In accordance with Section 441 of the Companies Act 2006.

AA02

Dormant company accounts (DCA)



	You can use the WebFiling service to file dormant company accour	nts online.			
•	What this is for You may use the AA02 'Dormant company accounts' (DCA) for accounting periods beginning on or after 6th April 2008. Please read the guidance in Section 6 before completion. What this is NOT You cannot use the government of the April 2008. Showing periods accounting periods accounting periods to accounting periods beginning on or after 6th April 2008. Also before completion.	16/0 ⁻	AQ8DT* 1/2019 IES HOUSI	lease v.uk #71	
1	Company details				
Company number	0 3 8 3 6 2 9 4	→ Filling in the DCA Please complete in typescript or in bold black capitals. All fields are mandatory unless			
Company name in full	POSITIVE LIFESTYLE TRAINING LIMITED				
		<u> </u>	specified o	r indicated by *	
Date of balance sheet	Date of balance sheet d 3 d 0 m				
3	Accounts	ırrent Year		Previous Year	
	Called up share capital not paid			£ 1	
	Cash at bank and in hand			£	
	Net assets £	· 1		<u> </u>	
Issued share capital			'		
Number of shares	Class of shares		—— г		
1	ORDINARY of £1 each	1	<u> </u>		
	Shareholders' fund £	1		£ 1	
	Statements				
	For the below year ending the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.				
For the year anding	<u> </u>	parries.			
For the year ending					
	 Directors' statements: The members have not required the company to obtain an audit of accounts for the year in question in accordance with section 476, a The directors acknowledge their responsibilities for complying with requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime Please tick the box if during the year the company acted as an age for a person. 	nd n the e		•	

AA02

Dormant company accounts (DCA)

4	Date of approval of accounts •		
Approval of accounts	d 1 d 0 <th>Please insert the date the accounts were approved by the board of directors</th>	Please insert the date the accounts were approved by the board of directors	
5	Director's signature and name [®]		
Signature	X Goyves X	Please insert the director's signature and director's name.	
Director's name	GARY OLIVER		
6	Guidance		
at, ecc fr	This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning on or after 6th April 2008.	Please Note: The total of Net Assets should equal the total of Shareholders' Funds. - The DCA is only suitable for dormant companies where the company's	
-	a. The attached template for dormant company accounts is only suitable for those companies limited by shares which have never traded and where the only transaction entered into the accounting records of the company is the issue of subscriber shares.	only transaction is one mentioned in 'a' above and the company is not a subsidiary. - Do not use the DCA if your	
	b. Shares may be fully paid, partly paid or unpaid: Any paid element should be shown as "Cash at Bank and in hand", Any unpaid element shown as "Called up share capital not paid":	company is a charity or is limited by guarantee or has no shares. - Do not use the DCA if preparing accounts in accordance with	
	c. Dormant companies acting as an agent for any person must state that they have so acted in Section 3.	International Accounting Standards (IAS).	
	d. A fee or penalty raised on the company for the payment of an annual return fee, change of name fee, reregistration fee, or late filing penalty may be omitted from the company records and this DCA—if the payment was made by a third party without any right of reimbursement.		
Top specialize sobbitals:	e. The company directors are responsible for preparing and filing accounts at Companies House that comply with the requirements of the Companies Act and failure to do so may result in prosecution. Should you have any doubt about the company's entitlement to file dormant accounts, or the preparation of those accounts, you should seek professional advice.		
	f. This guidance only advises on the preparation of abbreviated dormant accounts which can be filed at Companies House. It does not advise on the preparation of full accounts for the members.		

AA02

Dormant company accounts (DCA)

Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query. The contact information you give will be visible to searchers of the public record. Contact name **JOSEPH MILLER & CO FLOOR A MILBURN HOUSE DEAN STREET NEWCASTLE UPON TYNE** Postcode N Country DX 01912328065 Checklist We may return dormant company accounts completed incorrectly or with information missing.

Please make sure you have remembered the

☐ The company name and number match the

information held on the public Register.

☐ You have completed Section 3 correctly.

☐ You have entered the date of the balance sheet

☐ You have entered the date of approval of the

□ A Director has signed the DCA and printed

☐ You have read the guidance in Section 6.

following:

in Section 2.

accounts in Section 4.

Important information

Please note that all this information will appear on the public record.

✓ Where to send

You may return the DCA to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

Dormant company accounts are available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk