

FRESHWINDS

A COMPANY LIMITED BY GUARANTEE

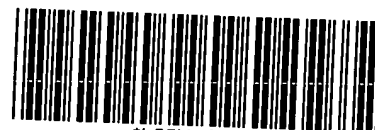
COMPANY NUMBER - 03936089

REGISTERED CHARITY - 1079968

ANNUAL REPORT AND AUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2015

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29/04/2016

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FRESHWINDS

LEGAL AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2015

The company is a registered charity, governed by its memorandum and articles of association.

Trustee Directors: Mohammed Sulieman Ibrahim Ibn Hassan Al Nur Al-Rahim (Founder, President and CEO)
Justin Kite (Chair)
Roland Heinke
Nicholas Scott
Dr Sukdev Singh
Jacqueline Whitehead

The directors of the Charitable Company ("the Charity") are its Trustees for the purposes of charity law and throughout the report are collectively referred to as the Trustees.

Executive Directors: Linette Tatton-Brown (Vice President and Director of Integrated Medicine)

Carol Hebden (Vice President and Director of Support Services)
(Resigned January 2015)

James Voller (Director of Development, HR and Finance)

Principal and Registered Office: Freshwinds
Prospect Hall
12 College Walk
Selly Oak
Birmingham
B29 6LE

Banker: Triodos Bank
Deanery Road
Bristol
BS1 5AS

Solicitors: Browne Jacobson
Victoria Square House
Victoria Square
Birmingham
B2 4BU

Statutory Auditors: Lewis Smith and Co
The Old Doctor's House
74 Grange Road
Dudley
West Midlands
DY1 2AW

FRESHWINDS

FOUNDER, PRESIDENT AND CEO'S STATEMENT

YEAR ENDED 31 MARCH 2015

As with many years in recent times the environment has been a very mixed one of differing emotions and challenges. One of the big opportunities for Freshwinds has obviously been our Jesoor Al Salaam programme and within the context of the international environment, and indeed in spite of it, we have done exceedingly well. We are some months away from finalising our significant purchase of a site of 14.5 acres although there are some delays due to the timeline requirements of the present occupiers. This is the site on which to construct our building which is for the health and education needs of all Birmingham's communities and we also expect it to have an international training programme and to run an internationally-renowned, world-class service.

This comes as a culmination of 2 years of very hard work but we are now very confident of some remarkable events in the history of Freshwinds with our Jesoor Al Salaam programme. Over the last 2 years, and from very early on, we have had an agreement to receive a donation of £10 million to purchase the land as well as for infrastructure. Some of the challenges in the last year have been around finding a suitable site that is large enough to accommodate our 5 storey building as well as enough space for ornamental landscaped gardens. I am pleased to say that after 2 previous attempts we have located a site that is perfectly suited to our needs and the demographics of the communities we serve. We have begun our negotiations and we expect to finalise this first phase by mid 2016.

I think it is very important to acknowledge the enormous work of James Voller, Mr Mohamed Younis and our international colleagues and donors who have been generous with their time, support and funding.

Of course this work has been done in an environment of still very challenging situations for the citizens of Birmingham given the continuing austerity that we face which has had a significant impact upon the local third sector community. Many organisations like ours are seeing some contracts coming to an end or being reduced further whilst we are at the same time seeing needs rising both in volume and complexity. This has undoubtedly caused me a lot of professional strain given that Freshwinds is very heavily networked and supportive of the sector through our consortium activities, many of which we lead. Whilst it is a great gift to be as respected as Freshwinds is for its integrity, ethics and championing of service user needs and the third sector, it is also intensely stressful as one participates not only in meeting the needs of one's own service users but also in assisting the survival and success of other services in the wider context.

We are very pleased to have been supported again this year by BIG Lottery for our work with people living with HIV, particularly those with indeterminate status (in partnership with ABplus) who often find themselves in extreme destitution and with no one else to turn to. We would also like to thank the MAC AIDS Fund for their continuing support of our work with African people who are still stigmatised and marginalised.

We were very happy this year to receive a delegation from the Asun Nanum Foundation from South Korea who had heard of our reputation internationally, particularly in respect of our Integrated Medicine project, and visited us to learn more of our best practice and integrated medicine and providing services for people living with life-threatening illnesses. This was a highly rewarding experience. Very often, many of our staff and volunteers do not have the opportunity to receive the praise and feedback for the wonderful work that they do (indeed the same can be said for myself and my senior colleagues as we are most often concerned primarily with the challenges of the current environment) and so it was uplifting to receive that feedback from well respected professionals from another country. We hope also that our knowledge sharing with the many organisations within the delegation can play a part in helping to improve the delivery of care and support for people living with life threatening illnesses in South Korea. It was also touching to hear that we had been the subject of a Korean television programme based on the experiences of a

FRESHWINDS

FOUNDER, PRESIDENT AND CEO'S STATEMENT

YEAR ENDED 31 MARCH 2015

previous client of ours and the difference we had made to her and her child while they were living in Birmingham.

