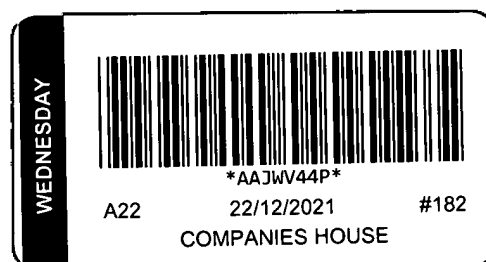


Charity No:
1080747
Company No:
3944179

Lifeskills
LEARNING FOR LIVING



**Annual Report and Accounts
2020/2021**

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY

COMPANY INFORMATION

Charity Name: Lifeskills – Learning for Living

Charity No: 1080747

Company No: 03944179

Lifeskills – Learning for Living, The Create Centre, Smeaton Road, Bristol, BS1 6XN

Tel: 0117 9224511

E-mail: manager@lifeskills-bristol.org.uk

Website: www.lifeskills-bristol.org.uk

Registered Office: The Create Centre, Smeaton Road, Bristol, BS1 6XN

Bankers: The Co-operative Bank, PO Box 250, Delf House, Skelmersdale, WN8 6WT

MISSION STATEMENT

To maintain Lifeskills – Learning for Living as a Centre of Excellence dedicated to improving the safety and wellbeing of the community.

The Centre aims to reduce unintentional injury and to promote a safe and healthy lifestyle by influencing attitudes and changing behaviour.

DIRECTORS

Chairman: Kevern Jenkin

Treasurer: Steve Roberts

Mick Dixon, resigned 15th December 2020

Maxine Targett, appointed 15th December 2020

Paul Tooth

Sally Wellman, resigned 15th December 2020

Edwina Whitwell, appointed 15th December 2020

Julie Lansley, appointed 31st March 2021

PATRONS

Dr John Hooper, Chief Executive, The Institute of Clinical Research

Julie Mytton, Professor of Public Health, UWE Bristol

Christian Oakland, Accident & Emergency Consultant, North Bristol NHS Trust

Katrina Phillips, Chief Executive, Child Accident Prevention Trust (CAPT)

Colin Whiteside, Former Lifeskills Treasurer

Errol Taylor, Chief Executive, RoSPA

Tom Mullarkey, MBE

BOARD OF DIRECTORS

Directors: The Directors of the Charitable Company ("the charity") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the "Directors". As set out in the Articles of Association the Chairman of Directors is nominated by the Board which will also nominate a further four Directors – thus making a minimum total of five. No Director shall be re-appointed if he/she shall have been in office for a continual period of 12 years.

On their election to office, all Directors are provided with an Induction Pack.

Lifeskills has a Business Risk Assessment Policy that is reviewed annually.

PARTNER ORGANISATIONS

The following organisations pledged their financial and/or resource support:

Avon & Somerset Constabulary
Avon Fire and Rescue Service
Bath & North East Somerset Council
Bristol City Council
British Transport Police
Child Accident Prevention Trust
Co-op Stores
Gas Safe Charity
Great Western Railway

Network Rail
North Somerset Council
Red Cross
Royal National Lifeboat Institution
Royal Society for the Prevention of Accidents
South Gloucestershire Council
South Western Ambulance Service
Wales and West Utilities
Western Power Distribution

SUPPORTING ORGANISATIONS

Lifeskills is supported by organisations from the statutory and voluntary sectors.

We wish to thank all our supporters for their continued input and commitment towards the delivery of safety education through the Lifeskills approach.

Chairman's Report

Covid lockdown came in late March 2020 with the result that this year's report covers a very different work environment than experienced before. All visits, school and otherwise were put on hold from late March 2020 with the result that our income stream came to an abrupt halt. In order to minimise expenditure all staff were placed on furlough whilst we examined our way forward. Emergency meetings of the Directors and consultation with the staff and schools led to a plan to produce an interactive video based on the Lifeskills experience which could then be sold to schools in lieu of school visits. As lockdown was lifted our furlough was eased and the video produced and sold to over 100 schools resulting in over £30k of income. This was a very successful venture, and all staff must be congratulated for their enthusiastic input and development of new skills!

