



Companies House

for the record

Please complete in typescript,  
or in bold black capitals.

CHWP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **3877786**

Company Name in full **sit-up limited**

Date of appointment  
Day Month Year  
**0 9 0 3 2 0 0 1**

†Date of Birth  
Day Month Year  
**0 6 1 1 1 9 5 1**

**Appointment form**

Notes on completion  
appear on reverse.

Appointment as director



as secretary



Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

**Mr**

\*Honours etc

Forename(s)

**Charles James**

Surname

**Burdick**

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

**Flat C, 64-65 Cornwall Gardens,**

Post town

**London**

Postcode

**SW7 4BD**

County / Region

Country

**ENGLAND**

†Nationality

**British**

†Business occupation

**Group Finance Director**

†Other directorships  
(additional space overleaf)

**Consent signature**

I consent to act as \*\* director / secretary of the above named company

*[Signature]*

Date **Do 24/4/01**

A director, secretary etc must sign the form below.

**Signed**

*[Signature]*

Date **24/4/01**

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

**Mark Taylor & Company, The Third Floor,  
Stamford Bridge,**

**London SW6 Tel 020 7386 5010**

**DX number 83818 DX exchange Fulham B'Way**

When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff**  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland **DX 235 Edinburgh**



A07  
COMPANIES HOUSE

0655  
28/04/01

Form revised July 1998

**Company Number**

† Directors only.

† Other directorships

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**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.