

# COUNSELLING INITIATIVES

## TRUSTEES REPORT FOR THE YEAR JULY 2005-JUNE 2006

I am pleased to present the Charity's Annual Report.

It has been a very difficult year, particularly during the last 6 months. I indicated in my report last year that the Islington Project was having to vacate the Highbury premises and we were at that time searching for new venues in which to hold our counselling sessions. We succeeded in obtaining daytime premises but have struggled to find suitable rooms for evening work. The affect on income is given below. However, solutions are beginning to become clear and I am hopeful that in the next two months, matters will have been resolved.

I feel it is appropriate to say that, despite failing in the bid for funding detailed in last year's report, we have nonetheless survived. I would like to thank counsellors and our clients for recognising and reacting positively to our needs.

I am particularly pleased that the Equine Therapy Project has generated considerable income this past year and we are accumulating funds with which to buy and train our own horse for this work, which will secure an income stream from this source for the future

**1. Bi-Annual Donations from Richard Cloudesley's Charity.** These contribute greatly to the revenue costs of the Islington Project.

**2. Private Annual Donations.** As indicated in my report last year, a substantial private donation, together with the appropriate Gift Aid monies, was again received this the year.

**3. Client Donations.** Client donations reduced during the year due to a number of counsellors leaving the project. Three months into the new Financial Year and six months since we moved out of Highbury, the income has now stabilised and there are signs of an upturn.

The Charity has had great difficulty in finding premises for evening work and it is the evenings which have historically generated the bulk of client income. We have however imposed a minimum of £10 per client donation unless there is real hardship. We would not refuse counselling to anyone on the basis of an inability to pay our desired minimum amount. Indications are that £10 is affordable by the majority of clients.

**4. Additional Private Donation.** A monthly amount of £50.00 is being donated and this commenced in June 2006.

THURSDAY



\*AHSUT093\*

A40

29/03/2007

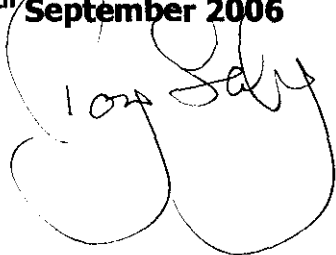
420

COMPANIES HOUSE

**5. Sponsorship.** The telephone service continues to be funded by a corporate donation from Microlink PC Ltd of £65 per month.

**6. Counsellors.** The number of counsellors practising fell to its lowest in March of this year. However we are in the process of recruiting and expect to be back to 2005 figures within the next six months.

**A R W Sabey, Director**  
**On Behalf of the Board of Trustees.**  
**30<sup>th</sup> September 2006**

A handwritten signature in black ink, appearing to read 'A R W Sabey', written over the printed name and date.

# COUNSELLING INITIATIVES

## INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR JULY 2005-JUNE 2006

### INCOME

#### Restricted Funds

Grants	750
Telephone Sponsorship	780

#### Unrestricted Funds

Client Donations	3,766
Private Donations	1,900
Gift Aid	486
Equine Therapy	4,680

<b>Total Income</b>	<b>12,362</b>
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### EXPENDITURE

Rent	963
Administration Fees	3,360
Supervision Fees	1,213
Phones	727
Telephone Office Fees	691
Equine Therapist Fees	3,794
Postage	50
Travel	106
Consulting Rooms Cleaning	173
Depreciation	82
Office Equipment	147
Advertising	120
Insurance	247
Sundry	80

<b>Total Expenditure</b>	<b>11,751</b>
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**INCOME less EXPENDITURE**

<b>£ 611</b>
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## COUNSELLING INITIATIVES

BALANCE SHEET AS AT 30th JUNE 2006

	£	£	£
<b>Assets</b>			
Furniture and Fittings, Previous Year less Depreciation*	410.00		
Additons During The Year	147.00		
Total	<u>557.00</u>		
Less 20% Depreciation			445.60
Cash in Hand and at Bank			3,198.00
Debtors			
<b>Total Assets</b>			<u><u>£ 3,643.60</u></u>
<b>Liabilities</b>			
Reserves		611.00	
Creditors		<u>3,033.00</u>	
<b>Total Liabilities</b>		<u><u>£ 3,644.00</u></u>	

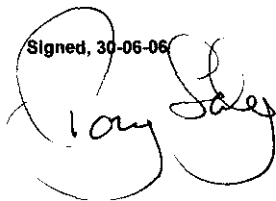
### Notes To The Accounts

Depreciation Policy is in line with previous years @ 20%

### Statements

- a) For the year ended 30th June 2006, the Company was entitled to exemption under Section 249A(1) of The Companies Act 1985
- b) No members have required the Company to obtain an Audit of its accounts for the year in question in accordance with Section 249B(2).
- c) The Directors acknowledge their responsibility for:
- i) Ensuring that the Company keeps accounting records that comply with section 221; and
  - ii) Preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of its Financial Year, and of its Profit and Loss for the Financial Year in accordance with Section 226, and which otherwise comply with the requirements of The Companies Act relating to accounts, so far as is applicable to the Company.
- d) The accounts have been prepared in accordance with the special provisions in Part V11 of The Companies Act Relating to Small Companies

Signed, 30-06-06



A R W SABEY, DIRECTOR