The Directors met via Zoom at monthly intervals throughout the year to monitor the financial situation and to support the staff as the video was made and steps were taken to prepare the Lifeskills sets for visits again when possible. In order to make future visits Covid safe we removed doors, increased ventilation and adjusted sets to improve physical distancing - all carried out to the approval of Bristol City Council. With schools continuing to avoid outside trips we decided to delay opening again to September 2021 - a closure of 18 months! All is on programme for this reopening albeit at an initial reduced throughput of schools.

There have been some changes of Directors over the year, but we now have 6 active members. For the details see the preceding Directors list.

Andy Townsend and Gemma Graville are now the key management personnel for the purposes of FRS102.

With such a long gap in our school visits it was inevitable that there would be an effect on the number of Volunteers still available to guide when we return. However, with over 50 signing on again and over 20 new volunteers coming forward we are in a good position to provide the service from September.

We are very grateful for the support we have received from Bristol City Council in waiving the service charge on the building for the whole financial year. We were also successful in winning funding from Quartet to research alternative projects we can introduce to the Charity in the future to make us less reliant on one income source. This research has now been concluded and decisions are imminent.

This has been a very difficult year for the Charity but by careful management and a lot of creativity and enthusiasm from all parties we are confident we will be able to resume our Lifeskills programmes of health and Safety Training from September 2021.

Kevern Jenkin
Chairman

REPORT FROM THE DIRECTORS/MANAGEMENT BOARD for the YEAR ENDED 31 MARCH 2021

The Directors/Management Board are pleased to present their report together with the financial statements charity for the year ended 31 March 2021.

Reference and administrative details of the charity, its Trustees and advisers are set out on pages 1 and 2 and form part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the revised Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Directors/Trustees confirm that they have complied with the duty to have due regard to public benefit guidance published by the Charity Commission.

Articles of Association

Lifeskills – Learning for Living is a Company Limited by Guarantee and a Registered Charity governed by its Articles of Association, which were reviewed and updated during 2012.

Directors have detailed responsibilities to ensure that the Charity delivers its Mission Statement.

Objects of the Charity

Lifeskills – Learning for Living is a safety education Centre based in Bristol. Lifeskills resembles a “village” where realistic “sets” have been built that include a supermarket, houses, garden, a health centre, road, a building site, dark alley, electricity sub-station, railway line, and beach.

Lifeskills helps children, adults with learning disabilities, professionals working in early years settings and older people learn about safety in a fun and practical way. Every year about 30,000 children in the West of England area require hospital treatment for injuries, many of which could have been prevented through education and training. Throughout the UK, road and home accidents account for around 19 deaths per day. Lifeskills aims to bridge the gap that often exists between knowledge and behaviour, to make a significant contribution to reducing the number of deaths and injuries sustained, that are caused either in the home, on the road or during leisure time.

To achieve this, Lifeskills offers the opportunity to:

- all primary schools in the former Avon area to book a Year 6 (10/11 years of age) class visit
- professionals working with adults and children with learning disabilities to train to use the facilities in order to deliver appropriate training for their service users
- all schools working with children with learning disabilities to book and visit
- work with older people (60+), to book visits and experience appropriate training programmes (temporarily stopped due to funding)
- train staff in early years settings, childminders and Health Visitors to deliver appropriate safety training to families

Lifeskills

- uses trained Volunteer Guides to facilitate its education and training programmes
- evaluates the programmes delivered
- encourages partnerships with businesses
- encourages partnerships with the statutory and voluntary sectors
- makes use of the media
- supports the Safety Centres Alliance (SCA)

Purpose and Philosophy - Lifeskills is a registered charity committed to reducing the number of unintentional injuries to children and young people, those with learning disabilities, and older people. Lifeskills aims to create a safer environment and understands that experimenting and risk-taking are a part of growing up and everyday life and strives to secure low injury rates without compromising health and quality of life.

The need for Lifeskills - Unintentional injury is a leading cause of death among children and young people, second only to cancer. Emergency admissions to hospital are the result of the most serious injuries. An estimated 1 million admissions every year are due to unintentional injuries. Children from the poorest families are five times more likely to die from unintentional injury and sixteen times more likely to die in house fires than children from more wealthy families. They are also more likely to be admitted to hospital and to be admitted with more severe injuries.

