

4120060

**Cicely Saunders
International**

Better care at the end of life

Reports and Financial Statements

For the year ended 31 December 2009

Cicely Saunders International

Times House, Throwley Way
Sutton, Surrey SM1 4JQ

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Cicely Saunders International

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Cicely Saunders International

Charity information

Registered company number	4120060
Registered charity number	1087195
Trustees	John McGrath (Chairman) Dr Kathleen Foley MD Sir Richard Giordano KBE Lord Simon of Highbury CBE (resigned 20 April 2010) Baroness Sarah Hogg Christopher Saunders Sir David Walker Lord Wilson of Dinton GCB
Company secretary	John McGrath
Contact address	Cicely Saunders Institute Bessemer Road London SE5 9PJ
Registered office	Times House Throwley Way Sutton Surrey SM1 4JQ
Auditors	Mazars LLP Times House Throwley Way Sutton Surrey SM1 4JQ
Bankers	HSBC Bank plc 60 Queen Victoria Street London EC4N 4TR
Solicitors	Bates, Wells & Braithwaite Cheapside House 138 Cheapside London EC2V 6BB

Ciceiy Saunders International

Trustees' report

For the year ended 31 December 2009

The trustees, who are also the directors of Ciceiy Saunders International ("CS International"), present their report and the financial statements for the year ended 31 December 2009, which have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005

Structure and Governance

Governing documents

CS International is a company limited by guarantee governed by its Memorandum and Articles of Association dated 30 November 2000

Guarantors

The liability of each of the members of CS International in the event of a winding-up is limited by guarantee to £1

Constitution

The trustees are appointed by the members (who are also the directors) at the Annual General Meeting and re-appointed by rotation

Organisation structure

The trustees are responsible for the direction of CS International. They are advised by the International Scientific Expert Panel which comprises five recognised experts in palliative care research or related areas. Their role is to identify appropriate areas of research, to review research proposals, to monitor progress and standards and to review findings, in terms of quality and rigour of any conclusions. The Scientific Director of CS International is a non-voting member of ISEP. ISEP accounts to CS International's Board of Trustees.

Methods for recruiting and appointment of new trustees

The election or appointment of trustees is set out in the Articles of Association of CS International. The minimum number is three and there is no maximum. The trustees are appointed by the members (who are also the directors) at the Annual General Meeting and re-appointed by rotation.

All new trustees meet with the Chairman and Scientific Director (in some instances, other trustees) before their appointment and early on in their activities. In addition, they are provided with aims, objectives and relevant reports. Training is then developed in a bespoke way, taking into account all trustees to date have considerable charitable and business acumen.

Trustees' responsibilities

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of CS International as at the balance sheet date and of its incoming resources and application of resources, including its income and expenditure, for the financial year. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- state whether applicable accounting standards and Statements of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

The trustees are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of CS International and enable them to ensure that the financial statements comply with the Companies Act. They are also responsible for safeguarding the assets of CS International and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Relationships with related parties

The Highbury Charitable Trust of which Lord Simon of Highbury, one of the trustees of CS International, is a trustee provided a donation of £10,000 (2008 £10,000) to CS International.

Objectives, activities, achievements and performance

CS International was established in 2002 in the name of Dame Cicely Saunders, a founder trustee and its Life President. Dame Cicely is widely acknowledged as the founder of the modern hospice movement and is credited with "mentoring some of the great world leaders in this field" (Professor Eduardo Bruera). Our mission is to promote research to improve the care and treatment of all patients with progressive illness and to make high-quality palliative care available to everyone who needs it – be it in hospice, hospital or home. Despite the fact that as many people die each year as are born, research in palliative and end of life care is a relatively new and very neglected field. Improved research methods and capacity are urgently needed to discover better treatments and cost effective care for all who are approaching the end of life. There is no other charity specifically concerned with carrying out work to identify and promote best practice in palliative care.

