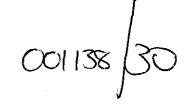


--- for the record ---Company Name

INTROTRAIN & FORUM LIMITED



363s Annual Return

> Please check the details printed in blue on this statement.

> If any details are wrong, strike them through and write the correct details in the "Amended details" column.

> Please use black pen and write in capitals.

Company Type
Private Company Limited By
Shares
Company Number
4192814
Information extracted from
Companies House records on
18th March 2006

Section 1: Company details

	1 EXX** 585
7111	
COMPANIES HOUSE	27/04/2006

Pof: 4102014/02/10			
Ref: 4192814/03/10	Current details	Amended details	
Registered Office Address If any of the details are wrong, strike them through	127 Pound Way Templars Square Cowley Oxford OX4 3XH	Address	
and fill in the correct details in the "Amended details" column.		UK Postcode	
Register of Members If any of the details are wrong, strike them through and fill in the correct details	Address where the Register is held At Registered Office	Address	
in the "Amended details" column.		UK Postcode	
> Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	Address UK Postcode	
Principal Business Activities If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	SIC Code Description 9302 Hairdress & other beauty treatment 8042 Adult and other education	SIC CODE Description	
Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.			

, ,	Current details	Amended details
> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Jane COLLETON Address 40 Campion Way Madley Park Witney Oxfordshire OX28 1ES	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 7238 of the Companies Act 1985. Address
Particulars of a new Company Secretary must be notified on form 288a.		UK Postcode Date of change / / Date Jane COLLETON ceased to be secretary (if applicable)
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Jane COLLETON Address 40 Campion Way Madley Park Witney Oxfordshire OX28 1ES	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
Particulars of a new Director must be notified on form 288a.	Date of birth 27/07/1964 Nationality British Occupation Consultant	UK Postcode

Company Number - 4192814		Section 2: Details of Officers of the Company (continued)			
		Current details	Amended details		
> Director If any of the deta person are wrong		Name Carolyn DELLA-RAGIONE	Name		
them through an correct details in "Amended detail	the	Address 14 Cranberry Road Madley Park Witney Oxfordshire OX28 1AE	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address		
	rticulars of a new Director ust be notified on form	Date of birth 18/04/1960			
		Nationality British	UK Postcode		
must be notified		Occupation Hair Stylist	Date of birth / / Nationality		
288a.			Occupation		
			Date of change / /		
			Date Carolyn DELLA-RAGIONE ceased to be director (if applicable)		
			//		

		Current details	Amended details
been issued by your company and their Nomina Value. If any of the details are wrong, please fill in the correct details. > Total shares issued and value If any of the details are wrong, strike them through and fill in the correct details in the	This table shows the total	Class of share Ordinary	Class of share
		Nominal value of each share £1.00	Nominal value of each share
	Number of shares issued 2	Number of shares issued	
		Aggregate Nominal Value of issued shares £2.00	Aggregate Nominal Value of issued shares
		Total number of shares issued 2	Total number of shares issued
	_	Total Nominal value of shares issued £2.00	Total Nominal value of shares issued

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

Company Number - 4192814

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Cu	rrent details	Ar	nended det	ails		Shares	transfer	red
>	Shareholder Name Jane COLLETON	N.	ame					
		A	ddress					
	Address 40 Campion Way Madley Park Witney				i i	Shares t Jane CO	ransferred DLLETON	by
	Oxfordshire OX28 1ES		K Postcode L		<u> </u>			s _e store the contract
CI	Shares held Class Null Ordinary		hares held lass		Number			Date of transfer
>	Shareholder Name Carolyn DELLA-RAGIONE	_ N	ame					
		A	ddress					
	Address 14 Cranberry Road Madley Park Witney						ransferred DELLA-R	
	Oxfordshire OX28 1AE		K Postcode					
	Shares held Class Nul Ordinary		hares held lass		Number			Date of transfer
		-				L		//

Company Number - 4192814

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	registration
Name : g g g	10 mg - 10 mg		
Address			
L			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			



for the record -

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please

	complete 2 below.		
1	. Declaration		
	,	this annual return	are correct as at the made-up-date
	(shown at 2 below). I encl		
	Signature (Director /)	Secretary)	Date 24/24/2006 This date must not be earlier than the return date at 2 below
	Somplete this page then s declaration to the address		
12.	. Date of this return	And the said	
	This AR is made up to 3/4/2006	If you are making please give the d	this return up to an earlier date, ate here
		<u> </u>	_ /
		Note: The form must	be delivered to CH within 28 days of this date
3	Date of next return		
		nere:	ate earlier than 3rd April 2007
4	. Where to send this	form	
	Please return this form to:		
	Registrar of Companies Companies House Crown Way Cardiff CF14 3UZ	OR	For members of the Hays Document Exchange service DX 33050 Cardiff
	Have you enclosed the freverse of the cheque?	iling fee with the d	company number written on the
С	ontact Address	V	
You Cor	u do not have to give any co	ou if there is a que	pelow, but if you do, it will help ary on the form. The contact ars of the public record.
Cor	ntact Name	Telepl	hone number <i>inc code</i>
Add	dress		mber if applicable
			change

Postcode