



Companies House

for the record

Company Name

E-XCELLENTHEALTH.COM
LIMITED

Company Type

Private Company Limited By
Shares

Company Number

4165327

Information extracted from
Companies House records on
7th March 2002

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capital letters.



Section 1: Company details

Ref: 4165327/01/01

	Current details	Amended details														
<p>> Registered Office Address</p> <p><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i></p>	<p>Langham House 1B Portland Place London W1B 1PN</p>	<p>Address</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>UK Postcode _ _ _ _ _</p>														
<p>> Register of Members</p> <p><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i></p>	<p>Address where the Register is held</p> <p>At Registered Office</p>	<p>Address</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>UK Postcode _ _ _ _ _</p>														
<p>> Register of Debenture Holders</p> <p><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i></p>	<p>Not Applicable</p>	<p>Address</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>UK Postcode _ _ _ _ _</p>														
<p>> Principal Business Activities</p> <p><i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i></p>	<p>None held, please enter SIC code or description in the amended details column.</p>	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>PRIVATE MEDICAL</td> </tr> <tr> <td>_____</td> <td>INSURANCE</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	_____	PRIVATE MEDICAL	_____	INSURANCE	_____	_____	_____	_____	_____	_____	_____	_____
SIC CODE	Description															
_____	PRIVATE MEDICAL															
_____	INSURANCE															
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Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. <i>Particulars of a new Company Secretary must be notified on form 288.</i>	Name Colin Nigel BOXALL Address 1 Gadbridge Villas Gadbridge Lane, Ewhurst Cranleigh Surrey GU6 7RW	Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Colin Nigel BOXALL ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. <i>Particulars of a new Director must be notified on form 288.</i>	Name Colin Nigel BOXALL Address 1 Gadbridge Villas Gadbridge Lane, Ewhurst Cranleigh Surrey GU6 7RW Date of birth 20/05/1963 Nationality British Occupation Insurance Broker	Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Colin Nigel BOXALL ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. <i>Particulars of a new Director must be notified on form 288.</i>	Name Percy DARUKHANAWALA Address 48 Durand Gardens London SW9 0PP Date of birth 13/09/1961 Nationality British Occupation Finance Advisor	Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Percy DARUKHANAWALA ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Current details

Amended details

> Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288.

Name

Damien Paul KEARSLEY

Address

34A Carlingford Road
London
NW3 1RX

Date of birth 03/09/1969

Nationality British

Occupation Finance Advisor

Name

Address

UK Postcode

Date of birth

Nationality

Occupation

Date of change

Date Damien Paul KEARSLEY ceased
to be director (if applicable)

> Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288.

Name

Christopher MCCracken

Address

59 Buller Street
London
SW11 3ER

Date of birth 09/04/1961

Nationality British

Occupation Finance Advisor

Name

Address

39 URSULA STREET
LONDON

UK Postcode SW11 3DN

Date of birth

Nationality

Occupation

Date of change

Date Christopher MCCracken ceased
to be director (if applicable)

Section 3: Total Issued Share Capital**(B)**

- > Please enter the details of the company's total share capital in the space provided below.

Issued share capital details

- > Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders.

Class of Share

Number of shares issued

ORDINARY10,000

Aggregate Nominal Value of issued shares

£100

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

- > Please fill in the total number of issued shares and their total nominal value.

Number of shares issued

10,000

Aggregate Nominal Value of issued shares

£100

- > Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

Section 4: Details of Current Shareholders

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name MRC. MCCracken Address 39 URSULA STREET LONDON UK Postcode SW11 3DN	ORDINARY 2813		
Name MRP. DARUKHANAWALA Address 48 DURAND GARDENS LONDON UK Postcode SW9 0PP	ORDINARY 2812		
Name MRC. BOXALL Address 1 GADBRIDGE VILLAS GADBRIDGE LANE EWHURST, SURREY UK Postcode GU6 7RN	ORDINARY 2500		
Name MR D. KEARSLEY Address 34A CARLINGFORD ROAD LONDON UK Postcode NW3 1RX	ORDINARY 1875		

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

[Handwritten Signature]
(Director / Secretary)

Date

21 / 02 / 2002

*This date must not be earlier than the
return date at 2 below*

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☒ This AR is made up to 21/2/2002
- If you are making this return up to an earlier date, please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than 21st February 2003 please give the new date here:

__ / __ / ____

4. Where to send this form

- ☒ Please return this form to:
- | | | |
|------------------------|----|----------------------------------|
| Registrar of Companies | | For members of the Hays Document |
| Companies House | | Exchange service |
| Crown Way | OR | DX 33050 Cardiff |
| Cardiff CF14 3UZ | | |

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque ☒ Postal Order ☐ Cheque / Postal Order
Number 350

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

Telephone number inc code

0 20 8 8 7 8 3 9 4 9

Address

Wilkins Southworth
Registered Auditors
10-12 High Street, Barnes
London SW13 9LW

DX number if applicable

DX exchange

Postcode