CS International pursues its mission by:

- Supporting world-class research in effective, person-centered and spiritually sympathetic forms of palliative care, and developing relevant and robust methods to set an international gold standard of palliative care research
- Supporting the investigation and promotion of high-quality care for patients with cancer and non-cancer progressive illnesses, and from sections of society which miss out on the best in palliative care
- Supporting the finest postgraduate and undergraduate education for doctors, nurses and other professionals in the field
- Promoting public understanding of palliative care and the available treatments and services, and contributing to the development of policy, nationally and internationally, to improve care towards the end of life
- Disseminating findings of research to practitioners, policy makers, users and the research community

Breathlessness Programme

Breathlessness and breathing difficulties are among the most common and distressing symptoms for several progressive illnesses, especially towards the end of life. Research into breathlessness in advanced illness has been neglected and treatments are often only partly helpful. Breathlessness needs the sort of attention bestowed on pain to discover better treatment and care.

Over the last years CS International has established a multi-centre research collaboration on breathlessness with the Department of Palliative Care, Policy and Rehabilitation at King's College London. Research projects investigated the experiences of patients suffering from breathlessness in advanced disease, described breathlessness trajectories in cancer and COPD, tested a hand-held fan as a simple non-pharmacological intervention to relieve breathlessness and explored the effect on caregivers of caring for a breathless patient, in this instance, patients with heart failure or lung cancer.

Current projects focus on the description of episodic breathlessness and the evaluation of a multi-disciplinary Breathlessness Support Service regarding effectiveness and cost which is run jointly with the Department of Respiratory Medicine at King's College Hospital. This service is based on the Cambridge Breathlessness Intervention Service at Addenbrooke's Hospital which is currently evaluated but will be different in composition of service and will also include respiratory aspects in such a care model.

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

Palliative Care for Older People

Older people are often overlooked in the design of care provision, and yet they often have the greatest and most complex needs. The broad aim of this research programme, which is funded by the Dunhill Medical Trust, is to improve palliative care for older people. This programme is currently focusing on four main areas: (i) supporting dignity at the end of life, (ii) interventions to improve palliative care in care homes, (iii) barriers and facilitators of the Gold Standards for Care Homes, and (iv) the symptom burden and quality of life for older people in care homes.

A study of the views of older people in care homes has been published, recruitment for a Phase II RCT (Randomised Controlled Trial) of Dignity Therapy for older people living in care homes is now complete (additional funding from the Dunhill Medical Trust), and a Phase II RCT of Dignity Therapy for people with advanced cancer (funded by Dimbleby Cancer Care) is nearing completion. The protocols for these two trials have been published.

A Cochrane systematic review of palliative care intervention in care homes is nearing completion and a new World Health Organisation guide on better palliative care for older people has been completed, with a planned launch date of May 2010. The studies of barriers and facilitators of the Gold Standards Framework for Care Homes and symptom burden and quality of life for older people in care homes have been completed and are being written up for publication in peer review journals.

EPPOC (Empowering Patients – Place Of Care)

A core value for palliative care has been to empower patients facing the end of their life by ensuring appropriate care is delivered where they wish to spend their last days. Most people across developed countries do not die at home, although this is the wish of the majority. For example, around half a million people die in England each year, 28% from cancer. Most deaths occur in NHS hospitals, with less than 20% occurring at home (26% in cancer).

The aim of the EPPOC project, in place since the creation of Cicely Saunders International, is to generate comprehensive and rigorous knowledge of place of death, taking into consideration individual, societal and health care implications. In EPPOC, we investigate reasons for variations in place of care and death, differences between patient and family perspectives and how place of death relates to preferences, care arrangements and outcomes for patients and their families. Our goal is to help improve end of life care to levels that meet the expectations, needs and preferences of patients and their families.

In 2008 and looking into the future, the EPPOC team published a pioneering set of projections of numbers of deaths by place of death for England & Wales until 2030, discussing the implications for care of rising numbers of deaths. The findings again had impact on UK policies, the team was invited to present to the Department of Health and the work was cited in their End of Life Care Strategy (2008-11) and in the National Audit Office's report on end of life care (November 2008).

