

# **Keighley Healthy Living Network**

Charity number 1090543

A company limited by guarantee number 04190566

## **Annual Report and Financial Statements for the year ended 31 March 2020**

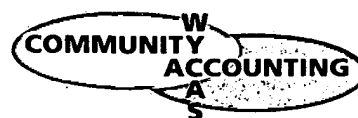
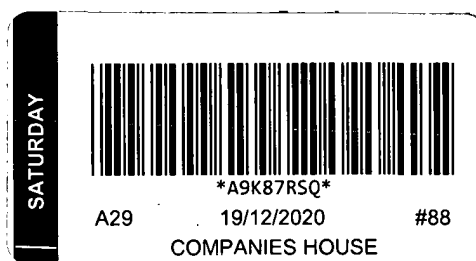


**Keighley Healthy Living**

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West Yorkshire Community Accounting Service

# **Keighley Healthy Living Network**

## **Annual Report and Financial Statements for the year ended 31 March 2020**

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**Prepared by West Yorkshire Community Accounting Service**

# **Keighley Healthy Living Network**

## **Trustees' report for the year ended 31 March 2020**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Pam Essler	Chair	
Susan Bartlett	Treasurer	
Molly Driver		Resigned December 2019
Sharon Orr		
Candy Squire-Watt		Resigned November 2019
Simon Booth		Appointed April 2020, resigned July 2020
Victoria Collins		Appointed August 2019

**Company secretary** Susan Bartlett

**Charity number** 1090543 Registered in England and Wales

**Company number** 04190566 Registered in England and Wales

<b>Registered and principal address</b>	<b>Bankers</b>	
13 Scott Street	Yorkshire Bank	CCLA Investment Management Ltd
Keighley	73 North Street	COIF Charity Funds
West Yorkshire	Keighley	80 Cheapside
BD21 2JH	BD21 3SD	London EC2V 6DZ

### **Independent examiner**

Simon Bostrom FCIE

### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a company limited by guarantee and was formed on 30 March 2001. It is governed by a memorandum and articles of association as amended by special resolution dated 14 January 2002. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

### **Organisational decision making**

The Managers report on the work of the organisation to the Board of Trustees at least quarterly. The Managers also report on the state of the finances of Keighley Healthy Living Network. Any trustee can ask for further information from staff members.

Day to day management of funds, staff buildings, work programmes and development of new initiatives is delegated to the Manager/s.

# **Keighley Healthy Living Network**

## **Trustees' report (continued) for the year ended 31 March 2020**

### **Staff and volunteers**

Keighley Healthy Living Network currently employs 9 part-time staff that work both within the centre and in out-reach settings. We have an excellent staff team who are highly committed to the charity. Keighley Healthy Living Network is also supported by a range of volunteers who support our projects such as the Wellbeing Café, luncheon clubs, reception, Breastfeeding Drop-ins and older peoples groups. In addition we contract freelance staff to deliver a number of our specialised projects such as exercise classes, craft and art groups.

### **Membership of wider network**

Keighley Healthy Living Network is a member of Airedale, Wharfedale and Craven Clinical Commissioning Group Health & Wellbeing Hub, the National Council for Voluntary Organisations, Community Action Bradford and District and Locality. These memberships have no impact on the day to day operations of Keighley Healthy Living Network.

### **Relationships with other organisations**

Keighley Healthy Living Network has no subsidiaries. Keighley Healthy Living Network works in partnership with a range of other voluntary, community and statutory agencies in order to deliver its key work programmes.

### **Major risks to Keighley Healthy Living Network**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The major risk to which Keighley Healthy Living Network is non-renewal of grants and loss of income streams. Keighley Healthy Living Network has taken action and developed a funding plan and diversified our funding streams. We have accessed funding to develop our infrastructure and this year we have applied for capital costs to purchase the building which we are renting. In March we experienced the impact of the Coronavirus pandemic and had to close our building mid-March. This presents new risks that we will need to navigate and be flexible to respond to these changes.

