

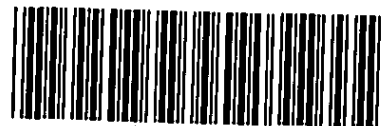
REGISTERED NUMBER 3648440 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2007

FOR

HEALTH CIRCLES LIMITED

THURSDAY



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\*AIMMLSXA\*

13/09/2007

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COMPANIES HOUSE

**HEALTH CIRCLES LIMITED**

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**for the Year Ended 31st March 2007**

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**HEALTH CIRCLES LIMITED**

**COMPANY INFORMATION**

**for the Year Ended 31st March 2007**

**DIRECTOR:**

Ms G E Burn

**SECRETARY**

Mrs W Burn

**REGISTERED OFFICE**

The Laundry  
Hitcham Lane  
Burnham  
Slough  
Berkshire  
SL1 7DP

**REGISTERED NUMBER**

3648440 (England and Wales)

**ACCOUNTANTS**

Knight & Company  
Chartered Accountants  
11 Castle Hill  
Maidenhead  
Berkshire  
SL6 4AA

**HEALTH CIRCLES LIMITED****ABBREVIATED BALANCE SHEET****31st March 2007**

	Notes	31/3/07 £	31/3/06 £
<b>FIXED ASSETS</b>			
Tangible assets	2	14,230	16,201
Investments	3	1,000	-
		<u>15,230</u>	<u>16,201</u>
<b>CURRENT ASSETS</b>			
Debtors		8,304	7,552
Cash at bank		6,528	19,891
		<u>14,832</u>	<u>27,443</u>
<b>CREDITORS</b>			
Amounts falling due within one year		22,310	36,200
		<u>22,310</u>	<u>36,200</u>
<b>NET CURRENT LIABILITIES</b>		<u>(7,478)</u>	<u>(8,757)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>7,752</u>	<u>7,444</u>
<b>PROVISIONS FOR LIABILITIES</b>		<u>1,216</u>	<u>-</u>
<b>NET ASSETS</b>		<u><u>6,536</u></u>	<u><u>7,444</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	4	100	100
Profit and loss account		6,436	7,344
		<u>6,536</u>	<u>7,444</u>
<b>SHAREHOLDERS' FUNDS</b>		<u><u>6,536</u></u>	<u><u>7,444</u></u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31st March 2007

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2007 in accordance with Section 249B(2) of the Companies Act 1985

The director acknowledges her responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

The notes form part of these abbreviated accounts

**HEALTH CIRCLES LIMITED**

**ABBREVIATED BALANCE SHEET - continued**

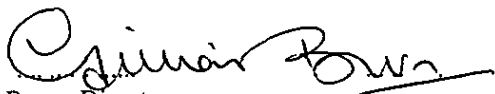
**31st March 2007**

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

The financial statements were approved by the director on

9907

and were signed by

A handwritten signature in black ink, appearing to read 'G E Burn', written over a horizontal line.

Ms G E Burn - Director

The notes form part of these abbreviated accounts

## **HEALTH CIRCLES LIMITED**

### **NOTES TO THE ABBREVIATED ACCOUNTS** **for the Year Ended 31st March 2007**

#### **1 ACCOUNTING POLICIES**

##### **Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005)

##### **Turnover**

Turnover represents net invoiced sales of services, excluding value added tax

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery etc - 15% on reducing balance

##### **Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease

#### **2 TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1st April 2006	23,883
Additions	540
	<hr/>
At 31st March 2007	24,423
	<hr/>
<b>DEPRECIATION</b>	
At 1st April 2006	7,682
Charge for year	2,511
	<hr/>
At 31st March 2007	10,193
	<hr/>
<b>NET BOOK VALUE</b>	
At 31st March 2007	14,230
	<hr/>
At 31st March 2006	16,201
	<hr/>

#### **3 FIXED ASSET INVESTMENTS**

	Unlisted investments £
<b>COST</b>	
Additions	1,000
	<hr/>
At 31st March 2007	1,000
	<hr/>
<b>NET BOOK VALUE</b>	
At 31st March 2007	1,000
	<hr/>

**HEALTH CIRCLES LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS - continued**  
**for the Year Ended 31st March 2007**

**4 CALLED UP SHARE CAPITAL**

Authorised, allotted, issued and fully paid

Number

Class

Nominal

value

31/3/07

31/3/06

£

£

100

Ordinary

£1

100

100