The EPPOC team is now investigating ways of improving the quality and the cost-effectiveness of end of life care for patients with cancer and their families. The survey (called the QUALYCARE study) aims to examine variations in the care, costs, preferences and outcomes in relation to place of death. A research letter with results from the study's pilot phase has been published in the scientific journal *Palliative Medicine* (Feb 2010). The study is now in its main phase and progressing well. The results will help find out whether dying at home is associated with better outcomes for patients and their families. The study will also unveil differences in the costs of care in the three months before death, for the National Health Service and for families.

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

Alongside the QUALYCARE study is running a systematic review of the effectiveness and cost-effectiveness of home palliative care services for adults with advanced illness and their caregivers. This is a 'Cochrane review', known to be the highest level of evidence on which to base clinical treatment decisions. The protocol was published in April 2009 in the Cochrane Library.

Cross-National Study of Palliative Care Patterns and Costs

This project aimed to develop a protocol to describe and compare for the first time the patterns of care, costs and experiences of hospice and palliative care in three major cities: London, Dublin and New York. The objectives of this planning grant, funded by The Atlantic Philanthropies, were:

- To identify key partners, individuals and organisations, for the project
- To review existing literature and data on activity to inform the methods
- To debate and agree the methods of the study
- To prepare a full protocol of the study
- To pilot methods, so that a full application can be made

All planned outcomes have been achieved. The results of this project have led to a full protocol and a draft paper. We aim to get the paper published and seek funding for the protocol.

This was a complex project to carry out which may indicate why such studies are so rare and have not been attempted before in palliative and end of life care. There is great value in such a unique comparison which would help to improve empowerment and access to care.

The Cicely Saunders Institute of Palliative Care

A key objective of CS International has been to establish the world's first institute of palliative care, a centre of excellence housing research, education, information provision and clinical care. After 20 months of construction, the Institute was finished in January 2010. It is situated on the Denmark Hill campus of King's College London, adjacent to King's College Hospital, which currently provides high-quality palliative care for patients in South East London and the surrounding area. The Institute integrates this care with teaching and research, creating a multi-professional environment examining every aspect of palliative care. Bringing together academics, healthcare professionals, community organisations, patients and carers in one centre, the Institute will act as the hub for a network of international research.

King's College London, our academic partner at the Institute, is the largest provider of healthcare education in Europe and has an international portfolio of research. Its Department of Palliative Care, Policy and Rehabilitation has an international reputation for teaching and research.

The multi-faculty nature of King's will ensure that the profile of palliative care research and education is truly multidisciplinary and will reach a broad audience. By providing a comprehensive approach to the physical, social and psychological needs of people with progressive illness, the Institute's research will feed quickly and directly into practice and policy around the world - improving palliative care and enabling people to live better, with dignity and the least possible suffering.

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

Research Programmes at the Institute

- **Improving services: measuring outcomes and evaluating services**

This research will develop more humane, dignified and cost-effective measures and models of care. It will set standards of care for all patients with cancer and other progressive illnesses, and for their families and carers, through the development and evaluation of improved services. This research will determine the most effective and cost-effective services, feeding into government policy and the funding of hospice, cancer, supportive and palliative care services.

- **Improving assessment and treatment: focused clinical research**

We will investigate more effective ways to prevent and treat difficult-to-control and poorly understood symptoms such as breathlessness, fatigue, depression and pain, and undertake clinical trials to evaluate new treatments. Collaborative programmes will be established for specific conditions or symptoms where therapies and palliative care have so far been little developed.

- **Improving palliative care for the future**

We will launch a new strand of research examining the palliative care needs of currently neglected groups, including older people, black and minority ethnic communities, people in socially excluded groups and in economically deprived contexts. We will establish links with ethicists and social scientists to examine spiritual and ethical issues.

Education and training at the Institute

The Institute will be an international centre for education in palliative care, developing strong programmes tailored for international visitors, doctors, nurses and others training in palliative care, as well as for undergraduate, postgraduate and research students. The Institute will train over 400 students per year, with postgraduates training a further 7,000 medics. We calculate that this training will benefit around 70,000 patients a year as well as over 180,000 carers and families.