### **Insurance and other risks**

Keighley Healthy Living Network carries public liability, employer's liability and contents insurance through Zurich Insurance and professional indemnity insurance through Novae Underwriting. The buildings insurance is provided by Ansvar through the Cellar Project who own the property that Keighley Healthy Living Network occupies. Trustee Liability Insurance is through Catlin Insurance Company.

### **Objectives and activities**

#### **The charity's objects**

To promote for the benefit of the public in and around Keighley good practice in public health and health care.  
To relieve poverty, hardship and distress associated with poor health for all those living or working within the area of benefit.  
To advance education relating to the benefits of good health and social well being and its implications for all those living or working within the area of benefit.

#### **The charity's main activities**

Keighley Healthy Living Network is a charity based in central Keighley, which aims to support the health and wellbeing of the local population.

We offer a wide range of activities with a focus on

- Building community connections
- Nutrition and physical activity
- Older people
- Young Parents
- Breastfeeding Support

# **Keighley Healthy Living Network**

## **Trustees' report (continued) for the year ended 31 March 2020**

### **The charity's main activities continued**

To support our key areas of work we offer a wide range of activities based in our centre and various out-reach settings and include:-

**Nutrition and Physical Activity** – Community projects including cooking courses, healthy lifestyle courses, dancing classes, Staying Steady - falls prevention course, Fitstart- Introduction to exercise and outdoor play.

**Young Parents** – A bespoke project to support Young Parents with parenting skills, postnatal group and one to one support for a range of areas including housing, relationships and debt.

**Breastfeeding Support** – weekly breastfeeding drop-in working with NCT peer supporters.

**Loneliness and Isolation** – A variety of weekly groups such as art 4 all, The Shed, patchwork, exercise groups and luncheon clubs along with a monthly wellbeing café with a focus on people who are experiencing loneliness and/or with mild dementia / mental health problems.

**Building Connections** – working in partnership with the community and other organisations to build on community's strengths.

**Crisis support** - Keighley Pathways – we support a local partnership project to offer support during crisis and when needing immediate support with accessing food banks and benefit advice. We have also set up a cooking equipment project and provide cooking equipment to people in need.

We also offer volunteering opportunities and student placements. We have strong partnerships and links across Keighley and Bradford District. Keighley Healthy Living Network works with local people across all age, ethnicity and ability ranges; we frequently consult with local people to identify what will be the most effective way that we can work with them to improve their own health through lifestyle changes. We aim to tackle social isolation, inequalities in health and build confidence and capacity in the local population.

### **Achievements and performance**

We have continued to develop the infrastructure of the charity and strengthened our evaluation and impact measures. Our projects are going well and evaluation demonstrates we are meeting our objectives. From evaluation we had some excellent feedback and clients demonstrated improvements in their wellbeing skills and confidence when accessing our services. We have strengthened our partnerships and connections across the area and working collectively on a number of projects. We have increased the number of volunteers and we have adapted well to a changing environment.

During this period we have reached over 2,000 people (April 19 to March 20) and an additional 500 people accessing the building per year. Working in partnership with the local authority, Bradford District Care Trust and other voluntary groups we have expanded the range of services offered at our centre.

### **Public benefit statement**

In setting our objectives and planning our activities all trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health, wellbeing and citizenship.

### **Fundraising**

Keighley Healthy Living Network raises funds through grant applications to charitable trusts and securing commissions for work from statutory agencies including the local authority. Our main funders are National Lottery Community Fund, Lloyds Bank Foundation and Bradford Metropolitan District Council. Other funders are shown in the annual accounts.

We have also increased our income through room rental in the building and moving to a more diverse mix of income streams.

# **Keighley Healthy Living Network**

## **Trustees' report (continued) for the year ended 31 March 2020**

### **Financial review**

The net expenditure for the year was £11,892, including net expenditure of £610 on unrestricted funds and net expenditure of £11,282 on restricted funds.

### **Reserves policy**

In conjunction with our Financial Procedures Policy the Reserves Policy forms part of our commitment to ensure the management and allocation of funds is carried out responsibly to enable Keighley Healthy Living Network to continue to provide its core services and to secure the viability of the organisation beyond the immediate future. The need to provide for medium to long term will ensure that we can absorb setbacks and take advantage of change and opportunity.