“Falls are a major concern among older people with the health and social care costs of a hip fracture estimated at £20,000”. (RoSPA, Big Book of Accident Prevention (2012)). Injuries following a fall can seriously restrict a person's ability to live an independent and fulfilling life.

Adults with learning disabilities are some of the most vulnerable people in the community and, as the trend is towards as many people living independently as possible, the need for accessible safety training has increased. It has long been recognised that life expectancy for people with learning disabilities is lower than that of the general population and some of this discrepancy is put down to lack of understanding about healthy eating and healthy lifestyles.

Many "accidents" are predictable events that can be prevented by adopting the right safety measures through education and training, which Lifeskills provides.

The Public Benefit of Lifeskills' work – Lifeskills' programmes help to reduce unintentional injuries to our main client groups: children, adults with learning disabilities, children with special educational needs, and older people. The Lifeskills approach is interactive and bridges the gap that often exists between knowledge and behaviour. It is designed to help people learn about safety in a fun and practical way, specifically in the home, on the road and during leisure time. Within the client groups, the charitable work of Lifeskills is available to all sections of the community in local authority areas covering Bristol, Bath and North East Somerset, North Somerset and South Gloucestershire.

Schools in areas of high health need are given priority booking for sessions and every effort is made to ensure that no schools are disadvantaged by the inability to pay the full entry fee.

Organisation - Lifeskills has a number of Patrons (5) and a Board of Directors (5). The Board meets four times a year to administer the Charity. Lifeskills employs one full-time and four part-time members of staff responsible for the day to day running of the Centre and its programmes, who are responsible to the Board.

Charitable Activities - Lifeskills can deliver five key programmes namely a Children's Programme, a Special Educational Needs Programme, an Independent Living Programme for adults with learning disabilities, an Early Years Programme and an Older People's Programme, the final two of which are currently not being delivered due to funding.

The **Children's Programme** supports the delivery of the Key Stage 2 Personal, Social and Health Education (PSHE) Curriculum in schools. Lifeskills teaches risk assessment by increasing knowledge, understanding and skill.

During the financial year 2020/21 all Year 6 Primary School visits were cancelled due to the Covid Pandemic meaning that the total number of visitors remains at 184,606.

Our Children's Programme is highly valued by schools and following their visit, we receive letters from children and teachers acknowledging, not only the excitement, but also the learning experience.

For the programme to remain successful and well respected, it is imperative that the content and the method of delivery are regularly reviewed and updated. The programme is delivered by our guides and huge thanks are due to each and every one of them.

School teachers are asked to complete an "Agreement" for their visit, clearly stating the expectations on both Lifeskills, for the delivery of the programme and on the school to make the necessary arrangements and commitment to follow-up work after the visit.

The **Independent Living Programme** supports the delivery of the White Paper, 'Valuing People: A New Strategy for Learning Disabilities for the 21st Century' (2001) and the subsequent 'Valuing People Now; A New Three-year Strategy for People with Learning Disabilities' (2009). The programme aims to support people with learning disabilities who are working towards living more independently by providing accessible resources and training opportunities. Carers and professionals attend a training session at the Centre in order to use the Lifeskills scenarios to effectively deliver accessible safety and healthy living messages to their service users. A range of resources including DVDs and accessible leaflets/books have been produced in order to extend the safety training beyond their visits.

This year, all visits were cancelled due to the Covid Pandemic. Visits will resume during the next financial year once the Centre reopens.

We value the links with people working for a wide range of organisations supporting adults with learning disabilities and thank them for their continued support.

The **Special Educational Needs (SEN) Programme** continues to provide sessions for schools, colleges and children's services across the region. All visits this financial year were cancelled due to the Covid pandemic. Visits will resume during the next academic year once the Centre reopens.

The **Older People's Programme** supports the delivery of the National Service Framework for Older People with particular emphasis on falls prevention. Older people are particularly at risk of injuries in the home, and for this reason the Lifeskills programme aims to promote independence for older people by showing how they can keep themselves safer and healthier. Activities are currently suspended due to funding cuts.

Early Years Programme – The Early Years Programme aims to help parents identify the safety concerns that may arise with young children and learn how to overcome them.

Partner Organisations - Lifeskills has informal dialogue with each of its Partner Organisations, which is key to Lifeskills' operational delivery, reflecting current and appropriate practice and standards.

