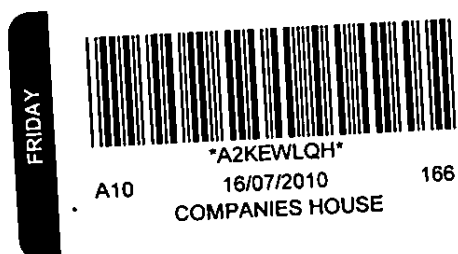


REGISTERED NUMBER: 3845817 (England and Wales)

Abbreviated Accounts for the Year Ended 5 April 2010

for

B H Insulations Limited



B H Insulations Limited

**Contents of the Abbreviated Accounts
for the Year Ended 5 April 2010**

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B H Insulations Limited
Company Information
for the Year Ended 5 April 2010

DIRECTOR: R Plant

SECRETARY: Mrs C A Plant

REGISTERED OFFICE Sterling House
Langston Road
Loughton
Essex
IG10 3FA

REGISTERED NUMBER. 3845817 (England and Wales)

ACCOUNTANTS: Ashton Hart David Lee
Sterling House
Langston Road
Loughton
Essex
IG10 3FA

B H Insulations Limited
Abbreviated Balance Sheet
5 April 2010

	Notes	5 4 10 £	£	5 4 09 £	£
FIXED ASSETS					
Tangible assets	2		13,250		17,666
CURRENT ASSETS					
Debtors		-		15,807	
Cash in hand		274		628	
		<u>274</u>		<u>16,435</u>	
CREDITORS					
Amounts falling due within one year		<u>28,925</u>		<u>55,146</u>	
NET CURRENT LIABILITIES			<u>(28,651)</u>		<u>(38,711)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(15,401)</u>		<u>(21,045)</u>
CREDITORS					
Amounts falling due after more than one year			-		7,681
NET LIABILITIES			<u>(15,401)</u>		<u>(28,726)</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>(15,501)</u>		<u>(28,826)</u>
SHAREHOLDERS' FUNDS			<u>(15,401)</u>		<u>(28,726)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 5 April 2010

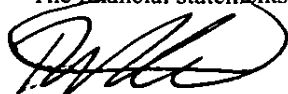
The members have not required the company to obtain an audit of its financial statements for the year ended 5 April 2010 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 5 July 2010 and were signed by



R Plant - Director

The notes form part of these abbreviated accounts

B H Insulations Limited

Notes to the Abbreviated Accounts for the Year Ended 5 April 2010

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter

Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 6 April 2009 and 5 April 2010	39,450
DEPRECIATION	
At 6 April 2009	21,784
Charge for year	4,416
At 5 April 2010	26,200
NET BOOK VALUE	
At 5 April 2010	13,250
At 5 April 2009	17,666

3 CALLED UP SHARE CAPITAL

Allotted, Number	issued and fully paid Class	Nominal value £1	5 4 10 £ 100	5 4 09 £ 100
100	Ordinary		100	100