It is the view that we should have sufficient funds to enable Keighley Healthy Living Network to exist for a period of time (not less than three months and no more than six months), to enable the development of alternative funding streams.

The charity's free reserves, excluding fixed assets, at the year end were £76,436.  
Based on forecast expenditure of approximately £250k, this represents 3.5 months of expenditure.

### **Going concern**

As stated earlier, the major risk to which Keighley Healthy Living Network is exposed is the non-renewal of existing funding and loss of income due to the current crisis. Keighley Healthy Living Network is actively seeking to secure alternative future funding and ensuring the organisation is ready to be able to apply for tenders / contacts relevant to our work. We have also diversified our funding streams and are applying for new grants. The recent pandemic will have an impact on the charity, however, as the charity has considerable financial resources, the trustees believe that the charity is well placed to manage its financial risks successfully and continue as a going concern despite the current uncertain economic outlook. The trustees have a reasonable expectation that the charity will adapt to the current environment and respond to the needs of the community and look at measures to ensure ongoing sustainability of the organisation.

We are also looking to purchase the building which we currently lease and this will help support our long term sustainability, reduce outgoings in the longer term and provide an excellent asset in the local area.

### **Plans for the future**

Keighley Healthy Living Network intends to build on its progress and its established programmes. To continue to build on partnerships and to strengthen organisations and communities working together. Building a resilient organisation, securing funding for its core delivery and continuing to meet the needs of the community will be its core focus.

We are building on our role in lifestyle change and aiming to work in partnerships with GP practices and community centres to provide a consistent service across the area. We are planning to buy our building and refurbish and enhance our health and wellbeing centre in the heart of Keighley. We will respond to the demands of the current climate and adapt to meet the challenges ahead.

## Keighley Healthy Living Network

### Trustees' report (continued) for the year ended 31 March 2020

#### Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and apply them consistently;

observe the methods and principles in the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees:

Signed P. M. Essler (Trustee)

Name PAM ESSLER

Date 11 / 11 / 20

# **Keighley Healthy Living Network**

## **Independent examiner's report to the trustees of Keighley Healthy Living Network**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2020, which are set out on pages 8 to 17.

### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Simon Bostrom

Relevant professional qualification or body: FCIE

Date: .....30/11/2020.....

**West Yorkshire Community Accounting Service**  
Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW



**Keighley Healthy Living Network**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2020**

	Notes	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £	2019 Total funds £
<b>Income from:</b>					
Grants and donations	(2)	3,119	158,434	161,553	155,372
Rental income		34,153	-	34,153	42,094
Fee income		8,149	2,256	10,405	6,301
Bank interest		780	-	780	513
<b>Total income</b>		<u>46,201</u>	<u>160,690</u>	<u>206,891</u>	<u>204,280</u>
<b>Expenditure on:</b>					
Staff costs	(3)	18,387	99,240	117,627	106,050
Project expenses		9,136	42,784	51,920	62,053
Administrative expenses		4,011	16,568	20,579	19,352
Premises costs		13,421	12,594	26,015	27,207
Depreciation		406	-	406	441
Grants payable		-	786	786	-
Independent examination		1,200	-	1,200	1,200
Bad debts		250	-	250	100
<b>Total expenditure</b>		<u>46,811</u>	<u>171,972</u>	<u>218,783</u>	<u>216,403</u>
<b>Net income / (expenditure)</b>		<u>(610)</u>	<u>(11,282)</u>	<u>(11,892)</u>	<u>(12,123)</u>
<b>Fund balances brought forward</b>		<u>77,664</u>	<u>56,058</u>	<u>133,722</u>	<u>145,845</u>
<b>Fund balances carried forward</b>	(4)	<u>77,054</u>	<u>44,776</u>	<u>121,830</u>	<u>133,722</u>

All incoming resources and resources expended derive from continuing activities.

