

**Registered Number 03648440**

**Health Circles Limited**

**Abbreviated Accounts**

**31 March 2011**

**Health Circles Limited**

**Registered Number 03648440**

**Company Information**

**Registered Office:**

The Laundry  
Hitcham Lane  
Burnham  
Slough  
Berkshire  
SL1 7DP

**Reporting Accountants:**

Knight & Company  
Chartered Accountants  
11 Castle Hill  
Maidenhead  
Berkshire  
SL6 4AA

Health Circles Limited

Registered Number 03648440

Balance Sheet as at 31 March 2011

	Notes	2011 £	2010 £
<b>Fixed assets</b>			
Tangible	2	7,872	9,262
Investments	3	1,000	1,000
		<u>8,872</u>	<u>10,262</u>
<b>Current assets</b>			
Debtors		930	1,478
Cash at bank and in hand		3,348	5,323
Total current assets		<u>4,278</u>	<u>6,801</u>
<b>Creditors: amounts falling due within one year</b>		(3,528)	(7,061)
<b>Net current assets (liabilities)</b>		750	(260)
<b>Total assets less current liabilities</b>		<u>9,622</u>	<u>10,002</u>
<b>Provisions for liabilities</b>		(929)	(1,440)
<b>Total net assets (liabilities)</b>		<u>8,693</u>	<u>8,562</u>
<b>Capital and reserves</b>			
Called up share capital	4	100	100
Profit and loss account		8,593	8,462
<b>Shareholders funds</b>		<u>8,693</u>	<u>8,562</u>

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- a. For the year ending 31 March 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
  - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
  - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
  - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 16 August 2011

And signed on their behalf by:

**Ms G E Burn, Director**

**This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.**

## Notes to the Abbreviated Accounts

For the year ending 31 March 2011

1 **Accounting policies**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of services, excluding value added tax.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery                      15% on reducing balance

2 **Tangible fixed assets**

		<b>Total</b>
		<b>£</b>
<b>Cost</b>		
At 01 April 2010	-	25,286
At 31 March 2011	-	<u>25,286</u>
<b>Depreciation</b>		
At 01 April 2010		16,024
Charge for year	-	1,390
At 31 March 2011	-	<u>17,414</u>
<b>Net Book Value</b>		
At 31 March 2011		7,872
At 31 March 2010	-	<u>9,262</u>

3 **Investments (Fixed Assets)**

<b>Cost Or Valuation</b>	<b>£</b>
At 01 April 2010	<u>1,000</u>
At 31 March 2011	<u>1,000</u>
<b>Net Book Value</b>	

At 31 March 2011	1,000
At 31 March 2010	<u>1,000</u>

4 **Share capital**

	2011 £	2010 £
<b>Allotted, called up and fully paid:</b>		
100 Ordinary shares of £1 each	100	100