Clinical Services and Information Support Centre

On its ground floor, the Institute houses an Information Support Centre, funded by Macmillan Cancer Support, to provide accessible information for patients, families, professionals and the general public. The centre holds information on clinical services, treatment choices and up-to-date research findings. Staffed by information officers, it also offers a drop-in service, outreach to local community organisations and cancer networks, and services specifically tailored to the different groups it serves.

Public benefit

The Trustees have complied with their duty in section 4 of the Charities Act 2006 to have due regard to Public Benefit guidance published by the Charity Commission.

Financial review

Review of transactions and financial position

During the year, income of £1,130,901 (2008 £3,106,259) was received. This income was applied to the objects of CS International.

The net movement in funds for the year, as shown in the Statement of Financial Activities, amounted to an outflow of (£2,646,370) (2008 inflow of £1,397,275).

CS International's net assets at 31 December 2009 were £1,534,987 (2008 £4,181,357).

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

Reserves

CS International's policy is to maintain general reserves to give financial stability to the charity and to its activities. General reserves exclude restricted funds and they allow CS International to manage the risks that it faces and to fund future work to achieve its aims. Trustees have considered the range and risk level of the charity's various income sources and expenditure levels, and consider the level of general reserves should be in the range of four to six months' charitable expenditure.

A target of achieving start up funds of £250,000 was set in the business plan for establishing CS International. At 31 December 2009, free reserves were £514,151 (2008 £529,771). These funds will be used to finance CS International's charitable objects and to meet the ongoing expenses of operating the organisation.

CS International has succeeded in raising all funds necessary for the construction and completion of The Cicely Saunders Institute of Palliative Care.

Risk management

The trustees have identified and reviewed the major risks facing CS International and have established internal controls to mitigate these risks. The trustees confirm that the controls implemented are appropriate to the size of CS International and the nature of its operations.

Investment policy

Any surplus funds expected to be required in the short to medium term to meet existing commitments are held on deposit with the Charity's bankers or invested in highly rated money market funds.

Principal funding sources

We are grateful to our principal funders (The Wolfson Foundation, The Garfield Weston Foundation, The Atlantic Philanthropies, P F Fleming Trust, Macmillan Cancer Support, Mr S Khoury, the Dunhill Medical Trust, The Big Lottery Fund, The Dinwoodie Settlement, The Department of Health, Hospice Education Institute, The Rayne Foundation, King's College Hospital Charity and Guy's & St Thomas' Charitable Trust) whose support has enabled CS International to undertake work in its key areas as set out in its mission statement.

Plans for the future

Main objectives for the year

In the coming year CS International will continue work on its established research programmes in accordance with its objectives.

Aims and objectives for the future

The aims of CS International for the coming year include developing a consistent funding stream for research projects in addition to covering operating costs, and maintaining administrative overheads at a target level not exceeding five per cent. CS International is now in the process of developing its long term strategy to secure funding for the gold standard research that will be undertaken at The Cicely Saunders Institute of Palliative Care.

Cicely Saunders International

Trustees' report

For the year ended 31 December 2009 (continued)

Auditors

A resolution to reappoint Mazars LLP as auditors will be proposed at the forthcoming Annual General Meeting

Statement of disclosure to the auditors

- a) So far as the trustees are aware, there is no relevant audit information of which the charity's auditors are unaware, and
- b) They have taken all the steps they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board on 16 June 2012
and signed on its behalf by



John McGrath
Company Secretary

Independent auditor's report to the members of

Cicely Saunders International

We have audited the financial statements of Cicely Saunders International for the year ended 31 December 2009 which comprise the statement of financial activities, the balance sheet and the related notes. The financial statements have been prepared under the accounting policies set out therein.

Respective responsibilities of the trustees and auditors

The trustees' (who are also the directors of the company for the purposes of company law) responsibilities for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

This report, including our opinion, has been prepared for and only for the charity's members, as a body, in accordance with Sections 495 and 496 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.