Evaluation and Monitoring - Using Qwizdom handsets we gather data on pre and post-visit safety knowledge from visiting pupils. The results show the significant effects this type of learning has. The children answer 6 questions, and results are showing an average improvement from 31% correct answers pre-visit to 83% post-visit. These findings provide key evidence that the Lifeskills approach works and can be used in funding bids and applications.

Information is also collected about the numbers of visitors and where they are from e.g. schools located in disadvantaged areas. This information allows us to identify those schools to be targeted during the phased booking procedure. Teachers complete a satisfaction questionnaire following their visit to Lifeskills, asking them to score all aspects of the visit. Generally, the statistics and additional comments are incredibly complimentary and there is little room for improvement. We do though always strive for perfection in everything we do.

Sharing Best Practice - Lifeskills supports initiatives organised by the Royal Society for the Prevention of Accidents and the Safety Centres Alliance in developing excellent partnerships and sharing best practice.

Fundraising and Finance - Fundraising continues to be a challenge. Our fundraising strategy is reviewed each year and identifies the following approaches for our core funding: partner organisations, entry fees, charges for training, grant giving bodies and charitable trusts and other general fundraising.

Lifeskills continues to be dependent on contributions from all these sources and we would like to thank all our funders for their generosity and support. Thanks too to those of our Volunteer Guides who have financially supported Lifeskills by their contributions through the Gift Aid scheme. We also greatly appreciate the support from Bristol City Council regarding our lease agreement, without which Lifeskills would be facing serious financial challenges.

Publicity and Media Coverage - We continue to take opportunities to promote Lifeskills whenever we can.

Meeting our Legal/Financial/Risk Management Responsibilities - Lifeskills strives to meet all the requirements of both Company Law and the Charity Commission together with other relevant Legal / Financial obligations. We work closely with our professional consultants: Burton Sweet, our Finance Auditors; Markel (UK) Ltd, our Insurers and WF Accounting, our Payroll providers. We carry out the requirements of Health and Safety Legislation and Fire Precautions. We consider risk assessment very important, the safety of our workforce being paramount. We have a comprehensive library of policies and procedures, reviewed and updated annually.

We continue to invite our Volunteer Guides and members of staff to apply to become "Members" of Lifeskills, thus affording them the opportunity, in particular, to vote at General Meetings. We welcome those individuals who have joined, as Members, during the year.

Staff List for the year ended 31 March 2021

General Manager: Andrew Townsend

Assistant Manager: Gemma Graville

Administrator: Celia Pendlington

Volunteer Co-ordinator: Sam Jury

General Assistant: Esme Gottesman – resigned January 2021

Volunteers - We have 80 volunteers trained as volunteer guides and hosts.

Related Parties - Lifeskills has the full support of a large number of statutory and voluntary organisations. These include the emergency services and unitary authorities. These partners support Lifeskills through recurring funding and/or resources. Lifeskills' finances are included within the Financial Accounts section of this Report.

Financial Review

Financial Performance

With no schools able to visit during the year, income from school fees was significantly reduced from the £83.2k received in 2019/20. We managed to maintain some income via the sale of a video resource which came to £29K.

General donations are showing a slight decrease from £99.6k in the prior year to £89.6k in the current year. A significant proportion of this, totalling £52.4K, relates to furlough payments. There was no Investment income earned in the year. The amount earned in the prior year was nil.

Due to the Centre being closed for most of the year, expenditure reduced significantly from £238.6k to £172.2k.

Staff Costs are split between activities related to raising funds and the costs of providing the charitable objectives. The total cost in the year was £118.8k, a fall of £15.2k on the prior year. £1,564 of the cost relates to statutory recognition of a provision for potential holiday pay accrued by staff.

All expenditure from designated funds of £34.3k is depreciation attributable to the capitalised redevelopment costs. This cost will be incurred on an annual basis for another 6 to 7 years.

This year the result from Unrestricted general activities was an increase of £30.6k. There was a deficit of £34.3k arising on Designated funds as explained above. A transfer has been made to reflect the fact that the initial restriction of capitalised redevelopment costs was discharged when the assets were purchased and these costs have been moved from restricted funds to designated funds, a new classification which better reflects the status of these funds. The total of all Funds now stands at £356.2k, a decrease of £3.7k from the prior year indicating that the charity maintained its position with regard to unrestricted funds.