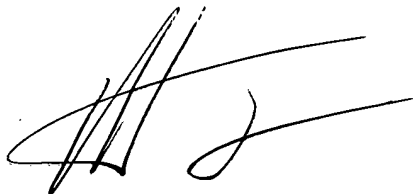
This is all part of our welcome for international exchanges. We have for many years participated in the European Voluntary Service youth programme and this year we were delighted to host Oscar who came to us from Uruguay to learn how organisations in the third sector work in the UK. We will be welcoming 2 more volunteers from April 2015, one from Vietnam and one from Indonesia.

We were very pleased to receive funding for our new heritage project "Evolutions of Health" from the Heritage Lottery Fund. This project is collecting and curating the history of the NHS from the perspective of Birmingham's diverse communities.

Our work with the Community Support Network continues and we are hoping in 2015/16 period to make some very meaningful and significant gains to support many of the small community organisations, food banks etc, who are working with those in extreme crisis. This is also linked to our continuing significant involvement in the City's Multi Agency Committee which has made some very important impacts and changes in practice which have supported organisations and individuals in their interaction with advice services as well as statutory provisions.

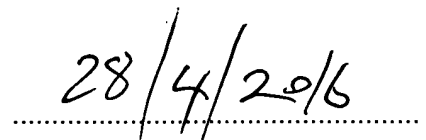
On a very sad note, it is my duty also to report that after many years of service with Freshwinds, first as a volunteer therapist, then as a staff member, manager and most recently Vice President and Director of Support Services, Carol Hebden has this year decided that now is the opportunity to start her own consultancy company. Carol has been a pivotal part of Freshwinds' services for many years and has been at the heart of some of our very significant achievements in that time. Carol has decided that this time of change for Freshwinds was an opportunity for her to begin a new journey and utilise her talents and explore opportunities as a consultant in the Third Sector. Of course we completely understand Carol's decision but it is nevertheless a sad moment for Freshwinds' management team who have worked closely with Carol for a long time. Once Carol has fully established her new consultancy we look forward to opportunities for us to work together in the not too distant future. Of course it goes without saying that we wish Carol every success and happiness on her new journey.

Whilst we look forward to the new wonderful opportunities in the next year, both in commissioning of local service and also for a large scale projects, we always are minded that it is with all the efforts of our wonderful volunteers, therapists, health professionals, support workers as well as our staff, managers and our Board of Trustees who are the life-blood of our service. I would also, on a personal note, like to thank those service users who, in our most challenging moments, came to us, and to me personally, to remind us of the great difference that we have made to their lives, some of whom are alive because of our work with them. Their deep and passionate thanks to us serve as an invigoration to us and a clarion call to continue our work no matter the challenge, no matter the difficulty.



Mohammed Al-Rahim

Founder, President and CEO



Date

FRESHWINDS

VICE PRESIDENT AND DIRECTOR OF INTEGRATED MEDICINE STATEMENT

YEAR ENDED 31 MARCH 2015

I would like to start by thanking our team of therapists who give freely of their time to provide a high quality of care for our clients through their therapeutic interventions, with their continued commitment to Freshwinds the Integrated Medicine department has been able to maintain a wide range of Complementary Therapies.

This 12 month period has seen a growth and development of our integrated therapeutic model to further enhance our support specifically for people's mental, emotional and psychological wellbeing. This has come about largely through collaborative and partnership with other third sector organisations jointly delivering both CCG and European funded contracts.

The first of these programmes was a six month contract with the Birmingham branch of Freedom against Torture. The cohort we worked with was torture victims from the Middle East and this was both a challenge and a privilege as well as a deeply humbling experience. One of the main challenges was the language barrier and working often through interpreters whilst still provide a relevant person centred programme for clients with very traumatic experiences which have left deep psychological trauma. It has been a privilege to have their earned their trust enough for them to share their painful experiences with us and humbling to witness such dignity and gratitude.

This year also saw the start of our working as a member organisation in the Edgbaston Wellbeing Hub, a pilot programme commissioned by Birmingham South and Central CCG, to provide a cohesive, trusted and co-ordinated range of services to support individuals' wellbeing. These services range from psychological therapies, advocacy and advice to gardening and horticultural therapy.

In November we became a part of a group of providers subcontracted by Birmingham Mental Health Consortium to deliver Improving Access to Psychological Therapies (IAPT), programme commissioned by the local CCG's. Initially it was a six month pilot but, due to the very positive outcomes achieved, it has been re-commissioned for a further twelve months.

The Integrated Medicine department had a twelve month project commissioned by Prostate Cancer UK. This involved promoting awareness of our therapeutic services and the benefits to the clients' general wellbeing. This included participating in wellness promotion events with Penny Brohn UK and the local specialist cancer hospital departments.

Alongside the new developments we have still been delivering our Living Choices programme, commissioned by the 3 CCGs. It is a service that we remain passionate about; using of Complementary Therapies to help those and the end of life to remain at home or a residence of their choice, with a quality and dignity of life.

All the team of the Integrated Medicine department, staff, therapists and volunteers demonstrate a willing commitment to provide a caring and safe environment for all our clients, adults and children who live with a life limiting or life threatening illness. Without their dedication and commitment we would not have been able to deliver over 3,000 therapy sessions to this cohort of over 400 'in house' clients.