We report to you our opinion as to whether the financial statements give a true and fair view, have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and have been prepared in accordance with the Companies Act 2006. We also report to you whether, in our opinion, the information given in the Trustees' Report is consistent with those financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the charity's financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosures of trustees' remuneration specified by law are not made.

We read the Trustees' Report and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion:

- the financial statements give a true and fair view of the state of the charity's affairs as at 31 December 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice,
- the financial statements have been prepared in accordance with the Companies Act 2006, and
- the information given in the Trustees' Report is consistent with the financial statements.

Mazars LLP

Mazars LLP, Chartered Accountants (Statutory Auditor)
Nicola Wakefield (Senior statutory auditor)
Times House, Throwley Way, Sutton, Surrey, SM1 4JQ

Date 7 July 2010

Cicely Saunders International

Statement of financial activities for the year ended 31 December 2009

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total funds 2009 £	Total funds 2008 £
Income and expenditure						
Incoming resources from generated funds						
Voluntary income						
Donations		10,509	-	1,064,611	1,075,120	2,907,452
Legacies		27,080	-	-	27,080	18,473
Investment income		28,481	-	-	28,481	180,175
Other income		220	-	-	220	159
Total incoming resources		66,290	-	1,064,611	1,130,901	3,106,259
Resources expended						
Costs of generating funds						
Fundraising and publicity costs	2	59,426	-	-	59,426	29,380
Charitable activities						
Research costs	3	38,310	70,000	228,802	337,112	311,940
Grants payable	4	-	-	3,371,993	3,371,993	1,356,893
Governance costs	5	8,740	-	-	8,740	10,771
Total resources expended		106,476	70,000	3,600,795	3,777,271	1,708,984
Net movement in funds before transfers		(40,186)	(70,000)	(2,536,184)	(2,646,370)	1,397,275
Transfers		24,566	-	(24,566)	-	-
Net movement in funds after transfers		(15,620)	(70,000)	(2,560,750)	(2,646,370)	1,397,275
Balance at 31 December 2008		529,771	100,833	3,550,753	4,181,357	2,784,082
Balance at 31 December 2009		514,151	30,833	990,003	1,534,987	4,181,357

All of the charity's activities are derived from continuing operations

The charity has no recognised gains and losses other than those shown above

Cicely Saunders International

Balance sheet at 31 December 2009

	Notes	2009 £	2008 £
Fixed assets			
Tangible fixed assets	9	-	413
Current assets			
Debtors	10	324,311	95,478
Cash at bank and in hand		1,571,061	5,127,776
		1,895,372	5,223,254
Creditors: Amounts falling due within one year	11	(360,385)	(1,042,310)
Net current assets		1,534,987	4,180,944
Net assets		1,534,987	4,181,357
Funds			
Unrestricted funds		514,151	529,771
Designated funds	12	30,833	100,833
Restricted funds	13	990,003	3,550,753
		1,534,987	4,181,357

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board on 16 June 2010
and signed on its behalf by


John McGrath
Trustee

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

1 Accounting policies

1.1 Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable accounting standards including the Statement of Recommended Practice "Accounting and Reporting by Charities", issued by the Charity Commission in March 2005

These financial statements have been prepared on the going concern basis

1.2 Incoming resources

Donations are credited to the Statement of Financial Activities in the year in which they are received

1.3 Resources expended

Costs of generating funds include costs incurred in encouraging others to make contributions to the charity

Charitable expenditure comprises costs incurred in furtherance of the charity's objects, and includes research costs, grants payable and support costs. Grant expenditure is recognised as approved and notified to the recipient.

Governance costs are costs related to ensuring compliance with constitutional and statutory requirements

1.4 Tangible fixed assets

Tangible fixed assets with a value exceeding £1,000 are recognised in the balance sheet at cost less depreciation. Depreciation is calculated at rates intended to write off the excess of the cost over the anticipated residual value of the assets on a straight line basis over their estimated useful economic lives. The rate used is as follows:

Computer equipment – 25% per annum

1.5 Fund accounting

Unrestricted funds comprise those monies which may be used towards meeting the charitable objects of the charity at the discretion of the trustees.

