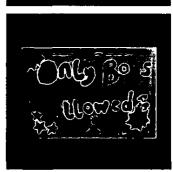
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# **Hope House North London Limited**









Trustees: Report and Accounts
2011:



TUESDAY



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24/07/2012 COMPANIES HOUSE

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Hope House is an independent charity founded in 1998 serving the social, emotional, educational and spiritual needs of children, young people and families in the London Borough of Barnet



www hope-house org.uk www facebook com/pages/Hope-House-North-London

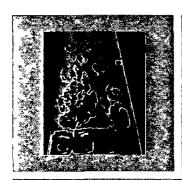
# "Hope House is helping to transform communities from the inside out

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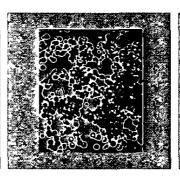
Helen Shannon Projects Director

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Chairman's Réport
"To change communities you have to get alongside people"

The UK is in the middle of a crisis that has been brewing for a generation and more. This crisis is not economic or democratic, but more fundamental and far more destructive: the loss of the shared moral direction and sense of community that is necessary to hold our society together. The result is fragmentation and a poverty of aspiration that condemns whole communities of people to marginalisation and dependence.

What can we do about it? Change in society will only come when we change reality for the disadvantaged. Big money projects bring relief, but real change only comes about when the lives of individuals are transformed.

Hope House is a local grass-roots charity set up in 1998 to improve the lives and outlook of children, young people and families who don't have all the advantages most of us enjoy. Our current activities are focussed on Strawberry Vale estate in East Finchley, but also cater for people from surrounding estates such as The Grange. Despite their location, these neighbourhoods have amongst the highest levels of urban deprivation in the country, with all the associated problems of generational poverty, low educational standards, lack of social mobility, and basically, lack of hope

We run clubs and activities for children, young people and their families, from toddler groups for babies and their carers through to our young adults group ENGAGE Through arts, crafts, games, sharing food, events and excursions we broaden horizons and build up self-worth and community



Hope House is able to make such a difference because we don't offer help from the outside, but have people living within the communities we serve; opening up their homes and their lives to demonstrate a different way to live, engaging and partnering with the disadvantaged to include them everything we do.

2011 has been a really exciting year. Our regular toddlers group and after-school clubs have gone from strength to strength and young

adults groups have really taken off, with lots of stories of shared triumphs and tragedies. We have also further strengthened the trustee board with the appointment of James Parker as Treasurer.

On behalf of all the trustees I would like to thank Steve Craggs who stepped down from his role as Chair in September after four years. Steve presided over significant changes in the operational structure of the charity and in the trustee board, and has been instrumental in the dramatic cost reductions and dynamic growth in our activities we have seen the last few years. We are very grateful for all the work Steve has done, and continues to do as a trustee

On the horizon in 2012 we are hoping to raise the money to welcome two new interns onto Strawberry Vale in place of Ash Chafe and Cat Overend, whose programmes finish in the summer. We are also raising money for a new community minibus and a full-time professional youth worker to run our Befriending And Mentoring Scheme

It remains to say a huge "thank you" to everyone who has supported us by giving up your money, time and skills Real transformation is happening right now We urge you to continue to be a part of it

Tim Overton Chair of Trustees 1<sup>st</sup> March 2012



Projects Report

"Hope House helping to transform communities from the inside out"



Hope in 2011 — 2011 has seen a step-change in the development of relationships between Hope House and the communities we serve Building on the contacts which have been established through our Core Groups, there has been a real engagement between our wider volunteer base and the families we serve, leading to the beginnings of a re-connection between local estates and their neighbouring communities

Our Core Groups, which serve those who live on the Strawberry Vale, The Grange and surrounding estates in East Finchley, continue to develop and grow Most of our groups are based in the community, and operate out of the Green Man Community Centre on Strawberry Vale Estate

Strawberry Vale Toddler Group began as Coffee & Kids in 2009 Hope House has nurtured the development of the group by its users, who have begun to take on ownership of the running of the group As ever, Christmas was the highlight with a great Toddler Group party organised by the families themselves

Only Girls Allowed is a weekly group for primary school-age girls. The group is currently full and has a waiting list, although priority is given to children who are resident on the estates. In step with the growth of the group, the team has also grown, with new helpers in the main coming from the estates. The highlight of the year was a princess party in the summer which was enjoyed by children and leaders alike!





