Registered Number 03715112

SAN AMVROSIA HEALTH FOODS LIMITED

Abbreviated Accounts

31 July 2014

SAN AMVROSIA HEALTH FOODS LIMITED **Registered Number 03715112**

Abbreviated Balance Sheet as at 31 July 2014

	Notes	*2014*	*2013*
		£	£
Fixed assets			
Tangible assets	2	4,032	3,144
		4,032	3,144
Current assets			
Stocks		6,430	8,780
Debtors		120,063	111,273
Cash at bank and in hand		103,977	55,471
		230,470	175,524
Creditors: amounts falling due within one year		(39,170)	(53,186)
Net current assets (liabilities)		191,300	122,338
Total assets less current liabilities		195,332	125,482
Accruals and deferred income		(51,017)	(43,748)
Total net assets (liabilities)		144,315	81,734
Capital and reserves			
Called up share capital		100	100
Profit and loss account		144,215	81,634
Shareholders' funds		144,315	81,734

- For the year ending 31 July 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 28 April 2015

And signed on their behalf by:
D Georgiou, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2014

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy
Turnover represents the amounts receivable by the company in the ordinary course of business for goods and services supplied, stated net of value added tax.

Tangible assets depreciation policy
Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.
Plant and Machinery 25% Straight Line
Fixtures and Fittings 25% Straight Line

2 Tangible fixed assets

	£
Cost	
At 1 August 2013	111,730
Additions	4,800
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2014	116,530
Depreciation	
At 1 August 2013	108,586
Charge for the year	3,912
On disposals	-
At 31 July 2014	112,498
Net book values	
At 31 July 2014	4,032
At 31 July 2013	3,144