Designated funds relate to monies set aside by the trustees for a particular purpose or project from unrestricted funds.

Restricted funds comprise monies given for particular restricted purposes or projects.

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

2 Fundraising and publicity costs

	Total funds 2009 £	Total funds 2008 £
Salaries	54,919	25,307
Support costs (see note 6)	4,507	4,073
	<u>59,426</u>	<u>29,380</u>

3 Research costs

	Unrestricted funds £	Designated funds £	Restricted funds £	Total funds 2009 £	Total funds 2008 £
Salaries	-	70,000	228,802	298,802	277,328
Support costs (see note 6)	38,310	-	-	38,310	34,612
	<u>38,310</u>	<u>70,000</u>	<u>228,802</u>	<u>337,112</u>	<u>311,940</u>

On 1 June 2002, Professor Irene Higginson, who is employed by King's College, London, was appointed as the part-time Scientific Director of CS International to undertake research into the fields of standards development and palliative care. Initially CS International was committed to making a payment of £65,000 per annum for a three year period to May 2005 in relation to the appointment of Professor Higginson and a full-time researcher. CS International has renewed this contract for a further term of five years to May 2010 at a cost of £65,000 per annum for the first two years and £70,000 for the following three years.

4 Grants payable

	Restricted funds 2009 £	Restricted funds 2008 £
Grants payable	<u>3,371,993</u>	<u>1,356,893</u>

Grants are payable to King's College, London in respect of the construction and fitting out of the Cicely Saunders Institute of Palliative Care.

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

5 Governance costs

	Unrestricted funds 2009 £	Unrestricted funds 2008 £
Audit	3,525	3,470
Accountancy	2,601	2,400
Company secretarial	970	825
Consultancy fees	(675)	1,960
Legal fees	65	81
Support costs (see note 6)	2,254	2,035
	<u>8,740</u>	<u>10,771</u>

6 Support costs

	Fundraising & publicity costs £	Research costs £	Governance costs £	Total 2009 £	Total 2008 £
Support salary	3,749	31,869	1,875	37,493	34,340
Travel & subsistence	171	1,451	85	1,707	2,967
Printing, postage & stationery	176	1,492	88	1,756	1,549
Telephone	75	642	38	755	917
Other expenses	336	2,856	168	3,360	947
	<u>4,507</u>	<u>38,310</u>	<u>2,254</u>	<u>45,071</u>	<u>40,720</u>

Support costs are allocated based on the staff time spent on each activity

7 Net incoming resources

	Unrestricted funds 2009 £	Unrestricted funds 2008 £
Net incoming resources are stated after charging		
Depreciation	413	138
Auditors' remuneration		
- Audit	3,525	3,470
- Accounting services	2,601	2,400
- Company secretarial	970	825
	<u></u>	<u></u>

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

8 Staff costs and trustees' remuneration

Two members of staff were employed by CS International during the year (2008 Two) Details concerning Professor Irene Higginson, who is employed by King's College, London, are set out in note 3 Staff costs include all salaries recharged by King's College London

The trustees received no remuneration in respect of their services to CS International during the year (2008 £Nil) No trustee received reimbursement expenses during the year (2008 one totalling £383)

9 Tangible fixed assets

	Computer equipment £
Cost	
At 1 January 2009 and 31 December 2009	2,788
Depreciation	
At 1 January 2009	2,375
Charge for the year	413
At 31 December 2009	2,788
Net book value	
At 31 December 2009	-
At 31 December 2008	413

10 Debtors

	2009 £	2008 £
Trade debtors	300,000	-
Prepayments and accrued income	24,311	95,478
	<u>324,311</u>	<u>95,478</u>

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

11 Creditors: Amounts falling due within one year

	2009 £	2008 £
Other creditors	1,564	703
Accruals	358,821	1,041,607
	<u>360,385</u>	<u>1,042,310</u>

12 Designated funds

	Higginson £
Funds at 1 January 2009	100,833
Resources expended	(70,000)
	<u>30,833</u>
Funds at 31 December 2009	

The Professor I Higginson fund relates to monies set aside to cover the commitment for Professor Irene Higginson's salary and a full-time researcher as detailed in note 3. The balance at 31 December 2009 was held within cash at bank.