The above report is for me, a personal list of the reasons why I come to work alongside my colleagues, the department team and fellow directors and Founder, President and CEO. The future is bright, as we continue to develop and resource more projects and increase the support we provide within our community.

Linette Tatton-Brown
Vice President and Director of Integrated Medicine



28/04/2016
Date

FRESHWINDS

DIRECTOR OF DEVELOPMENT, HR AND FINANCE STATEMENT

YEAR ENDED 31 MARCH 2015

It is my pleasure once again to report on the new developments that are happening at Freshwinds and the direction that these will take our organisation in achieving our mission.

Last year I reported that we had been planning the implementation of some very significant building programmes working with some major donors from countries within the Gulf Cooperation Council as part of our "Jesoor Al Salaam" theme of projects. I am delighted to say that these plans have continued to progress very well and we are excited about the developments that we will be able to announce formally very soon. In particular we have secured commitment to an initial donation of £10 million to purchase the land for our major building programme as well as to fund some important infrastructure needs, particularly to support our fundraising activity with both major international donors as well as more locally. We have expanded on our plans for this project which is now circa £60 million and will be a significant community asset for Birmingham and all local people, providing much needed health and rehabilitative services as well as significant associated employment opportunities. This is the first phase of a collection of programmes which together are planned to be in the region £90 - £100 million. We have experienced some delays to the negotiations regarding the site, due in large part the occupation needs of the present owner, but we believe that we will work through these matters relatively easily by extending some of our own timelines.

We are delighted to report that we have received our security clearance to work with organisations in the United Arab Emirates and we are already working with a number of prestigious individuals and organisations there as we as other countries in the region. We had planned to open an office in Abu Dhabi this year but we expect to achieve that goal in 2016 now that our security clearance has been granted. Mohammed Al-Rahim and I were delighted to make our first visit to one of those organisations in April 2015 and we have a further visit planned in May 2016 to progress our establishment of an office and fundraising efforts.

We are deeply grateful to our Emirati colleagues there who have been working very hard with us to reach this landmark which has opened up a great many important opportunities. This is a testament to their passion and belief in our project which has been heart-warming and greatly encouraging, especially in the light of our overarching aim to promote peace, understanding and close, integrated working between all people.

Once again we give our heartfelt thanks to the professional who have provided such valuable assistance in the development of our plans and we look forward to making formal announcement very soon.

Alongside these new and exciting areas of work, we are continuing to develop our other services through what has continued to be a challenging period particularly in relation to statutory commissioning. The coming year will see a number of new opportunities that we are focused on which include innovations in advice and guidance and the development of our work as part of the Birmingham HIV Partnership to also now include people with TB. We are also enhancing our already extensive work as part of a number of important strategic partnership and networks particularly in relation to managing crisis needs, mental health and carers. Many of these developments are already well underway.

We are also looking at how best to use our award winning model of Community Health Champions to support the general health and wellbeing of the citizens of our city, taking a preventative approach to support statutory services in what remain a very challenging fiscal environment. We have already developed some innovations to maximise the effectiveness of this model particularly with a view to supporting with the agendas of both Public Health and local CCGs.

Finally, at time of writing, I am very pleased to welcome and introduce our Operations Manager, Mr Ian Dalton. As I and my fellow Directors focus more heavily in the coming year on our new

FRESHWINDS

DIRECTOR OF DEVELOPMENT, HR AND FINANCE STATEMENT

YEAR ENDED 31 MARCH 2015

developments, particularly our major building programme, Ian will be overseeing the day to day operations of the organisation. Ian comes to us with a strong track record in both the private and voluntary sectors and we are delighted that he has joined our team. In early 2016 we expect to enhance our senior and development team still further in recognition of the greater role that the Directors will be taking in progressing our higher-level strategic work.

Despite the challenges of the last few years, not just for Freshwinds but for much of the voluntary sector, there are now a number of important opportunities for growth and development. As an organisation we are well placed to capitalise on these opportunities always with our focus on meeting the needs of the citizens of Birmingham who need our help and assistance now more than ever.



James Voller

Director of Development, HR and Finance

28/04/2016

Date

FRESHWINDS
OPERATIONS MANAGER STATEMENT
YEAR ENDED 31 MARCH 2015

Freshwinds continues to work with many vulnerable citizens across Birmingham and it is through the dedication, commitment and hard work of all the team that we provide a huge amount of services that meet these needs. I am proud to have joined a team that has made such a difference to so many individuals throughout the year and am positive that this will continue. If it is not for the holistic, person centred approach of Freshwinds it would not have been possible to achieve the results we have and provide the level of service to the citizens who find themselves in desperate need often nowhere else to turn to.

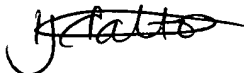
The whole team have supported and empowered individuals to move forward through their individual journeys at time when life can be at its most challenging, ensuring that we get the best result for the individual each and every time. Freshwinds constantly builds new relationships and work in partnership with many other charities and organisations allowing for a sustained onward journey and being confident that albeit our work with the individual has come to an end further networks and support is in place and that clients are in control of their future.

