



Please complete in typescript,
or in bold black capitals

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHFP029

Company Number 4077870

Company Name in full Digital Wellbeing Limited

Appointment form

Date of appointment Day Month Year 0 7 0 5 2 0 0 2 †Date of Birth Day Month Year 0 2 0 5 1 9 6 1

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME

*Style / Title

MR

*Honours etc

Forename(s)

JOHN

Surname

CRESSWELL

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

ROSSLYN HOUSE, 8 PARK ROAD

Post town

WINCHESTER

Postcode

SO22 6AA

County / Region

HANTS

Country

†Nationality

BRITISH

†Business occupation

DIRECTOR

†Other directorships
(additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

[Signature]

Date

24/5/02

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

24/5/02

(* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

SONIA FENNELL, THE BOOTS COMPANY PLC, GROUP HEADQUARTERS, NOTTINGHAM, .. NG2 3AA

Tel 0115-968 7094

DX number 712061

DX exchange BEESTON 2

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A32
COMPANIES HOUSE

0290
28/05/02

Form revised July 1998

Company Number 4077870

† Directors only

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.

- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

ANGLIA BROADCASTING LIMITED (08/06/1998)

ANGLIA MULTIMEDIA LIMITED (19/04/1999)

ANGLIA TELEVISION (MUSIC) LIMITED (08/06/1998)

ANGLIA TELEVISION ENTERTAINMENT. (08/06/1998)

ANGLIA TELEVISION GROUP LIMITED (11/03/1998)

ANGLIA TELEVISION LIMITED (11/03/1998)

ANGLIACAMPUS LIMITED (14/05/1999)

ARSENAL BROADBAND LIMITED

ATE INVESTMENT HOLDINGS LIMITED (19/04/1999)

BRITISH INDEPENDENT TELEVISION ENTERPRISES LIMITED

CX 15 LIMITED (04/10/2000)

CX 17 LIMITED (04/10/2000)

DEFINITION DIGITAL MEDIA LIMITED (18/04/2000)

GLOBAL TELEVISION SERVICES LIMITED (27/04/1999)

GRANADA CHANNELS LIMITED

GRANADA FILM PRODUCTIONS LIMITED

GRANADA INVESTMENT HOLDINGS LIMITED (19/04/1999)

GRANADA LEARNING LIMITED

GRANADA MUSIC LIMITED

GRANADA PRODUCTIONS LIMITED

Company Number 4077870

† Directors only.

† Other directorships

INDEPENDENT TELEVISION NEWS LIMITED (24/05/1999)

INTERNATIONAL TELEVISION ENTERPRISES LONDON LIMITED (08/06/1998)

ITEL INVESTMENT HOLDINGS LIMITED (19/04/1999)

LONDON CABLE LIMITED

LONDON WEEKEND TELEVISION (FILMS) LIMITED

LONDON WEEKEND TELEVISION INTERNATIONAL LIMITED

MUSIC SERVICES LIMITED

PAPER MASK LIMITED

RAPTURE TV LIMITED (12/05/1998)

SOLO ATTRACTIONS LIMITED (19/04/1999)

SOUTH BANK ENTERPRISES (MERCHANDISING) LIMITED

SOUTH BANK PRODUCTIONS LIMITED

SOUTH BANK TELEVISION HOLDINGS LIMITED

SPRINGBOARD INTERNET SERVICES LIMITED (20/05/1999)

TELEVIRTUAL LIMITED (18/03/1998)

THE HOME SHOPPING CHANNEL LIMITED

THE LONDON STUDIOS LIMITED

THE LONDON TELEVISION CENTRE LIMITED

THE LONDON TELEVISION STUDIOS LIMITED

TSMS GROUP LIMITED (29/09/1998)

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.

- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant

- a parent company which wholly owned the company making the return, or

- another wholly owned subsidiary of the same parent company.

Company Number 4077870

† Directors only.

† Other directorships

TSMS I LIMITED (17/08/1998)

UK SATELLITE BROADCASTING LIMITED

UNITED MEDIS & INFORMATION LIMITED (04/10/2000)

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.

- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.