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288a

Please complete in typescript,
or in bold black capitals.

CHFP025

Appointment of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3816990

Company Name in full

INVEST 4 HEALTH LIMITED

Date of
appointment

Day Month Year
12 03 2003

†Date of
Birth

Day Month Year

Appointment
form

Appointment as director

☐

as secretary

☒

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

MRS

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

PAULINE

Surname

NIVEN

Previous
Forename(s)

Previous

Surname(s)

Usual residential
address

61 BARCHESTON ROAD

Post town

CHEADLE

Postcode

SK8 1LJ

County / Region

STOCKPORT

Country

ENGLAND

†Nationality

BRITISH

†Business occupation

DIRECTOR

†Other directorships
(additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

* Voluntary details.

† Directors only.

**Please delete as appropriate

Date

12 March

2003

A director, secretary etc must sign the form below.

Signed

Date

12 March

2003

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

Eversheds Solicitors

Cloth Hall Court, Infirmary Street, Leeds, LS1 2JB

C5.EAP.SV.507024

Tel 0113 243 0391

DX number DX: 12027 DX exchange Leeds-27

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
or companies registered in England and Wales

or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh



Company Number

† Directors only.

†Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- *dormant*
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.