Only Boys Allowed is a weekly group for primary school age boys—it's been great to see the boys bond as a group and explore lots of sporting, craft, cooking and other activities. Fulfilling the vision of Hope House to a T, it has been so rewarding for the Trustees and team to have the opportunity to support and encourage some of the young men on the estates who have now joined the Only Boys Allowed leadership team—This has sent such a positive message to the other young men on the estates about service and

volunteering and has provided the younger boys with role models from within their own community

The Place began in 2011 and is a safe environment for the 11-14s from the estates to relax and have fun together, whilst picking up some really useful skills such as cooking, arts and crafts and dance. The group has grown over the year in both number and diversity with young people excited to introduce their friends.

Engage is a low key mentoring scheme for the teens and twenties on the estates. They meet weekly either as a group or individually with one of the team. This group has had its highs and lows, mainly due to chaotic lives of the young people. Because of this it is even more important for us to be constant in our approach.

Interns are a vital part of our live-in team on the Strawberry Vale Estate and take the lead in organising our Core Groups. They are also engaged in detached youth and children's work on the estate. They seek to develop individuals through positive activity with boundaries, building self worth, encouraging respect, and providing good role models, as well as building relationships with the local community and organising community events and outings. Hope House provides accommodation costs, travel and training costs funded by grants from the London Borough of Barnet and a number of other donors.



Hope House Worth Control Manual Regular 2014 (5)

Big Christmas Party is an annual event hosted by Hope House in partnership with the Green Man Community Centre, bringing families and the community together, building healthy relationships, encouraging respect and creating a sense of belonging

Hope from our Business Partners — Hendon Hall Hotel not only supports Hope House in raising money and awareness for our projects, but also in offering opportunities and facilities. We are excited by the possibilities that relationships with local businesses like Hendon Hall can offer



Hope for Men — Members of Hope House's wider volunteer base have spent 2011 developing relationships with dads and young men holding regular lunches and BBQ's both on and off the estate, drawing them out of their seclusion, and getting them involved in friendship and community projects. The results have been amazing. People who have been involved in redecorating the homes of others have been inspired to see how their world could be better and gone home to fix up and

redecorate their own homes. More than that, they are happier!

Hope out and about — This year we've taken families on trips to Disney on Ice and Harbour Park in Littlehampton; as well as an overnight taster camping holiday in Somerset, trip to the British Museum and a group of our young people even scaled Snowdon!

Hope for the Future We're looking to both widen and deepen the work of Hope House, with a Befriending and Mentoring scheme (BAMs) and a "Job Ready" prototype project as well as events to engage more of the community including some women's only events. We'll also be taking a group away on a week's camping holiday in the summer

Through the generosity of our funding partners most of our regular groups are now fully-funded for 2012, but we urgently need to raise funds for a new community minibus, support for our interns, and for a full-time professional youth worker to run BAMs



We're not just meeting people's needs today; we're restoring their hope for tomorrow!



**DARE TO DREAM!** 

Helen Shannon Projects Director 1<sup>st</sup> March 2012



Treasurer's Report

"I see that the Hope House model really works and this has inspired me to get involved"



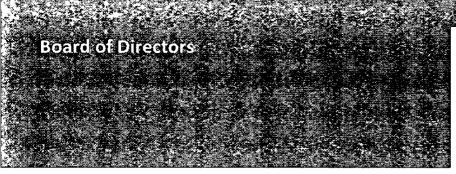
At Hope House we are a volunteer led organisation and are fortunate to have a number of experienced professionals taking responsibility for our corporate functions, all of whom give their time and expertise for free

Our business model involves minimal overheads and running costs and as a result we ensure that all the financial donations we receive deliver the maximum possible impact to the community. All our projects are costed and fully funded up front and we hold a small prudent level of cash reserves sufficient to cover contingencies.

