



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **29/09/2011**

Company Name: **Fresh Minds Limited**

Company Number: **04070264**

Date of this return: **12/09/2011**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **KINGSBOURNE HOUSE 229-231 HIGH HOLBORN
LONDON
UNITED KINGDOM
WC1V 7DA**

Officers of the company

Company Director 1

Type: **Person**
Full forename(s): **CHARLES ROBERT**

Surname: **OSMOND**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **20/05/1977** Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **PAUL JOHN**

Surname: **PERKIN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **26/05/1953** Nationality: **BRITISH**

Occupation: **CONSULTANT**

Company Director **3**

Type: **Person**

Full forename(s): **CAROLINE BAYANTAI**

Surname: **PLUMB**

Former names:

Service Address: **3 NEWTON ROAD
WIMBLEDON
LONDON
UNITED KINGDOM
SW19 3PJ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **23/11/1978** *Nationality:* **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1107
		<i>Aggregate nominal value</i>	11.07
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.01
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	3571
		<i>Aggregate nominal value</i>	35.71
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.42
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	49526
		<i>Aggregate nominal value</i>	495.26
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	7143
		<i>Aggregate nominal value</i>	71.43
<i>Currency</i>	GBP	<i>Amount paid per share</i>	14
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	330
		<i>Aggregate nominal value</i>	3.3
<i>Currency</i>	GBP	<i>Amount paid per share</i>	36.32
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	1288
		<i>Aggregate nominal value</i>	12.88
<i>Currency</i>	GBP	<i>Amount paid per share</i>	46.5839
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	570
		<i>Aggregate nominal value</i>	5.7
<i>Currency</i>	GBP	<i>Amount paid per share</i>	57.2
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Class of shares	ORDINARY	<i>Number allotted</i>	161
		<i>Aggregate nominal value</i>	1.61
<i>Currency</i>	GBP	<i>Amount paid per share</i>	81.21
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	63696
		<i>Total aggregate nominal value</i>	636.96

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 12/09/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

- Shareholding 1* : **474 ORDINARY shares held as at 2011-09-12**
Name: **JONATHAN CALASCIONE**
- Shareholding 2* : **900 ORDINARY shares held as at 2011-09-12**
Name: **FRESH MINDS (TRUSTEE) LIMITED**
- Shareholding 3* : **0 ORDINARY shares held as at 2011-09-12**
900 shares transferred on 2011-05-25
Name: **ALISTAIR ROBERT LEATHWOOD**
- Shareholding 4* : **7143 ORDINARY shares held as at 2011-09-12**
Name: **MICHAEL ROWAN HAMILTON JOHN O'REGAN**
- Shareholding 5* : **24763 ORDINARY shares held as at 2011-09-12**
Name: **CHARLES ROBERT OSMOND**
- Shareholding 6* : **3571 ORDINARY shares held as at 2011-09-12**
Name: **PAUL JOHN PERKIN**
- Shareholding 7* : **24763 ORDINARY shares held as at 2011-09-12**

Name: CAROLINE BAYANTAI PLUMB

Shareholding 8 : 161 ORDINARY shares held as at 2011-09-12

Name: MATTHEW RHODES

Shareholding 9 : 633 ORDINARY shares held as at 2011-09-12

Name: JAMES MICHAEL TAYLOR

Shareholding 10 : 1288 ORDINARY shares held as at 2011-09-12

Name: DAVID JOHN VEREY

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.