Reserves Policy

The Directors have determined a policy whereby the Unrestricted Funds not committed or invested in tangible fixed assets ("free reserves") held by the Charity should be a minimum of 12 months of resources expended.

Based on previous years (not affected by Covid) levels of expenditure this figure equates to approximately £200,000. The Balance Sheet for the year ending 31 March 2021 shows free reserves of £179,282, which just about meets this target.

The target has been set at this level because at the commencement of each year Lifeskills has effectively no guaranteed income other than pre-booked school visits. This level of free reserves would therefore enable Lifeskills to continue for a full year in the event that all income streams ceased. It also provides some degree of security of service continuity to our school visitors.

Investment Policy

The investment policy of Lifeskills is embodied in its Articles of Association which state any funds not immediately required for its purposes may be invested in such shares, stocks, funds, securities or property, land or investments as thought fit.

The Directors have always taken the view that it is desirable to hold such investments in liquid form, and as such our Reserves are placed with a variety of bodies that enable Lifeskills to spread its risk and take advantage of the security offered by the Financial Services Compensation Scheme (FSCS).

Lifeskills continues to invest through a number of organisations, whilst at the same time taking advantage of higher interest rates available from medium term investment commitments. This is alongside maintaining sufficient liquid assets to meet all financial obligations.

Future Strategy - The Charity plans to continue and enhance its activities outlined in the forthcoming years, subject to satisfactory funding arrangements. The Operational Plan forms the foundation of ongoing work undertaken.

Risk Review - Lifeskills has conducted its own review of major risks to which the Charity is exposed, both management and operational, and systems have been established to mitigate those risks. These are identified in the Lifeskills Operational Plan. In this regard a fundraising strategy is reviewed annually, allowing for the

diversification of fundraising and activities. Partner Organisations - our major supporters and providers of advisory, resource and financial support maintain informal dialogue throughout the year. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

As part of the ongoing review of the financial controls within Lifeskills, a review of the insurance portfolio is carried out annually, which identified and confirmed that all risks have been properly assessed and that the levels of indemnity are relevant to the business. Markel (UK) Ltd have been our insurers for the year.

In light of the recent pandemic, we have paid particular attention to the associated risks in running our programmes and have put specific measures in place to address them.

Independent examiners – In June 2021 Burton Sweet were elected to carry out an independent examination of the charity's accounts on an ongoing basis.

Statement of trustees' responsibilities

The trustees (who are also directors of Lifeskills – Learning for Living for the purposes of company law) are responsible for preparing the Trustees' Report (incorporating the strategic report and directors' report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to make themselves aware of that information.

Going Concern - After making appropriate enquiries, the Directors have a reasonable expectation that the charity has adequate resources to continue in operation for not less than twelve months from the date of this report. The Directors have therefore used the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

The impact of uncertainties due to Britain exiting the European Union

Lifeskills is a Bristol based charity deriving its income from school entry fees, voluntary donations from partner organisations and other fundraising activities. Its costs are of a relatively fixed nature in the short to medium term.

The impact of Brexit upon the organisation can be addressed under four heads, entry fees, partner organisations, fundraising and costs.

Entry fees - It is unlikely that entry fees will be impacted as a result of the decisions surrounding Brexit, being derived from school visits.

Partner Organisations - The impact on partner organisations may be positive or negative while the current reduced uncertainty has the potential to improve commercial forecasts and possibly revenue streams. Public sector donations are expected to remain relatively unaffected.

Fundraising - This remains a challenging area of activity over which the impact of Brexit is difficult to quantify.

Costs - As Lifeskills costs are relatively stable in nature the impact of Brexit is assessed as low in this area.

Impact of the Covid pandemic


The Covid-19 pandemic and the safety measures that have been put in place have impacted the ability for the main schools programme of Lifeskills to operate. In the immediate future Lifeskills has been able to diversify its activities by offering online resources to schools, in some part mitigating the effect on the schools programme. In addition, the government furlough scheme has offset some staff costs and significant other operating costs have been avoided.

The schools programme is scheduled to restart in September 2021. As Covid is still a significant concern, schools will initially be booked in at a reduced capacity. Whilst this will impact on income Lifeskills still has sufficient cash reserves to continue operating as a going concern.