We must also not underestimate the impact our work has not only on the individuals who utilise our services, but to their families and wider communities.

It is through the dedication of our Family Support Workers in SureStart Centres, Supporting People team, FInDA advice service, the administrative support team our Directors and Board of Trustees that work tirelessly to make a difference to each and every person that requires our services. Not to forget the commitment and loyalty of Freshwinds' volunteers. Without the additional support volunteers provide we would not be in a position to provide all the services we do and for that we are truly thankful.

I am sure we will have a number challenging years ahead with further cuts in budgets and services resulting in greater demand and having to provide more with less, but we will strive to improve, to achieve and to seek opportunity wherever possible.

It is an exciting time to be working for a charity and a Founder, President and CEO with a clear vision that is inclusive, caring and a desire to make a difference to every person that passes through the door.



Ian Dalton
Operations Manager

28/4/16

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Date

FRESHWINDS
TRUSTEES REPORT
YEAR ENDED 31 MARCH 2015

Structure, Governance and Management

Freshwinds is registered charity and a company limited by guarantee operating under its memorandum and articles of association dated 21st February 2000.

The Trustees of the Charity are its Directors and decisions are made by the Trustees acting as a quorate body. Major risks have been reviewed and systems or procedures have been established to manage those risks.

Objectives, Activities and Public Benefit

Freshwinds principal objectives are:

1. To advance for the benefit of the public the study and practice of the art and science of integrated therapies and medicines and the healing arts including complementary therapies, spiritual healing and other disciplines and promote research into such disciplines for the public good
2. To relieve sickness, ill health, disability, social exclusion and to preserve and protect good health by the provision of such disciplines
3. To advance education and training including training for employment or work and the development and enhancement of life skills and career prospects for the public good
4. To relieve poverty and social disadvantage and facilitate individual and societal regeneration and rehabilitation

With reference to the Charity Commission Guidance on 'Charities and Public Benefit', the Trustees are confident that these objectives and the activities that the charity undertakes are in accordance with the regulations on public benefit.

Achievements and Performance and Financial Review

The Registered Charitable Company received donations and grants totalling £1,211,840. A total of £(46,645) was owed to the bank as at 31 March 2015.

The fund balances have remained in deficit at the end of this financial year. The Board of Trustees have taken remedial action to this and have significant investment post year-end from a third party donor.

The Charity is organised in accordance with the Charity Commission Guidelines and this report and accounts fully comply with the Charity's SORP 2005.

Risk Management

The Trustees have examined the major strategic, business and operation risks which the Charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Reserves Policy

The charity needs reserves both to enable it to progress to completion its long term projects and to protect its current activities, in order to allow the trustees to meet their responsibilities and ensure that it continues to operate on a going concern basis. The trustees have examined the needs, risks and challenges faced by the charity in both the short and medium term, along with relevant financial forecasts, and have formulated a policy to meet those needs.

FRESHWINDS
TRUSTEES REPORT
YEAR ENDED 31 MARCH 2015

Auditors

The trustees have elected to retain Lewis Smith and Co. as its registered auditors.

Members' Guarantee

Each member's liability is limited by guarantee to £1 and consequently the company does not have a share capital.

The Charity has in place indemnity insurance for the Trustees in the sum of £5,000,000.

In preparing this report the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Trustee Recruitment

Freshwinds' Board of Trustees are recruited and selected by the current members of the Board from the service users, volunteers and stakeholders of the organisation. The Board regularly undertakes skills audits to assess the needs of the Board and to identify any training needs or where a new member with those skills needs to be recruited. All applicants who are approached are required to submit a C.V. for discussion by the Board and are required to attend an informal interview with the Chair of the Trustees. Once the Trustees have agreed the appointment, a full induction is provided. From the regular skills audits carried out by the Board, a training and development strategy is produced and opportunities are sourced to meet the needs identified, both individually and as a group.

Use of Volunteers

The Trustees wish to express their gratitude to the many volunteers who support Freshwinds and without whom it would not be possible for the organisation to continue to provide the vital services that it does.

Subsidiaries

The Charity has 3 trading subsidiaries namely Freshwinds Information Technology Ltd, Freshwinds Institute of Integrated Medicine Ltd, Freshwinds Immigration Advice Solutions Ltd. Freshwinds Care Developments Ltd is currently dormant.

Related Parties

Mohammed Al-Rahim is also the Chair of Trustees of African Community Council for the Regions.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards) and applicable law.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these financial statements, the trustees are required to:

**FRESHWINDS
TRUSTEES REPORT**

YEAR ENDED 31 MARCH 2015


- Select suitable accounting policies and then apply them consistently;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for ensuring that adequate accounting records are maintained that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and ensuring their proper application in accordance with charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. So far as each of the Trustees is aware at the time the report is approved:

- There is no relevant audit information of which the Company's auditors are aware; and
- The Trustees have taken all steps that ought to have been taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by the Trustees and Signed on their behalf:



Mohammed Sulieman Al-Rahim

28/4/2016
Date

FRESHWINDS
INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS AND TRUSTEES OF FRESHWINDS
YEAR ENDED 31 MARCH 2015

Independent Auditor's Report to the trustees of Freshwinds

We were engaged to audit the financial statements of Freshwinds for the year ended 31 March 2015 which comprise of the Summary Income and Expenditure Account, the Balance Sheet, and the related notes set out on pages 15 - 25. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's trustees, as a body, in accordance with regulations made under section 154 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on pages 6 – 7, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

The trustees have elected for the financial statements to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly we were appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

We were engaged to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

As a result of the matter described in the basis for disclaimer of opinion paragraph, we were not able to obtain sufficient audit evidence to provide a basis for an audit opinion.