# Keighley Healthy Living Network

## Balance sheet

as at 31 March 2020

		2020	2020	2020	2019
		Unrestricted	Restricted	Total	Total
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	(5)	618	-	618	1,024
<b>Total fixed assets</b>		<u>618</u>	<u>-</u>	<u>618</u>	<u>1,024</u>
<b>Current assets</b>					
Debtors and prepayments	(6)	6,317	1,429	7,746	15,031
Cash at bank and in hand	(7)	71,838	43,347	115,185	119,814
<b>Total current assets</b>		<u>78,155</u>	<u>44,776</u>	<u>122,931</u>	<u>134,845</u>
<b>Current liabilities:</b>					
<b>amounts falling due within one year</b>					
Creditors and accruals	(8)	1,719	-	1,719	2,147
<b>Total current liabilities</b>		<u>1,719</u>	<u>-</u>	<u>1,719</u>	<u>2,147</u>
<b>Net current assets / (liabilities)</b>		<u>76,436</u>	<u>44,776</u>	<u>121,212</u>	<u>132,698</u>
<b>Net assets</b>		<u>77,054</u>	<u>44,776</u>	<u>121,830</u>	<u>133,722</u>
<b>Funds</b>					
Unrestricted funds		77,054	-	77,054	77,664
Restricted funds		-	44,776	44,776	56,058
<b>Total funds</b>		<u>77,054</u>	<u>44,776</u>	<u>121,830</u>	<u>133,722</u>

For the year ending 31 March 2020 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on

Date: 11/11/20

Signed: P.M. Essler (Trustee)

Name: PAM ESSLER

# **Keighley Healthy Living Network**

## **Notes to the accounts**

### **for the year ended 31 March 2020**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives as follows:

Leasehold property: 10 years straight line

Office furniture: 25% reducing balance

Fixtures and fittings: 25% reducing balance

Computer equipment: over 3 years straight line

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

# **Keighley Healthy Living Network**

## **Notes to the accounts**

### **for the year ended 31 March 2020**

#### **1 Accounting policies continued**

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### **Leases**

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

# Keighley Healthy Living Network

## Notes to the accounts continued

for the year ended 31 March 2020

2 Grants and donations	2020	2020	2020	2019
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
City of Bradford Met.District Council (CBMDC)	-	39,759	39,759	85,306
Asda Foundation	-	1,000	1,000	-
Bradford VCS Alliance	-	860	860	19,194
Charities Aid Foundation	-	1,500	1,500	-
Community Action Bradford and Dist. (CABAD)	-	2,000	2,000	-
Greggs Foundation	-	1,890	1,890	-
Leeds Community Foundation	-	5,743	5,743	1,400
Lloyds Bank Foundation	-	32,811	32,811	-
Modality	1,513	642	2,155	-
Peoples Postcode Trust	-	11,966	11,966	-
Project 6	-	5,517	5,517	5,517
Sovereign Health	-	2,470	2,470	-
Sport England	-	9,930	9,930	-
The National Lottery Community Fund	-	39,757	39,757	19,916
Comic Relief	-	-	-	9,618
Peoples Health Trust	-	-	-	1,794
Santander Foundation	-	-	-	4,650
Two Ridings Community Foundation	-	-	-	3,469
Other donations	1,606	2,589	4,195	4,508
	<u>3,119</u>	<u>158,434</u>	<u>161,553</u>	<u>155,372</u>

### 3 Staff costs and numbers

	2020	2019
	£	£
Gross salaries	110,942	100,529
Social security costs	3,720	3,294
Pensions	2,129	1,587
Payroll charges	836	640
	<u>117,627</u>	<u>106,050</u>

The average number employees during the year was 8.7, being an average of 5 full time equivalent (2019: 8.2, 4.7 FTE). There were no employees with emoluments above £60,000.

