by class (eg.	ORDINARY	
ordinary, preference etc) that has been issued to the company's shareholders.		Aggregate Nominal Value of issued shares
	Class of Share	Number of shares issued
		Aggregate Nominal Value of issued shares
	Class of Share	Number of shares issued
		Aggregate Nominal Value of issued shares
	Class of Share	Number of shares issued
		Aggregate Nominal Value of issued shares
> Please fill in the number of issu shares and the	d	Number of shares issued
nominal value.		Aggregate Nominal Value of issued shares

> Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding seperately.
- Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

company's current shareholders.					
Shareholders details		Class and number of shares or amount of stock transferred (it appropriate)	Date of registration of transfer		
Name JANE COLLETON Address LUAKESIDE DUKLINGTON LANG WITNEY OFON UK Postcode Q + 8 - 7 Q T	l Cadinary Share				
Name					
Address					
UK Postcode					
Name					
Address					
UK Postcode					
Name					
Address					
UK Postcode					

Section 4B: Details of Former Shareholders

- Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- Please copy this page if there is not enough space to enter all the company's former shareholders.

1) المنظم ا		
Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name		
Address	-	
UK Postcode		
Name		
Address		
	-	
UK Postcode		<u> </u>
Name		
Address	_ [
——————————————————————————————————————		
UK Postcode		
Name		
Address		
	_	
UK Postcode		
Name		
Address		
	_	
UK Postcode		

Postcode



363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

	complete 2 bel	ow.			
1.	Declaration '		·		New York
	confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.				
	What to do now Complete this pa	(Director / Secretary)			
2	2. Date of this return This AR is made up to If you are making this please give the date			aking this return up to an earlier dat the date here	e,
3	Date of nex If you wish to che please give the	t return ange your r	Note: The fam	n must be delivered to CH within 28 days of o a date earlier than 3rd April 2003	Control of
4	Please return the Registrar of Configuration Companies Holerown Way Cardiff CF14 3	nis form to: mpanies use		For members of the Hays D Exchange service DX 33050 Cardiff	ocument)
	reverse of the			h the company number written on Cheque / Postal Order	the
	(Please comp	olete as appro	opriate)	Number	
	Contact Addr	ess			
	lease give the namere are any queri			person who should be contacted if	
C	ontact Name			Telephone number inc code	
A	ddress			DX number if applicable	
				DX exchange	