Basis for disclaimer of opinion

The charity has included in note 3 to the financial statements its assessment of the appropriateness of the going concern basis of accounting.

We had a limitation of scope placed upon us as we were not provided with information in support of the Trustees assessment of going concern.

As a result, we were unable to determine whether the going concern basis of accounting was appropriate or if there would be any adjustments necessary if that basis were inappropriate.

FRESHWINDS
INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS AND TRUSTEES OF FRESHWINDS
YEAR ENDED 31 MARCH 2015


Disclaimer of opinion

Because of the significance of the matter described in the basis for disclaimer of opinion paragraph, we have not been able to obtain sufficient audit evidence to provide a basis for an audit opinion. Accordingly, we do not express an opinion on the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.



.....
Craig Alan Beale
Senior Statutory Auditor
For and on behalf of
Lewis Smith & Co
Statutory Auditor
The Old Doctor's
74 Grange Road
Dudley
West Midlands
DY1 2AW

28 APRIL 2016

.....
Date

FRESHWINDS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2015

	Note	Un- Restricted Funds £	Restricted Funds £	2015 Total £	2014 Total £
INCOMING RESOURCES					
Income from Charitable Activities					
Donations and grants	4	20,735	1,102,105	1,122,840	1,229,640
Incoming Resources from Generated Funds					
Other Income	5	<u>89,156</u>	<u>-</u>	<u>89,156</u>	<u>174,895</u>
TOTAL INCOMING RESOURCES		<u>109,891</u>	<u>1,102,105</u>	<u>1,211,996</u>	<u>1,404,535</u>
RESOURCES EXPENDED					
Charitable Activities	8	211,304	1,113,423	1,324,727	1,459,387
Governance costs	9	<u>-</u>	<u>6,600</u>	<u>6,600</u>	<u>6,600</u>
TOTAL RESOURCES EXPENDED		<u>211,304</u>	<u>1,120,023</u>	<u>1,331,327</u>	<u>1,465,987</u>
Transfer Between Funds		-	-	-	-
NET INCOMING RESOURCES AND MOVEMENT IN FUNDS		(101,414)	(17,918)	(119,332)	(61,452)
FUND BALANCES BROUGHT					
FORWARD AT 1 APRIL 2014		(68,077)	17,918	(50,159)	11,293
FUND BALANCES CARRIED FORWARD AT 31 MARCH 2015		<u>(169,491)</u>	<u>-</u>	<u>(169,491)</u>	<u>(50,159)</u>

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 15 to 25 form part of these accounts.

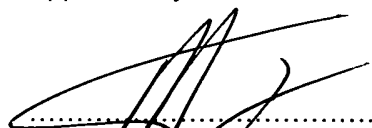
**FRESHWINDS
BALANCE SHEET**

31 MARCH 2015

	Notes	2015 £	2014 £
FIXED ASSETS			
Tangible assets	10	<u>64,653</u>	<u>90,963</u>
INVESTMENTS	11	<u>7</u>	<u>7</u>
CURRENT ASSETS			
Debtors	12	150,068	219,508
Cash at bank and in hand		<u>60</u>	<u>20</u>
		<u>150,128</u>	<u>219,528</u>
CREDITORS amounts falling due Within one year			
Trade creditors		147,751	99,925
Amounts due to subsidiaries		1,911	1,008
Other taxes and social security costs		82,344	142,805
Bank loan and overdraft		46,645	46,602
Other creditors		92,153	63,477
Accruals and deferred income		<u>13,475</u>	<u>6,840</u>
		<u>384,279</u>	<u>360,657</u>
NET CURRENT (LIABILITIES)/ ASSETS		(234,151)	(141,129)
NET (LIABILITIES)/ASSETS		<u>(169,491)</u>	<u>(50,159)</u>
FUNDS			
Unrestricted		(169,491)	(68,077)
Restricted	15	-	17,918
Total funds		<u>(169,491)</u>	<u>(50,159)</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the trustees on 28/4/2016 and signed on their behalf :


.....
Mohammed Suleiman Al-Rahim

Registered Company– 03936089
Registered Charity - 1079968

The notes on pages 15 to 25 form part of these accounts.

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

1. BASIS OF ACCOUNTING

The financial statements have been prepared under the Companies Act 2006 in accordance with applicable accounting and financial reporting standards in the United Kingdom, and the Statement of Recommended Practice (SORP): Accounting and Reporting by Charities issued in March 2005.

The financial statements have been prepared under the historical cost convention. The Charity is reliant on donations and grants to fund its activities.

