

# 288a

Please complete in typescript, or  
in bold black capitals.

**APPOINTMENT of director or secretary**  
(not for resignation (use form 200b) or change  
of particulars (use form 200c))

Company Number **4097568**

Company Name in full **SAGE NUTRITIONALS LIMITED**



**\*F288AG30\***

Date of appointment Day Month Year **20 11 00** #Date of birth Day Month Year **18 04 33**

**Appointment form**

Appointment as director ☒ as secretary

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes.

NAME \* Style / Title

\* Honours etc

Notes on completion

Forename(s) **ANTHONY BRUTON MEYRICK**  
Surname **GOOD**

Previous Forename(s)

Previous  
Surname(s)

Usual residential address **CLENCH HOUSE, CLENCH LODGE**

Post town **HOOTON RIVERS** Postcode **SN8 4NT**

County / Region **MARLBOROUGH, WILTS.** Country **ENGLAND**

# Nationality **BRITISH** # Business occupation **COMPANY DIRECTOR**

# Other directorships  
(additional space overleaf) **SEE ATTACHED LIST**

I consent to act as \*\* director / secretary of the above named company

Consent signature

Date **20.11.00**

\* Voluntary details.

A director, secretary etc must sign the form below.

Signed

Date **21.11.00**

\*\* Please delete as appropriate

(\*\* a director / secretary / administrator / administrative receiver /  
receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of the  
person Companies House should  
contact if there is any query.

Tel

DX number

DX exchange



**A39**  
**COMPANIES HOUSE**  
**23/11/00**

When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF4 3UZ**  
for companies registered in England and Wales

**DX33050 Cardiff**

or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland

**DX 235 Edinburgh**

**Company Number** 409 7568

# Other directorships

#### **NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

#### **Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant; or
- a parent company which wholly owned the company making the return; or
- another wholly owned subsidiary of the same parent company.

ANTHONY B. M. GOOD

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CLENCH LODGE  
WOOTTON RIVERS  
MARLBOROUGH  
WILTSHIRE SN8 4NT  
TEL: 01672 810126  
FAX: 01672 810869

**ANTHONY B M GOOD**

Current Directorships held:

BONNEYBOND LIMITED

COX & KINGS LIMITED & Subsidiaries

GOOD CONSULTANCY LIMITED

LEGEND CONSULTANCY LIMITED

FLAGSHIP GROUP LIMITED

MILLER INSURANCE GROUP LIMITED

ONE SQUARED LIMITED

WINWIN BUSINESS SOLUTIONS LIMITED

THE TRANQUIL MOMENT LIMITED

SAGE NUTRITIONALS LIMITED

COX & KINGS (INDIA) LIMITED

GOOD RELATIONS (INDIA) LIMITED

TULIP STAR HOTELS LIMITED

)

) Registered in India

)

November 2000