### Defined contribution pension scheme

	2020	2019
	£	£
Costs of the scheme to the charity for the year	2,129	1,587
Amount of any contributions outstanding at the year end	-	-

# Keighley Healthy Living Network

## Notes to the accounts continued

for the year ended 31 March 2020

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
CBMDC Living Well	-	29,122	27,771	-	1,351
CBMDC Wellbeing café	879	-	879	-	-
Sport England	-	9,930	6,497	-	3,433
Young parents' emergency fund	931	450	221	-	1,160
Lloyds Bank Foundation	-	32,811	31,424	-	1,387
CBMDC HENRY project	1,240	-	1,240	-	-
Garfield Weston	1,883	-	1,883	-	-
Keighley Pathways	604	5,517	6,121	-	-
Kickstart	9,892	6,167	10,603	-	5,456
Leeds Community Foundation	625	-	625	-	-
Lord Mayor Fund	317	-	317	-	-
Ilkley Charitable Trust	374	-	374	-	-
Young Lives	111	-	111	-	-
National Lottery	10,026	40,138	31,975	-	18,189
Awards for All	9,890	-	9,890	-	-
Bradford VCS Alliance	1,839	-	1,729	-	110
Leeds Community Foundation	1,400	5,803	7,203	-	-
Tampon Tax Funding	1,919	-	1,919	-	-
Bradford VCS Alliance	9,658	636	10,294	-	-
Santander IT support	4,470	-	4,470	-	-
Greggs Foundation	-	1,890	-	-	1,890
Sovereign Health	-	2,470	230	-	2,240
KHL Building Fund	-	6,144	3,780	-	2,364
Modality	-	642	416	-	226
CBMDC Lion's den	-	3,054	965	-	2,089
BVCS Alliance Sunshine proj.	-	860	360	-	500
Asda Foundation	-	1,000	1,000	-	-
Peoples Postcode Trust	-	11,966	7,585	-	4,381
CBMDC Buildings grant	-	2,090	2,090	-	-
	<u>56,058</u>	<u>160,690</u>	<u>171,972</u>	<u>-</u>	<u>44,776</u>

# **Keighley Healthy Living Network**

## **Notes to the accounts continued**

### **for the year ended 31 March 2020**

#### **4 Restricted funds - continued**

<b>Fund name</b>	<b>Purpose of restriction</b>
CBMDC Living Well	Towards older peoples activities including Living well, Connecting Communities and Skill share projects
CBMDC Wellbeing café	Towards the costs of running the wellbeing café
Sport England	For the Keighley Come Dancing project – to promote dancing and encourage activity
Young parents' emergency fund	Donation to make funds available to young parents in need of assistance
Lloyds Bank Foundation	Young Parents project
CBMDC HENRY project	Towards a nutrition programme for pre-school children
Garfield Weston	Contribution to healthy eating and lifestyle projects
Keighley Pathways	Weekly crisis support and intervention partnership project
Kickstart	Funding from Bradford Council towards breastfeeding, healthy weight and young parents activities
Leeds Community Foundation	Debt and welfare advice
Lord Mayor Fund	Purchase of equipment and resources for the charity
Ilkley Charitable Trust	Devonshire Drop In Group
Young Lives	Young Parents' Weekly Support Group
National Lottery	Development of social groups to connect communities and reduce social isolation
Awards for All	Playground Games intervention in schools
Bradford VCS Alliance	Towards the Health Messages programme
Leeds Community Foundation	For the Healthy Holidays programme – a summer programme of food and activities
Tampon Tax Funding	Weekly breastfeeding peer support group
Bradford VCS Alliance	Towards the Harnessing the Power of Communities programme
Santander IT support	IT classes for beginners
Greggs Foundation	For the Bumps, Babies, Breastfeeding and Beyond project
Sovereign Health	Towards young chef classes
KHL Building Fund	Funding from CABAD, CAF and CBMDC towards the purchase and refurbishment of Scott Street
Modality	Social Prescribing and Diabetes Support in Keighley
CBMDC Lion's den	Towards the Lion's den shed project
BVCS Alliance Sunshine proj.	Towards the sunshine project
Asda Foundation	To support Children and young families during school holidays
Peoples Postcode Trust	Preventing food poverty – cooking equipment scheme and cooking classes
CBMDC Buildings grant	Towards building utilities and maintenance

