



**Companies House**  
for the record

# 288a

Please complete in typescript,  
or in bold black capitals.  
CHWP000

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **3954037**

Company Name in full **LIFECOACH UK LIMITED**

Date of appointment  
Day Month Year  
**3 1 0 8 2 0 0 1**

†Date of Birth  
Day Month Year  
**3**

### Appointment form

Appointment as director ☐

as secretary ☒

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME

\*Style / Title

**MRS**

\*Honours etc

Forename(s)

**SALLY LILIAN**

Surname

**BENTLEY**

Previous Forename(s)

Previous Surname(s)

Usual residential address

**607 HOWARD HOUSE, DOLPHIN SQUARE**

Post town

**LONDON**

Postcode

**SW1V 3PG**

County / Region

Country

†Nationality

†Business occupation

†Other directorships  
(additional space overleaf)

I consent to act as ~~director~~ secretary of the above named company

Consent signature

**S. Bentley**

Date **31/8/01**

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

**Bentley**

Date **31/8/01**

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



A02  
COMPANIES HOUSE

Form revised July 1998

0270  
08/12/01

When you have completed and signed the form please send it to the Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.