

## Rule 2.10

The Insolvency Act 1986  
 Notice of Administration  
 Order  
 Pursuant to Rule 2.10(3) of the  
 Insolvency Rules 1986

# R.2.10

To the Registrar of Companies

For Official Use

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|--|--|--|
|  |  |  |
|--|--|--|

Company Number

03923194

Insert full name of  
company

Name of Company

Topnotch Health Clubs plc

Insert full name and  
address

We Michael Johnathan Christopher Oldham  
 RSM Robson Rhodes LLP  
 186 City Road  
 London  
 EC1V 2NU

Simon Peter Bower  
 RSM Robson Rhodes LLP  
 186 City Road  
 London  
 EC1V 2NU

give notice that an administration order was made against the above company on:

Insert date

8th September 2003

Signed  
Joint Administrator(s)

Dated 22/09/03

Presenter's name,  
address and reference (if any)

Michael Johnathan Christopher Oldham  
 RSM Robson Rhodes LLP  
 186 City Road  
 London  
 EC1V 2NU

For Official Use

Insolvency Section Post Room



A34  
 COMPANIES HOUSE  
 COMPANIES HOUSE

0345  
 26/09/03  
 19/09/03