

Registered number: 03797114

Alternative Being Limited

Unaudited

Abbreviated accounts

for the year ended 30 November 2016

THURSDAY



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31/08/2017
COMPANIES HOUSE

Alternative Being Limited

The following reproduces the text of the Chartered accountants' report in respect of the company's annual financial statements, from which the abbreviated accounts (set out on pages 2 to 3) have been prepared.

Chartered accountants' report to the director on the preparation of the unaudited statutory financial statements of Alternative Being Limited for the year ended 30 November 2016

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Alternative Being Limited for the year ended 30 November 2016 which comprise the Profit and loss account, the Balance sheet and the related notes from the company's accounting records and from information and explanations you have given to us.

As a member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the director of Alternative Being Limited in accordance with the terms of our engagement letter dated 18 September 2013. Our work has been undertaken solely to prepare for your approval the financial statements of Alternative Being Limited and state those matters that we have agreed to state to the director of Alternative Being Limited in this report in accordance with ICAEW Technical release TECH07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Alternative Being Limited and its director for our work or for this report.

It is your duty to ensure that Alternative Being Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and loss of Alternative Being Limited. You consider that Alternative Being Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or review of the financial statements of Alternative Being Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



Kreston Reeves LLP

Chartered Accountants

London

30 August 2017

Alternative Being Limited
Registered number: 03797114

Abbreviated balance sheet
as at 30 November 2016

	Note	£	2016 £	£	2015 £
Fixed assets					
Tangible fixed assets	2		906		351
Current assets					
Debtors		266		266	
Cash at bank		15,324		15,357	
		<u>15,590</u>		<u>15,623</u>	
Creditors: amounts falling due within one year		<u>(8,618)</u>		<u>(5,410)</u>	
Net current assets			<u>6,972</u>		<u>10,213</u>
Total assets less current liabilities			<u>7,878</u>		<u>10,564</u>
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			<u>7,778</u>		<u>10,464</u>
Shareholders' funds			<u>7,878</u>		<u>10,564</u>

The director considers that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 30 November 2016 and of its loss for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts, which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, were approved and authorised for issue by the board and were signed on its behalf on 30 August 2017.

Diana Yardley Rhodes

Diana Yardley Rhodes
Director

The notes on page 3 form part of these financial statements.

Alternative Being Limited

Notes to the abbreviated accounts for the year ended 30 November 2016

1. Accounting policies

1.1 Basis of preparation of financial statements

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 Cash flow

The financial statements do not include a Cash flow statement because the company, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective January 2015).

2. Tangible fixed assets

	£
Cost	
At 1 December 2015	1,031
Additions	1,336
At 30 November 2016	<u>2,367</u>
Depreciation	
At 1 December 2015	680
Charge for the year	781
At 30 November 2016	<u>1,461</u>
Net book value	
At 30 November 2016	<u>906</u>
At 30 November 2015	<u>351</u>

3. Share capital

	2016 £	2015 £
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>

4. Related party transactions

As at 30 November 2016 company owed £4,229 (2015 - £2,143) to the director, D Y Rhodes.

5. Controlling party

The ultimate controlling party is D Y Rhodes, the director, who owns 100% of the issued share capital.