



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals.

CHFP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **36888 39**

Company Name in full **PHYSICIANS RECLIN LIMITED**

Date of appointment
Day Month Year
1 / 1 / 2000

†Date of Birth
Day Month Year
21 09 1947

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

NAME

*Style / Title

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

TIMOTHY MARTIN

Surname

HARSTONE

Previous
Forename(s)

N/A

Previous
Surname(s)

N/A

Usual residential
address

THE WHITE COTTAGE SWANNATON ROAD

Post town

DARTMOUTH

Postcode

TQ6 7ZL

County / Region

DEVON

Country

UK

†Nationality

BRITISH

†Business occupation

PUBLISHER

†Other directorships
(additional space overleaf)

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

[Signature]

Date

19-1-2000

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

14 Jan 00

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

ASHGERS
106-114 BOROUGH HIGH STREET
LONDON SE1 1LB Tel **0171 407 7604**
DX number DX exchange



A53
COMPANIES HOUSE

0037
26/01/00

Form revised July 1998

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.