# Return of allotment of shares

You can use the WebFiling service to file this form online Please go to www companieshouse gov uk

What this form is for

You may use this form to give notice of shares allotted following incorporation

### What this form is NOT for

You cannot use this form to give notice of shares taken by subsection on formation of the company of allotment of a new class of shares.



			an unlimited comp	any	103	COMPANIES	
1	Company detail	s		<del></del>		<del></del>	
Company number	3 7 3 0 1 2 1					→ Filling in this form Please complete in typescript or in	
Company name in full	INTERNATIONAL FOOD TRADING LIMITED					bold black capitals  All fields are mandatory unless specified or indicated by *	
2	Allotment dates	0					
From Date	d 0 d 4 m1 m1 y 2 y 0 y 1 y 3						
To Date	If all shares were allotted on the same day enter that date in the 'from date' box. If shares were allotted over a period of time, complete both 'from date' and 'to date' boxes.						
3	Shares allotted						
	Please give details of the shares allotted, including bonus shares (Please use a continuation page if necessary)					✔ Currency If currency details are not completed we will assume currency is in pound sterling	
Class of shares (E.g. Ordinary/Preference etc.)		Currency •	Number of shares allotted	Nominal value of each share			Amount (if any) unpaid (including share premium) on each share
ORDINARY		GBP	97	1 00		1 00	0 00
		[	 	t	! 		
	If the allotted shares are fully or partly paid up otherwise than in cash, please state the consideration for which the shares were allotted  Continuation page Please use a continuation page necessary						
Details of non-cash consideration						· · · · · · · · · · · · · · · · · · ·	
If a PLC, please attach valuation report (if appropriate)							

### SH01 Return of allotment of shares Statement of capital Section 4 (also Section 5 and Section 6, if appropriate) should reflect the company's issued capital at the date of this return Statement of capital (Share capital in pound sterling (£)) Please complete the table below to show each class of shares held in pound sterling. If all your issued capital is in sterling, only complete Section 4 and then go to Section 7 Aggregate nominal value 0 Number of shares @ Amount paid up on each Amount (if any) unpaid on (Eg Ordinary/Preference etc.) each share share 100 00 100 £ 1 00 0 00 £ £ £ Totals 100 £ 100.00 Statement of capital (Share capital in other currencies) Please complete the table below to show any class of shares held in other currences Please complete a separate table for each currency Number of shares @ Aggregate nominal value 🔞 Amount paid up on Amount (if any) unpaid on each share @ each share O (Eg Ordinary / Preference etc.) Totals

Currency		·		
Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares ②	Aggregate nominal value 6
		Tota	ls	

Statement of capital (Totals)

Please give the total number of shares and total aggregate nominal value of issued share capital

O Total aggregate nominal value Please list total aggregate values in different currencies separately For example £100 + €100 + \$10 etc

value

Total number of shares Total aggregate nominal

ORDINARY

Currency

Class of shares

findluding both the nominal value and any share premium

E g Number of shares issued multiplied by nominal value of each share

Continuation Pages Please use a Statement of Capital continuation page if necessary

Total number of issued shares in this class

SH01
Return of allotment of shares

7	Statement of capital (Prescribed particulars of rights attached to share	s)
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Section 4</b> and <b>Section 5</b>	Prescribed particulars of rights     attached to shares
Class of share	£1 00 ORDINARY	The particulars are a particulars of any voting rights,
Prescribed particulars	The shares have attached to them full voting, dividend and capital distribution (including on winding up) rights, they do not confer any rights of redemption.	including rights that arise only in certain circumstances, b particulars of any rights, as respects dividends, to participate in a distribution, c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to
Class of share		redemption of these shares  A separate table must be used for
Prescribed particulars		each class of share  Continuation page Please use a Statement of Capital continuation page if necessary
Class of share		
Prescribed particulars		
8	Signature	
<del></del>	I am signing this form on behalf of the company	Societas Europaea
Signature	This form may be signed by Director <b>9</b> Secretary, Person authorised <b>9</b> Administrator, Administrative receiver, Receiver, Receiver manager, CIC manager	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership  Person authorised Under either section 270 or 274 of the Companies Act 2006

# 4

### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	
Company name	City & Dominion Registrars
	Ltd
Address	New Burlington House
	1075 Finchley Road
Post town	London
County/Region	
Postcode	N W 1 1 0 P U
Country	United Kingdom
DX	
Telephone	020 8455 6075

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### Checklist

We may return the forms completed incorrectly or with information missing

# Please make sure you have remembered the following

- The company name and number match the information held on the public Register
- You have shown the date(s) of allotment in section 2
- ☐ You have completed all appropriate share details in section 3
- ☐ You have completed the appropriate sections of the Statement of Capital
- ☐ You have signed the form

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### Important information

Please note that all information on this form will appear on the public record

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### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

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### Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or.email.enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse gov uk