From a financial perspective our work is therefore fully dependant on the donations and grants we receive. We are very grateful to the following major donors: The London Borough of Barnet, St Barnabas Church, Today and Tomorrow, KCH Contractors and Hendon Hall.

As well as the major donors our thanks go to all our other supporters who contribute in a range of different ways. These are the Friends of Hope House, the Green Man Centre Management Committee for the use of the Community Hall, St Barnabas Woodside Park for office space for other administrative support, all at no cost

James Parker Treasurer 1<sup>st</sup> March 2012





Helen Shannon
Projects Director
Helen is Neighbourhood
Pastor at St Barnabas
Church, Woodside Park
She and her family live on

the Strawberry Vale estate

"Hope House works with local groups, families and individuals to help them to transform their lives and in turn their neighbourhoods"



Steve Craggs Trustee Steve is Global Head of Training and Development at PA Consulting Group

"Hope House helps young people see there can be more to their future than they had ever hoped"



James Parker Treasurer

James is a member of the institute of Chartered Accountants of Scotland and is a Director at

PricewaterhouseCoopers LLP

"I see that the Hope House model really works and this has inspired me to get involved"



Henry Kendai Trustee Henry is Vicar of St Barnabas Church, Woodside Park

"Hope House's strength is its ability to mobilise volunteers in service of the community"



Tim Overton Chair of Trustees

Tim is a Fellow of the Institute of Actuaries and Head of Pricing at Novae Group Pic

"I believe passionately in the Hope House philosophy to change communities you have to get alongside people"



Caroline Overton

Company Secretary

Caroline is a Solicitor and Senior Associate at Allen & Overy LLP

"Hope House impacts lives and creates community through affirming relationships"



### Fraser Mackay Trustee

Fraser is Centre Director at the Guy Chester Centre and has over 30 years' experience in the charity sector

"I'm involved because Hope House's talented and committed team have an incredible impact on so many lives"

## **Legal and Administrative Details**

# "Hope House impacts lives and creates community through affirming relationships."



Registered office

St Barnabas Church

Holden Road Woodside Park London N12 7DN

Company registration number

03630927 1073072

Charity registration number

### **Charity objects**

The charity is established to provide facilities and services to children and young adults resident in the London Borough of Barnet with the intention to cater for their social, educational, physical, spiritual, emotional and general welfare needs

### **Organisational structure**

Hope House is an independent charity which was initially funded and subsequently supported by St Barnabas Church, Holden Road, Woodside Park, London, N12 7DN

The charity is administered by the board of trustees which meets every two months

#### Trustees

Those who served as directors and trustees during the period and up to the date of this report are

Mr Timothy Overton

Chair (appointed 20 September 2011, previously Treasurer)

Rev Helen Shannon

Projects Director

Mr James Parker

Treasurer (appointed Trustee and Treasurer 20 September 2011)

Mrs Caroline Overton

Company Secretary

Mr Stephen Craggs

(resigned as Chair 20 September 2011, remains a Trustee)

Rev Henry Kendal Mr Fraser Mackay

No director has any beneficial interest in the company. All directors are members of the company and guarantee to contribute £10 in the event of a winding up. The number of guarantees at 31 December 2011 was seven.

#### **Directors' Responsibilities**

Company and charity law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the directors are required to

- (i) select suitable accounting policies and then apply them consistently,
- (ii) make judgements and estimates that are reasonable and prudent, and
- (iii) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business. The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 1985 and the Charities Act 1993.

They are also responsible for taking reasonable steps for the prevention and detection of fraud and other irregularities

#### Reserves

The directors aim to establish reserves adequate to cover immediate expenses and provide for unexpected demands arising with regard to the property occupied by the charity

#### