

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2014

FOR

HEALTH CIRCLES LIMITED

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for the Year Ended 31 MARCH 2014

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HEALTH CIRCLES LIMITED

COMPANY INFORMATION

for the Year Ended 31 MARCH 2014

DIRECTOR:

Ms G E Burn

SECRETARY:

Mrs W A Burn

REGISTERED OFFICE:

Laundry Cottage
Hitcham Lane
Burnham
Slough
Berkshire
SL1 7DP

REGISTERED NUMBER:

03648440 (England and Wales)

ACCOUNTANTS:

Knight & Company
Chartered Accountants
11 Castle Hill
Maidenhead
Berkshire
SL6 4AA

ABBREVIATED BALANCE SHEET
31 MARCH 2014

	Notes	31/3/14 £	£	31/3/13 £	£
FIXED ASSETS					
Tangible assets	2		6,038		7,672
Investments	3		<u>1,000</u>		<u>1,000</u>
			7,038		8,672
CURRENT ASSETS					
Debtors		1,072		593	
Cash at bank		<u>6</u>		<u>6</u>	
		1,078		599	
CREDITORS					
Amounts falling due within one year		<u>14,613</u>		<u>6,602</u>	
NET CURRENT LIABILITIES			<u>(13,535)</u>		<u>(6,003)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(6,497)</u>		<u>2,669</u>
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			<u>(6,597)</u>		<u>2,569</u>
SHAREHOLDERS' FUNDS			<u>(6,497)</u>		<u>2,669</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395
- (b) and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 14 July 2014 and were signed by:

Ms G E Burn - Director

NOTES TO THE ABBREVIATED ACCOUNTS
for the Year Ended 31 MARCH 2014

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 15% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013 and 31 March 2014	<u>28,725</u>
DEPRECIATION	
At 1 April 2013	21,053
Charge for year	<u>1,634</u>
At 31 March 2014	<u>22,687</u>
NET BOOK VALUE	
At 31 March 2014	<u>6,038</u>
At 31 March 2013	<u>7,672</u>

3. FIXED ASSET INVESTMENTS

	Investments other than loans £
COST	
At 1 April 2013 and 31 March 2014	<u>1,000</u>
NET BOOK VALUE	
At 31 March 2014	<u>1,000</u>
At 31 March 2013	<u>1,000</u>

NOTES TO THE ABBREVIATED ACCOUNTS - continued
for the Year Ended 31 MARCH 2014

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31/3/14 £	31/3/13 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.