13 Restricted funds

	At 1 January 2009 £	Incoming resources £	Resources expended £	Transfers £	At 31 December 2009 £
Breathlessness Programme	377,735	-	(82,753)	-	294,982
ENCOMPASS	24,566	-	-	(24,566)	-
Palliative Care for Older People	107,491	109,611	(109,127)	-	107,975
Half-issue of JPSM	6,594	-	-	-	6,594
Cross-National Study	39,000	-	(36,922)	-	2,078
Cicely Saunders Institute	2,995,367	950,000	(3,371,993)	-	573,374
Artwork	-	5,000	-	-	5,000
	<u>3,550,753</u>	<u>1,064,611</u>	<u>(3,600,795)</u>	<u>(25,466)</u>	<u>990,003</u>

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

13 Restricted funds (continued)

Breathlessness Programme : Breathlessness and breathing difficulties are among the most common and distressing symptoms for several progressive illnesses, especially towards the end of life CS International is working with the Department of Palliative Care, Policy and Rehabilitation at King's College London to establish a multi-centre research collaboration on breathlessness

ENCOMPASS (Ensuring Core Outcomes and Measuring Palliation in Sub-Saharan Africa) : A two-year collaboration between five of the leading palliative care providers in South Africa and Uganda, King's College London and Cicely Saunders International, funded by The Big Lottery Fund, to measure and improve the quality of palliative care in Africa

Palliative Care for Older People: Funded by Dunhill Medical Trust, this programme seeks to understand and determine the needs of older people with progressive illnesses living in residential care homes, and to develop and evaluate an educational and supportive intervention to improve palliative care for this rapidly growing population

Half-issue of Journal of Pain and Symptom Management: Funded by Foundation Open Society Institute, preparation of a series of articles on health economic and resource issues in palliative and end of life care

Cross-National Study of Palliative Care Patterns and Costs: This project aims to develop a protocol to describe and compare for the first time the patterns of care, costs and experiences of hospice and palliative care in three major cities (London, Dublin and New York) and is funded by The Atlantic Philanthropies

Cicely Saunders Institute of Palliative Care: Construction of the Institute commenced in June 2008 on the Denmark Hill campus of King's College London

Artwork: Donations received towards artwork for the new Institute

All restricted fund balances at 31 December 2009 were held within cash at bank

14 Related party transactions

During the year The Highbury Charitable Trust of which Lord Simon of Highbury, one of the trustees of CS International, is a trustee provided a donation of £10,000 (2008 £10,000) to CS International

15 Financial commitments

CS International is committed to making a payment for the five years to May 2010 at a cost of £65,000 per annum for the first two years and £70,000 per annum for the following three years in relation to the appointment of Professor Higginson and one full-time researcher Further details are set out in note 3

CS International is committed to making quarterly payments for the Breathlessness programme In previous years £770,138 had been received and it was expected that the total cost of the project would be £849,367 Expenditure to date of £509,942, resulting in £339,425 being payable for remaining costs of the programme These costs will be incurred over the next two years

Cicely Saunders International

Notes to the financial statements for the year ended 31 December 2009

15 Financial commitments (continued)

CS International has a commitment to King's College London to fund the construction and fitting out of The Cicely Saunders Institute of Palliative Care to a total of £9,646,576. Total funding for this commitment has been achieved and a timetable of payments has been established with funders. £3,750,000 will be paid directly to King's College by funders of the Institute and £5,896,576 paid by CS International. By 31 December 2009, CS International had received £6,225,000 and incurred expenditure of £5,651,627, resulting in £573,373 being payable to King's College London over the course of the next financial year.

16 Liability of members

CS International is a company limited by guarantee and has no share capital. In the event of CS International being wound up, the liability of the members is limited to £1.