As far as the Directors are aware, there is no relevant audit information of which the company's independent examiners are unaware.

The Directors have prepared this report in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Directors and signed on their behalf by:

DocuSigned by:

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Kevern Jenkin
Chair

Dated: 16th December 2021

**Lifeskills - Learning for Living
(a company limited by guarantee)
Independent examiners' report to the members of Lifeskills – Learning for Living
for the year ended 31 March 2021**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

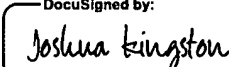
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

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Joshua Kingston BSc. ACA
Burton Sweet Limited Chartered Accountants
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol BS48 1UR

Date: 16th December 2021

LIFESKILLS - LEARNING FOR LIVING**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)****YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Income from:					
Donations and legacies	2	139,559	-	139,559	118,357
Charitable activities	3	28,999	-	28,999	83,214
Other trading activities	4	-	-	-	2,203
Total income		<u>168,558</u>	<u>-</u>	<u>168,558</u>	<u>203,774</u>
Expenditure on:					
Raising funds	5	15,124	-	15,124	13,652
Charitable activities	6	157,097	-	157,097	224,977
Total expenditure		<u>172,221</u>	<u>-</u>	<u>172,221</u>	<u>238,629</u>
Net income/(expenditure)	7	(3,663)	-	(3,663)	(34,855)
Transfer between funds	15	207,501	(207,501)	-	-
Net movement in funds		<u>203,838</u>	<u>(207,501)</u>	<u>(3,663)</u>	<u>(34,855)</u>
Total funds at start of year	15	148,685	211,181	359,866	394,721
Total funds at end of year	15	<u>352,523</u>	<u>3,680</u>	<u>356,203</u>	<u>359,866</u>

The Charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

**The notes on pages 13 to 19 form part of these financial statements
See note 10 for fund-accounting comparative figures**

LIFESKILLS - LEARNING FOR LIVING**BALANCE SHEET****AS AT 31 MARCH 2021****Company number: 03944179**

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	173,241	207,501
		<u>173,241</u>	<u>207,501</u>
Current assets			
Debtors	12	39,974	11,527
Cash at bank and in hand		167,735	147,172
		<u>207,709</u>	<u>158,699</u>
Liabilities			
Creditors : amounts falling due within one year	13	(24,747)	(6,334)
Net current assets		<u>182,962</u>	<u>152,365</u>
Net assets		<u><u>356,203</u></u>	<u><u>359,866</u></u>
FUNDS			
Unrestricted funds			
General funds	16	179,282	148,685
Designated funds	16	173,241	-
Restricted funds	16	3,680	211,181
Total funds		<u><u>356,203</u></u>	<u><u>359,866</u></u>

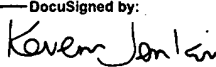
For the year ended 31 March 2021, the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the Trustees on 16th December 2021 and are signed on their behalf by:

DocuSigned by:

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Kevern Jenkin
Chairman

The notes on pages 13 to 19 form part of these financial statements

LIFESKILLS - LEARNING FOR LIVING

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1 Accounting policies

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Companies Act 2006, Charities Act 2011, the Financial Reporting Standard 102 (FRS102) and the requirements of the Charities Statement of Recommended Practice based thereon.

The charity is a public benefit entity as defined under FRS102. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

Income

Income from donations is included in income when these are receivable, except as follows:

- I. When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods;
- II. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Expenditure

Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

Raising funds

Raising funds expenditure include those costs incurred in seeking voluntary contributions, costs of goods sold and other costs which include the costs of running and participating in fundraising events and collections and cost of goods purchased for resale.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are included within support costs.

Pension costs and other post-retirement benefits

The charity contributes to defined contribution pension schemes. Contributions payable to the charity's pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

Tangible fixed assets

Fixed assets are held at cost less accumulated depreciation. Assets costing less than £1,000 are not capitalised. Depreciation is calculated so as to write off the cost of an asset, less its estimated ultimate residual value, over the useful life of that asset as follows:

Centre Refit - over 10 years; straight line

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any discounts due.

