



Companies House

AR01 (ef)

Annual Return



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Company Name: **Foden Health Care & Fitness Ltd**

Company Number: **03721281**

Date of this return: **25/02/2015**

SIC codes: **74990**

Company Type: **Private company limited by shares**

Situation of Registered Office: **IBEX HOUSE FERROFIELDS SCALDWELL ROAD
BRIXWORTH
NORTHAMPTON
NORTHANTS
UNITED KINGDOM
NN6 9UA**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR JAMES FODEN**

Surname: **LEE**

Former names:

Service Address: **4 CHURCH HILL RAVENSTHORPE
NORTHAMPTON
UNITED KINGDOM
NN6 8EP**

Country/State Usually Resident: **NORTHAMPTON**

Date of Birth: **02/05/1990** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
YES			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 25/02/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **MR JAMES FODEN LEE**

Shareholding 2 : **0 ORDINARY shares held as at the date of this return**
Name: **MS KAY SUSAN LEE**

Shareholding 3 : **0 ORDINARY shares held as at the date of this return**
Name: **MR MARTIN FODEN LEE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.