As the parent company, the company has not prepared group accounts in accordance with the Companies Act 2006 for small companies exemption.

1.1 Going Concern

The Trustees have prepared the accounts on a going concern basis and are not aware of any circumstances likely to affect this in the foreseeable future.

2. ACCOUNTING POLICIES

The principal accounting policies adopted in the preparation of the accounts are as follows:

2.1 Incoming resources

2.1.1 Donations and grants

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.
- When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable

2.1.2 Interest receivable

Interest is included when receivable by the charity.

2.2 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include audit fees and costs linked to the strategic management of the Charity.

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Operating leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Hire Purchase and lease purchase

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives and those held under finance lease are depreciated over their estimated useful lives or the lease term whichever is shorter. The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

2.4 Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees, or

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.5 Depreciation of Tangible Assets

Fixed assets costing more than £100 are capitalised and depreciated over their estimated useful lives as follows :-

Office equipment	- 20% straight line
Computer equipment	-20% straight line
Furniture and fixtures	- 20% reducing balance
Leasehold premises	- 4% straight line

3. Going Concern

The financial statements have been prepared on a going concern basis notwithstanding that at year end the net liabilities exceeded the Charity's assets and that the fund balance was in deficit. The Trustees have considered the appropriateness of preparing these financial statements on a going concern basis and have decided that it is still appropriate to do so for the following reasons.

The Charity has agreed a significant donation of £10,000,000 from an international funder which will improve the cash flow and financial position of the Charity and secure its financial position for the foreseeable future. This is an initial, first donation towards a large collection of programmes which includes a significant capital building project as its centrepiece which will form a solid asset base for the Charity into the future. The Trustees had anticipated that this initial donation would be received earlier but a number of factors have culminated in some delays. This is partly due to the progress of negotiations regarding the purchase of

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

land to which this funding relates and partly due to the complexities of the funder's business arrangements. These matters have now been resolved and the funds will be received very shortly. The Trustees have received formal, written confirmation from the funder that they have agreed to make an initial, first donation of £10,000,000 and whilst the Trustees consider those funds to be an owing to the Charity have decided prudently not to include them as a debtor within the financial statements for this year but to include them more appropriately in the subsequent year to March 2016.

The Charity is also actively engaged with a number of other donors to agree further significant donations towards its Jesoor Al Salaam programme in autumn 2016 and early 2017. Indeed senior representatives of the charity have already visited representatives of potential donor organisations in the Gulf for very productive meetings and will be visiting them again within the next month with a view to securing more funding and support. The Charity is also currently working with colleagues in the Gulf with a view to establishing an office there for the purposes of fundraising. At the present time the Charity is deciding whether this office should be based within one of the major cities or within the designated "Humanitarian City" that has been established in UAE.

In addition, the Charity is currently awaiting the outcome of a number of significant funding bids and statutory procurement activities, both directly and as members of various consortia, and is satisfied that the Charity's prospects from that activity are very strong. There will also be a number of new opportunities in the coming months that Freshwinds is well placed to capitalise on. This will support a return to strong growth across the increasing range of the Charity's activities.

On the basis of the above, the Trustees are very confident about the future prospects of Freshwinds and consider that it is appropriate for these financial statement be prepared on a going concern basis.

FRESHWINDS
NOTES TO THE ACCOUNTS
YEAR ENDED 31 MARCH 2015

4. DONATIONS AND GRANTS

Donations and grants were received from the following organisations :-

	Un-Restricted	Restricted	
	Funds	Funds	
	2015	2015	2014
	£	£	£
BCC - Supporting People	-	410,168	381,806
Primrose Hospice	-	1,200	1,200
B'ham CCGs - Living Choices	-	52,527	25,108
B'ham Public Health – Bro-Sis Tier 3 Drug Services	-	-	34,196
BCC – B'ham HIV Partnership	-	94,623	90,000
Aquarius - Coventry Advocacy Project	-	4,379	14,777
Hardship Grants	-	-	5,820
Heritage Lottery Fund	-	-	9,900
Jobcentre Flexible Support Fund	-	-	2,575
BCC - Surestart Advice Worker	-	-	20,248
JMHCT - Community Health Champions	-	5,455	22,642
B'ham Public Health - HIV/AIDS Support	-	-	29,189
Evolutios of Health – Heritage Lottery	-	49,350	-
BCC - Surestart Family Health	-	245,084	315,118
FINDA –Safe and Sound	-	9,229	12,500
BIG Lottery - Positive Health Choices	-	98,600	48,675
BCC - Surestart Community Health	-	-	22,500
Together Against Cancer	-	37,159	24,000
B'ham Public Health – Sexual Health	-	-	30,000
B'ham Public Health - Community Champion	-	3,250	45,000
World TB Day	-	8,250	-
Carried forward to page 19	-	1,019,274	1,135,254

FRESHWINDS
NOTES TO THE ACCOUNTS
YEAR ENDED 31 MARCH 2015

Brought forward from page 18	-	1,019,274	1,135,254
Severn Trent Water Org	-	6,704	13,409
MAC AIDS Fund	-	47,500	47,287
Hilton Foundation		4,178	
Harborne Community Chest	-	7,500	-
UK Online – English My Way		6,000	
Harborne Parish – KX HPLC		5,969	
Others	<u>20,735</u>	<u>4,980</u>	<u>33,690</u>
	<u>20,735</u>	<u>1,102,105</u>	<u>1,229,640</u>

