



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **HOW 2 MRC LIMITED**

Company Number: **03921004**

Date of this return: **07/02/2013**

SIC codes: **70229**
73200

Company Type: **Private company limited by shares**

Situation of Registered Office: **TOCKINGTON COURT**
UPPER TOCKINGTON ROAD, TOCKINGTON
BRISTOL
AVON
BS32 4LQ

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR NIGEL JAMES**

Surname: **POULTON**

Former names:

Service Address: **TOCKINGTON COURT
TOCKINGTON
BRISTOL
BS32 4LQ**

Company Director ***1***

Type: **Person**

Full forename(s): **MELANIE**

Surname: **POULTON**

Former names:

Service Address: **TOCKINGTON COURT
UPPER TOCKINGTON ROAD TOCKINGTON
BRISTOL
BS32 4LQ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **19/01/1958** *Nationality:* **BRITISH**

Occupation: **MARKET RESEARCHER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

PER MEMORANDUM AND ARTICLES OF ASSOCIATION

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 07/02/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **90 ORDINARY shares held as at the date of this return**
Name: **MELANIE POULTON**

Shareholding 2 : **5 ORDINARY shares held as at the date of this return**
Name: **NICOLA POULTON**

Shareholding 3 : **5 ORDINARY shares held as at the date of this return**
Name: **MATHEW POULTON**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.