

APPOINTMENT of director or secretary

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

4055091

Company Name in full

LONGSHINE PROPERTIES LIMITED

Appointment form

Notes on completion
appear on next page.

Appointment as director

Date of appointment

| Day | Month | Year |
|-----|-------|-------------|
| 2 | 9 | 0 9 2 0 0 6 |

† Date of Birth

| Day | Month | Year |
|-----|-------|-------------|
| 0 | 5 | 0 5 1 9 7 1 |

X

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME * Style / Title

MR

* Honours etc

Forename(s)

OLIVER RICHARD

Surname

VIGORS

Previous forename(s)

Previous surname(s)

Usual residential address

20 CRANLEY PLACE

Post town

LONDON

Postcode

SW7 3NH

County / Region

Country

† Nationality

BRITISH

† Business occupation

SALES DIRECTOR

† Other directorships
(additional space next page)

See attached schedule

I consent to act as ** director / secretary of the above named company

Consent signature

Date

29/7/06

* Voluntary details.

† Directors only.

** Please delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

29/9/06.

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone
number and, if available, a DX number and
Exchange of the person Companies House
should contact if there is any query.

haysmacintyre, FAIRFAX HOUSE, 15 FULWOOD PLACE,

LONDON, WC1V 6AY

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ**DX 33050 Cardiff**

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 EdinburghA45
COMPANIES HOUSE164
30/09/2006

Company Number

4055091

† Directors only.

† Other directorships

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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

List of other directorships Schedule to form 288a

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

4055091

Company Name in full

LONGSHINE PROPERTIES LIMITED

Name

OLIVER RICHARD VIGORS

| Company Name | Resignation |
|---------------------------------------|-------------|
| CASHFLOW CARWASH LIMITED | |
| CASHFLOW ONE LIMITED | |
| FEEL GOOD FITNESS LIMITED | |
| FEEL GOOD.CO.UK LIMITED | |
| FEEL GOOD.COM LIMITED | |
| KAPITAL KARS LIMITED | 12/11/2004 |
| KAPITAL VENTURES LIMITED | 30/06/2006 |
| LONGSHOT BRIDGE LIMITED | |
| LONGSHOT HEALTH & FITNESS LIMITED | |
| LONGSHOT RESTAURANTS LIMITED | |
| QUANTUM LEAP HEALTH & FITNESS LIMITED | |
| RODEO ENTERPRISES LIMITED | |
| VITAMIN EFFICIENCY LIMITED | |