5. OTHER INCOME	2015	2014
	£	£
Recovery of wages and office costs	18,988	46,547
ICYE Students	530	4,770
Provision of training facilities	250	30,120
FINDA Income from Advice and Welfare	68,089	87,738
Therapy Services	<u>1,299</u>	<u>5,720</u>
	<u>89,156</u>	<u>174,895</u>

6. STAFF	2015	2014
	£	£
Staff costs:		
Wages and Salaries	792,805	869,825
Employers NI	<u>66,634</u>	<u>73,492</u>
	<u>859,269</u>	<u>943,317</u>
The weekly average number of employees during the year was made up as follows:	No	No
Employees	<u>42</u>	<u>48</u>
	<u>42</u>	<u>48</u>

No employee received remuneration amounting to more than £60,000.

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

6.1 Trustee Remuneration

The following payments have been made to Trustees as authorised by the Charities Commission and pursuant to empowering clauses in the constitution:

Mr Mohammed Al-Rahim, received a salary of £53,526 (2014: £53,526) – Chief Executive.

At 31st March 2015 £27,360 was owed to Mr Al-Rahim in respect of his net salary.

No expenses were paid to Trustees during the year.

7. INTEREST PAYABLE	2015	2014
	£	£
Bank Interest	1,075	2,554
On bank loan		
- repayable within five years	-	-
	<u>1,075</u>	<u>2,554</u>

8. CHARITABLE ACTIVITIES

	2015		2014
	Un-Restricted Funds	Restricted Funds	
	£	£	£
Wages and salaries	175,297	683,972	943,317
Rent and rates	-	201,857	210,790
Repairs and maintenance	-	931	3,238
Insurance –Medical, Public Liability	-	13,120	13,735
Recruitment costs	-	420	1,325
Printing, postage, stationery	-	6049	13,151
Subscriptions	-	103	4,528
Project and promotional costs	-	86,082	84,448
Telephone	-	9,573	9,168
Office equipment rental	-	7,671	7,104
Travelling expenses	-	8,876	10,404
Professional fees	-	13,178	2,867
Hardship payments	-	200	3,375
Therapy consultancy fees	-	10,706	10,891
Training	-	6,693	13,354
Patient health care products	-	323	429
Sundry expenses	600	2113	2,004
Depreciation	26,311	-	27,780
Support staff	-	61,556	65,443
Bank charges	3,284	-	1,481
Donations	-	-	1,600
Bank & loan interest payable	1,075	-	2,554
Bad debts written off	-	-	26,401
Interest on overdue taxation	5,196	-	-
Provision against amounts due from subsidiaries	<u>(459)</u>	<u>-</u>	<u>-</u>
	<u>211,304</u>	<u>1,113,423</u>	<u>1,459,387</u>

FRESHWINDS
NOTES TO THE ACCOUNTS
YEAR ENDED 31 MARCH 2015

9. GOVERNANCE COSTS

	2015	2014
	£	£
Auditors fees for audit services	<u>6,600</u>	<u>6,600</u>

10. TANGIBLE FIXED ASSETS

	Leasehold Premises	Fixtures, Fittings & Equipment	Total
Cost:			
Cost at 1 April 2014	56,379	230,363	286,742
Additions	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2015	<u>56,379</u>	<u>230,363</u>	<u>286,742</u>
Depreciation:			
Depreciation at 1 April 2014	5,073	190,706	195,779
Provision for the Year	<u>2,255</u>	<u>24,055</u>	<u>26,310</u>
At 31 March 2015	7,328	214,761	222,089
Net Book Value:			
At 31 March 2015	<u>49,051</u>	<u>15,602</u>	<u>64,653</u>
At 31 March 2014	<u>51,306</u>	<u>39,657</u>	<u>90,963</u>

11. INVESTMENTS

	2015 £	2014 £
Freshwinds Information Technology Ltd	1	1
Freshwinds Institute of Integrated Medicine Ltd	4	4
Freshwinds Immigration Advice Solutions Ltd	1	1
Freshwinds Care Developments Ltd	<u>1</u>	<u>1</u>
	<u>7</u>	<u>7</u>

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

11.1 HOLDINGS OF 20% OR MORE

The Charity holds 20% or more of the share capital of the following companies:

Freshwinds Information Technology Ltd which is a company registered in England carrying on business in Information Technology. The Charity owns 100% of the £1 ordinary share capital.

Freshwinds Institute of Integrated Medicine Ltd which is a company registered in England carrying on business in Integrated Medicine. The Charity owns 100% of the £1 ordinary share capital.

Freshwinds Immigration Advice Solutions Ltd which is a company registered in England carrying on business in Immigration and Nationality Services. The Charity owns 100% of the £1 ordinary share capital.

Freshwinds Care Developments Ltd which is a company registered in England. The Company is currently dormant and the Charity owns 100% of the ordinary share capital.