# Keighley Healthy Living Network

## Notes to the accounts continued

for the year ended 31 March 2020

<b>5 Tangible assets</b>	Property improvements	Office furniture	Fixtures and fittings	Computer equipment	Total
<b>Cost</b>			£	£	£
At 1 April 2019	82,759	10,665	598	4,777	98,799
Additions	-	-	-	-	-
At 31 March 2020	82,759	10,665	598	4,777	98,799
<b>Depreciation</b>					
At 1 April 2019	82,759	10,241	598	4,177	97,775
Charge for year	-	106	-	300	406
At 31 March 2020	82,759	10,347	598	4,477	98,181
<b>Net book value</b>					
At 31 March 2020	-	318	-	300	618
At 31 March 2019	-	424	-	600	1,024

<b>6 Debtors and prepayments</b>	2020	2019
	£	£
Debtors	6,072	14,944
Prepayments	1,674	87
	<u>7,746</u>	<u>15,031</u>

<b>7 Cash at bank and in hand</b>	2020	2019
	£	£
Cash at bank	114,197	119,382
Cash in hand	988	432
	<u>115,185</u>	<u>119,814</u>

<b>8 Creditors and accruals</b>	2020	2019
	£	£
Creditors	-	206
Accruals	1,719	1,941
	<u>1,719</u>	<u>2,147</u>



# Keighley Healthy Living Network

## Notes to the accounts continued

### for the year ended 31 March 2020

#### 9 Related party transactions

##### Trustee expenses

No trustee received any expenses during this year or the previous year.

##### Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

##### Remuneration and benefits received by key management personnel

The key management personnel of the charity include the trustees and Chief Officer. The total employee benefits of the key management personnel of the charity were £30,879 (previous year: £27,243).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

#### 10 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

Photocopier  
and printer

	£
Within one year	869
In the second to fifth years inclusive	1,014
Over five years from the balance sheet date	-
	<hr/>
	1,883

## Keighley Healthy Living Network

### Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2020

	2020 Unrestricted funds £	2019 Unrestricted funds £	2020 Restricted funds £	2019 Restricted funds £	2020 Total funds £	2019 Total funds £
<b>Income</b>						
Grants and donations	3,119	7,271	158,434	148,101	161,553	155,372
Rental income	34,153	42,034	-	60	34,153	42,094
Fee income	8,149	5,123	2,256	1,178	10,405	6,301
Bank interest	780	513	-	-	780	513
<b>Total income</b>	<b>46,201</b>	<b>54,941</b>	<b>160,690</b>	<b>149,339</b>	<b>206,891</b>	<b>204,280</b>
<b>Expenditure</b>						
Staff costs	18,387	42,198	99,240	63,852	117,627	106,050
Project expenses	9,136	1,099	42,784	60,954	51,920	62,053
Administrative expenses	4,011	13,990	16,568	5,362	20,579	19,352
Premises costs	13,421	19,568	12,594	7,639	26,015	27,207
Depreciation	406	441	-	-	406	441
Grants payable	-	-	786	-	786	-
Independent examination	1,200	1,200	-	-	1,200	1,200
Bad debts	250	100	-	-	250	100
<b>Total expenditure</b>	<b>46,811</b>	<b>78,596</b>	<b>171,972</b>	<b>137,807</b>	<b>218,783</b>	<b>216,403</b>
<b>Net income / (expenditure)</b>	<b>(610)</b>	<b>(23,655)</b>	<b>(11,282)</b>	<b>11,532</b>	<b>(11,892)</b>	<b>(12,123)</b>
<b>Transfers between funds</b>	<b>-</b>	<b>12,048</b>	<b>-</b>	<b>(12,048)</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>	<b>(610)</b>	<b>(11,607)</b>	<b>(11,282)</b>	<b>(516)</b>	<b>(11,892)</b>	<b>(12,123)</b>
<b>Fund balances brought forward</b>	<b>77,664</b>	<b>89,271</b>	<b>56,058</b>	<b>56,574</b>	<b>133,722</b>	<b>145,845</b>
<b>Fund balances carried forward</b>	<b>77,054</b>	<b>77,664</b>	<b>44,776</b>	<b>56,058</b>	<b>121,830</b>	<b>133,722</b>