Cash and cash equivalents

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

LIFESKILLS - LEARNING FOR LIVING**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2021****1 Accounting policies (continued)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Further explanation of the nature and purpose of each fund is included in note of the financial statements.

2 Income from: Donations and legacies

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Donations	37,177	-	37,177	99,657
Grants from Partner Organisations	50,000	-	50,000	18,700
Coronavirus Job Retention Scheme	52,382	-	52,382	-
	<u>139,559</u>	<u>-</u>	<u>139,559</u>	<u>118,357</u>

All income from donations and legacies in 2020 was unrestricted.

3 Income from: Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Schools entry fees	28,999	-	28,999	83,214
	<u>28,999</u>	<u>-</u>	<u>28,999</u>	<u>83,214</u>

All income from charitable activities in 2020 was unrestricted.

4 Income from: Other trading activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Training	-	-	-	2,203
	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,203</u>

All income from other trading activities in 2020 was unrestricted.

5 Expenditure on: Raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Salaries	15,124	-	15,124	13,652
	<u>15,124</u>	<u>-</u>	<u>15,124</u>	<u>13,652</u>

All expenditure on raising funds in 2020 was unrestricted.

LIFESKILLS - LEARNING FOR LIVING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

6 Expenditure on: Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Business				
Consultancy	841	-	841	1,178
Service charge	-	-	-	39,320
Insurance	2,417	-	2,417	2,423
Subscriptions	2,273	-	2,273	2,742
Catering	-	-	-	1,186
Printing, postage and stationery	1,221	-	1,221	2,528
Publicity	1,744	-	1,744	-
Sundry expenses	451	-	451	1,143
Staff				
Costs (Salaries)	103,726	-	103,726	120,400
Expenses - Staff	252	-	252	1,240
Staff training	75	-	75	781
DBS	52	-	52	775
Volunteer guide expenses	4,100	-	4,100	9,098
Gifts	33	-	33	1,055
Clothing	-	-	-	823
Development				
Furniture/Fittings/Equipment	32	-	32	125
Repairs/Maintenance	1,437	-	1,437	1,955
Projects				
Depreciation	34,260	-	34,260	34,260
Governance Costs				
Accountancy and financial advice	360	-	360	369
Audit fees (Prior year)	1,543	-	1,543	3,576
Independent examination fees	2,280	-	2,280	-
	<u>157,097</u>	<u>-</u>	<u>157,097</u>	<u>224,977</u>

The only restricted expenditure on charitable activities in 2020 was Depreciation costs.

LIFESKILLS - LEARNING FOR LIVING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

7 Net income/(expenditure) for the year

This is stated after charging:

		2021	2020
		£	£
Auditors' remuneration	- for examination services	-	2,200
	- over(under) accrual	1,543	(35)
Independent examiners' remuneration	- for examination services	2,280	-
Trustees' travel, meeting and training expenses		-	-
Depreciation		34,260	34,260

No Trustees have been reimbursed for their out of pocket travel expenses (2020: Nil). No Trustee received any remuneration during the year.

Aggregate donations from Trustees, key management personnel, and other related parties was £Nil (2020: £Nil).

8 Staff costs and numbers

The aggregate payroll costs were:

	2021	2020
	£	£
Wages & salaries	109,769	121,741
Social security costs	5,188	10,847
Pension contributions	3,944	4,465
	118,901	137,053

No employee received emoluments of more than £60,000 in the current or prior year.

The average weekly number of employees during the year was 5 (2020: 5), calculated on the basis of average headcount. The total employment benefits received by key management personnel including employer national insurance and employer pension were £74,662 (2020: £77,527).

9 Taxation

The charity is exempt from corporation tax on its charitable activities.

LIFESKILLS - LEARNING FOR LIVING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

10 Statement of Financial Activities comparative figures

For the year ended 31 March 2020	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Income from:			
Donations and legacies	118,357	-	118,357
Charitable activities	83,214	-	83,214
Other trading activities	2,203	-	2,203
Total income	203,774	-	203,774
Expenditure on:			
Raising funds	13,652	-	13,652
Charitable activities	190,717	34,260	224,977
Total expenditure	204,369	34,260	238,629
Net income/(expenditure) for the year and net movement in funds	(595)	(34,260)	(34,855)
Total funds at start of year	149,280	245,441	394,721
Total funds at end of year	148,685	211,181	359,866

