In accordance with Section 167 of the Companies Act 2006.

## AP01

### **%IRIS** Laserform

## Appointment of director

You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

What this form is for You may use this form to appoint an individual as a director.

What this form is NOT for You cannot use the form t a corporate director. To do please use form AP02 'Ap of corporate director'.



13/08/2014 **COMPANIES HOUSE** 

1	Company details		
Company number	0 3 7 6 3 5 4 1	Filling in this form Please complete in typescript or in	
Company name in full	SOUND ADVICE SAFETY & HEALTH LIMITED	bold black capitals.	
		All fields are mandatory unless specified or indicated by *	
2	Date of director's appointment		
Date of appointment	a 1 a 8 a 1 a 1 a 1 a 1 a 1 a 1 a 1 a 1		
3	New director's details	1 Former name(s)	
Title *	MR	Please provide any previous names which have been used for business purposes in the past 20 years.  Married woman do not need to give	
Full forename(s)	IAN JAMES		
Surname	MARTIN	former names unless previously used for business purposes.	
Former name(s) 1		Continue in section 6 if required.	
Country/State of residence 2	ISLE OF MAN	Country/State of residence This is in respect of your usual residential address as stated in	
Nationality	BRITISH	Section 4a.	
Date of birth	$\begin{bmatrix} d & 1 \end{bmatrix} \begin{bmatrix} d & 3 \end{bmatrix} \begin{bmatrix} m_0 \end{bmatrix} \begin{bmatrix} m_4 \end{bmatrix} \begin{bmatrix} y_1 \end{bmatrix} \begin{bmatrix} y_9 \end{bmatrix} \begin{bmatrix} y_6 \end{bmatrix} \begin{bmatrix} y_5 \end{bmatrix}$	Business occupation     If you have a business occupation,     please enter here. If you do not,     please leave blank.	
Business occupation (if any) 3			
4	New director's service address <b>⊙</b>		
	Please complete your service address below. You must also complete your usual residential address in <b>Section 4a</b> .	Service address     This is the address that will appear on the public record. This does not	
Building name/number	CHARLES HOUSE	have to be your usual residential address.  Please state 'The Company's	
Street	ALBERT ROAD		
	ECCLES	Registered Office' if your service address is recorded in the company's	
Post town	MANCHESTER register of directors as the company's registered off		
County/Region		If you provide your residential	
Postcode	M 3 0 0 P W	address here it will appear on the public record.	
Country			

# AP01 Appointment of director

5	Signatures ,		
	I consent to act as director of the above named company.	Societas Europaea If the form is being filed on behalf	
New director's signature	X XX	of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.	
Authorising signature	Signature X	Person authorised Under either section 270 or 274 of the Companies Act 2006.	
	This form may be signed and authorised by: Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.		
6	Additional former names (continued from Section 3)		
Former names 3		Additional former names     Use this space to enter any     additional names.	

AP01
Appointment of director

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses.	
Contact name Phil Whitehurst	Where to send	
Company name DWF LLP	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:	
Address 5 St Paul's Square	For companies registered in England and Wales:	
Old Hall Street	The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.	
Posttown Liverpool		
County/Region	For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,	
Postcode	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).	
DX 14128 Liverpool		
Telephone 0151 907 3000	For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern ireland, BT2 8BG.	
✓ Checklist	DX 481 N.R. Belfast 1.	
We may return forms completed incorrectly or with information missing.	Section 243 exemption If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below: The Registrar of Companies, PO Box 4082,	
Please make sure you have remembered the following:		
The company name and number match the information held on the public Register.	Cardiff, CF14 3WE.	
You have provided a business occupation if you have one.	<i>i</i> Further information	
You have provided a correct date of birth. You have completed the date of appointment. You have completed the nationality box in Section 3.	For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk	
You have provided both the service address and the usual residential address.	This form is available in an	
Addresses must be a physical location. They cannot	alternative format. Please visit the	
be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number.	forms page on the website at	
You have included all former names used for	www.companieshouse.gov.uk	
business purposes over the last 20 years.  You have enclosed a relevant section 243		
application if applying for this at the same time as completing this form.  The new director has signed the form.  You have provided an authorising signature.		