The aggregate amount of capital and reserves and the results of these undertakings for the last relevant financial year were as follows:

	Capital and Reserves	Profit/(Loss) for the year
Freshwinds Information Technology Ltd	£(98,238)	£(1,159)
Freshwinds Institute of Integrated Medicine Ltd	£ (9,510)	£ 201
Freshwinds Immigration Advice Solutions Ltd	£(62,471)	£ 141
Freshwinds Care Developments Ltd	£100	£ 99

12. DEBTORS

	2015 £	2014 £
Amounts due within 1 year		
Trade Debtors	86,977	137,777
Prepayments	<u>1,175</u>	<u>1,250</u>
	<u>88,152</u>	<u>139,027</u>
Amounts due after 1 year		
Amounts due from subsidiaries	<u>61,916</u>	<u>80,481</u>
Total Debtors	<u>150,068</u>	<u>219,508</u>

13. SECURED CREDITORS

The Charity has in place an overdraft facility which is secured by way of a debenture over the charity's assets.

The aggregate amount of secured liabilities was £46,645 (2014: £46,202).

FRESHWINDS
NOTES TO THE ACCOUNTS
YEAR ENDED 31 MARCH 2015

14. FINANCIAL COMMITMENTS

At 31 March 2015, the company has annual commitments under non-cancellable leases as follows:

	Land and Buildings	
	2015	2014
	£	£
One to two years	193,320	-
Two to five years	-	193,320

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

15. RESTRICTED FUNDS

	At 1.4.2014	Incoming Resources	Outgoing Resources	Transfer	At 31.3.2015
Birmingham Supporting People (Tenancy Support Services)	-	410,168	410,168	-	-
Primrose Hospice (Complementary Therapy Palliative Care)	-	1,200	1,200	-	-
Living Choices – HoBtPCT & NHS BEN (Complementary Therapy Palliative Care Outreach)	-	52,527	52,527	-	-
Birmingham Social Services (HIV Services)	-	94,623	94,623	-	-
Hilton Foundation (Parent Support Group Outings)	-	4,178	4,178	-	-
Harborne Community Chest (Debt Advice Services)	-	7,500	7,500	-	-
UK Online - (English My Way)	-	6,000	6,000	-	-
Aquarius (Service User Involvement and Advocacy Project - Coventry)	-	4,379	4,379	-	-
FINDA – Surestart Family Health (Children's Centre Family Support)	-	245,084	245,084	-	-
Together Against Cancer	-	37,159	37,159	-	-
Estee Lauder Cosmetics – MAC AIDS (Targeted work with the LGBT Community)	17,918	47,500	65,418	-	-
Harborne Parish Council (Debt Advice Services)	-	5,969	5,969	-	-
FINDA – Safe & Sound	-	9,229	9,229	-	-
Community Health Champions (MHJCT)	-	5,455	5,455	-	-
Heritage Lottery Fund	-	49,350	49,350	-	-
Severn Trent Water	-	6,704	6,704	-	-
World TB Day (TB Awareness activities)	-	8,250	8,250	-	-
Big Lottery Advice Services Fund	-	98,600	98,600	-	-
Others	-	4,980	4,980	-	-
Community Champion (D.A.A.T)	-	3,250	3,250	-	-
	<u>17,918</u>	<u>1,102,105</u>	<u>1,120,023</u>	<u>-</u>	<u>-</u>

16. ANALYSIS OF NET LIABILITIES BETWEEN FUNDS

FRESHWINDS

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2015

	Un-Restricted Funds £	Restricted Funds £	Total £
Fund balances are represented by:			
Tangible fixed assets	64,653	-	64,653
Investments	7	-	7
Current assets	150,128	-	150,128
Current liabilities	(384,279)	-	(384,279)
Total net assets	<u>(169,491)</u>	<u>-</u>	<u>(169,491)</u>

17. RELATED PARTY TRANSACTIONS

The Charity owns shares in 4 subsidiary companies and each of these is wholly owned by Freshwinds. These subsidiaries are Freshwinds Information Technology Ltd (FIT), Freshwinds Institute of Integrated Medicine Ltd (FIIM), Freshwinds Immigration Advice Solutions Ltd (FIAS) and Freshwinds Care Developments Ltd (FCD).

Mr Mohammed Al-Rahim is a trustee/director of Freshwinds and also of FIIM, FIT, FIAS and FCD.

Mrs Carol Hebden is an executive director of Freshwinds and also of FIIM, FIAS and FCD.

Mr James Voller is an executive director of Freshwinds and also of FIT.

During the year Freshwinds did not receive any income from FIT (2014 £31,637) and the balance due to Freshwinds at 31.03.2015 was £146,315 (2014: £164,880).

During the year Freshwinds did not receive any income from FIAS (2014-£15,970) and the balance due to Freshwinds at 31.03.2015 was £64,147 (2014-£64,606).

During the year Freshwinds did not receive any income from FIIM (2014-£315) and the balance due from Freshwinds at 31.03.2015 was £1,911 (2014-£(1,008)).

Freshwinds Care Developments Ltd has remained dormant throughout the year.