11 Tangible fixed assets

	Centre Refit £	Total £
Cost or valuation		
At 1 April 2020	342,599	342,599
At 31 March 2021	342,599	342,599
Depreciation		
At 1 April 2020	135,098	135,098
Charge for the year	34,260	34,260
At 31 March 2021	169,358	169,358
Net book value		
At 31 March 2021	173,241	173,241
At 31 March 2020	207,501	207,501

LIFESKILLS - LEARNING FOR LIVING**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2021****12 Debtors**

	2021	2020
	£	£
Due in less than one year:		
Trade debtors	39,509	10,204
Prepayments and accrued income	465	1,323
	<u>39,974</u>	<u>11,527</u>

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	7,808	-
Taxes and social security costs	1,564	4,123
Accruals and deferred income	15,375	2,211
	<u>24,747</u>	<u>6,334</u>

14 Company Status

The company is limited by guarantee. Every member of the charity undertakes to contribute such amount as may be required (not exceeding £1 to the charitable company's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the charitable company's debts and liabilities contracted before he or she ceases to be a member.

15 Movement in funds**For the year ended 31 March 2021**

	At 1 Apr				At 31 Mar
	2021	Income	Expenditure	Transfers	2021
	£	£	£	£	£
Restricted funds					
Older People Project	3,018	-	-	-	3,018
Redevelopment	662	-	-	-	662
Redevelopment fixed asset fund	207,501	-	-	(207,501)	-
	<u>211,181</u>	<u>-</u>	<u>-</u>	<u>(207,501)</u>	<u>3,680</u>
Unrestricted funds					
Redevelopment fixed asset fund	-	-	(34,260)	207,501	173,241
General funds	148,685	168,558	(137,961)	-	179,282
	<u>148,685</u>	<u>168,558</u>	<u>(172,221)</u>	<u>207,501</u>	<u>352,523</u>
Total funds	<u>359,866</u>	<u>168,558</u>	<u>(172,221)</u>	<u>-</u>	<u>356,203</u>

Restricted funds

The Older People project trains and educates the over 60's about safety issues.

Redevelopment relates to the costs of redeveloping the centre to meet demand.

LIFESKILLS - LEARNING FOR LIVING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

15 Movement in funds (continued)

Designated funds

Redevelopment fixed asset fund - these funds represent the value of tangible fixed assets held in the Balance Sheet and are included within a separate designated fund to indicate that these funds are not available to be spent within general funds or free reserves without the sale of the assets. As at 31 March 2021 this reserve amounted to £173,241 (2020: £207,501). The transfer is to reflect the fact that the initial restriction was discharged when the assets were purchased and this new classification better reflects the status of these funds.

For the year ended 31 March 2020

	At 1 Apr 2019	Income	Expenditure	Transfers	At 31 Mar 2020
	£	£	£	£	£
Restricted funds					
Older People	3,018	-	-	-	3,018
Redevelopment	662	-	-	-	662
Redevelopment fixed asset fund	241,761	-	(34,260)	-	207,501
	<u>245,441</u>	<u>-</u>	<u>(34,260)</u>	<u>-</u>	<u>211,181</u>
Unrestricted funds					
General funds	149,280	203,774	(204,369)	-	148,685
	<u>149,280</u>	<u>203,774</u>	<u>(204,369)</u>	<u>-</u>	<u>148,685</u>
Total funds	<u>394,721</u>	<u>203,774</u>	<u>(238,629)</u>	<u>-</u>	<u>359,866</u>

16 Analysis of net assets between funds

	Restricted Funds	Unrestricted Designated Funds	Unrestricted General Funds	Total
	£	£	£	£
As at 31 March 2021				
Tangible fixed assets	-	173,241	-	173,241
Other net assets	3,680	-	179,282	182,962
	<u>3,680</u>	<u>173,241</u>	<u>179,282</u>	<u>356,203</u>
As at 31 March 2020				
Tangible fixed assets	207,501	-	-	207,501
Other net assets	3,680	-	148,685	152,365
	<u>211,181</u>	<u>-</u>	<u>148,685</u>	<u>359,866</u>

17 Related party transactions

There are no transactions with trustees or other related parties other than those disclosed as required by the SORP elsewhere in the financial statements.