REGISTERED NUMBER: 3888248 (England and Wales)

legister

Unaudited Abbreviated Accounts

For The Year Ended 31 May 2004

<u>for</u>

Intecare Limited

ANPODANE 0718
COMPANIES HOUSE 22/04/05

<u>Contents of the Abbreviated Accounts</u> <u>For The Year Ended 31 May 2004</u>

	Page
Abbreviated Balance Sheet	1
Notes to the Abbreviated Accounts	2

Abbreviated Balance Sheet 31 May 2004

		31/5/04	ļ	31/5/0	3
	Notes	£	£	£	£
FIXED ASSETS	^		504		404.000
Tangible assets Investments	2 3		591 190		184,836 190
in our one	ŭ				
			781		185,026
CURRENT ASSETS					
Stocks		-		67,877	
Debtors	4	606,079		528,402	
Cash at bank		107		4,738	
		606,186		601,017	
CREDITORS		000,100		001,017	
Amounts falling due within one year	5	281,594		400,140	
NET CURRENT ASSETS		-	324,592		200,877
TOTAL ASSETS LESS CURRENT					
LIABILITIES			325,373		385,903
			,		
CREDITORS	. •		(450.070)		(000.000)
Amounts falling due after more than one year	5		(153,672)		(238,060)
PROVISIONS FOR LIABILITIES					
AND CHARGES			-		(22,000)
			474 704		105.012
			171,701 =====		125,843
CAPITAL AND RESERVES					
Called up share capital	6		100,600		100,600
Profit and loss account	Ŭ		71,101		25,243
					
SHAREHOLDERS' FUNDS			171,701		125,843
			=====		

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 May 2004.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2004 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002).

ON BEHALF OF THE FOARD:

A S Hundal Director

S P Budhdeo - Director

Approved by the Board on 2014 105

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts For The Year Ended 31 May 2004

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

Exemption from preparing consolidated financial statements

The financial statements contain information about Intecare Limited as an individual company and do not contain consolidated financial information as the parent of a group. The company is exempt under Section 248 of the Companies Act 1985 from the requirements to prepare consolidated financial statements.

Turnover

Turnover represents net invoiced sales of goods and services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Land and buildings

- Straight line over 3 years

Plant and machinery etc

- 25% on reducing balance and 20% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account as incurred.

2. TANGIBLE FIXED ASSETS

	Total £
COST At 1 June 2003 Disposals	235,253 (230,350)
At 31 May 2004	4,903
DEPRECIATION At 1 June 2003 Charge for year Eliminated on disposal	50,419 1,634 (47,741)
At 31 May 2004	4,312
NET BOOK VALUE At 31 May 2004	591
At 31 May 2003	184,834

Notes to the Abbreviated Accounts - continued For The Year Ended 31 May 2004

FIXED ASSET INVESTMENTS

3.

4.

5.

FIXED ASSET INVESTMENTS			Shares in group undertakings £
COST At 1 June 2003 and 31 May 2004			190
NET BOOK VALUE At 31 May 2004			190
At 31 May 2003			190
The company's investments at the balance sheet date in the	e share capital of com	panies include the fo	ollowing:
Arctic Express Limited Nature of business: Property holding/supply of pharmacy pr			
Class of shares: Ordinary £1 shares	% holding 100.00	31/5/04	31/5/03
Aggregate capital and reserves Profit/(Loss) for the year		£ 2,696 5,378	£ (2,682) (2,782)
Intecare Homecare Limited Nature of business: Pharmacy Homecare	•		
Class of shares: Ordinary £1 Shares	% holding 90.00	31/5/04	31/5/03
Aggregate capital and reserves Loss for the year		£ (230,013) (228,943)	£ (1,070) (1,170)
DEBTORS: AMOUNTS FALLING DUE AFTER MORE THA	AN ONE YEAR	31/5/04	31/5/03
Other debtors		£ 	£ 4,250 ———
CREDITORS			
The following secured debts are included within creditors:			
		31/5/04 £	31/5/03 £
Bank overdrafts Bank loans Hire purchase contracts		25,509 195,946 	13,968 237,960 68,186
		221,455	320,114
Creditors include the following debts falling due in more than	n five years:		
		31/5/04 £	31/5/03 £
Repayable by instalments Bank loans over 5 years		31,088	48,379

Notes to the Abbreviated Accounts - continued For The Year Ended 31 May 2004

6. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	31/5/04 £	31/5/03 £
1,000	Ordinary	£1	1,000	1,000
250,000	"A" Ordinary	£1	250,000	250,000
			251,000	251,000
			=====	=======
Allotted, issu	ed and fully paid:			
Number:	Class:	Nominal	31/5/04	31/5/03
		value:	£	£
100	Ordinary	£1	100	100
100,500	"A" Ordinary	£1	100,500	100,500
			100,600	100,600