



Companies House

— for the record —

Please complete in typescript,  
or in bold black capitals.

CHFP000

# 288b

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

4108880

Company Name in full

The Stress Clinic Limited

Date of termination of appointment

Day	Month	Year
01	07	2003

as director

☒

as secretary

☐

Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert details as previously notified to Companies House.

Forename(s)

Surname

NOMINEE COMPANY DIRECTORS LIMITED

†Date of Birth

Day Month Year

--	--	--	--	--	--	--	--	--	--

A serving director, secretary etc must sign the form below.

Signed

*John Adey*  
Authorised signature on behalf of Nominee Company Secretaries Limited

Date

01/07/2003

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

MIDLANDS COMPANY SERVICES LIMITED, SUITE 116 LONSDALE

HOUSE, 52 BLUCHER STREET, BIRMINGHAM, B1 1QU.

Tel 0121 605 3331

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh



A17  
COMPANIES HOUSE

0746  
14/08/03

Form revised 1999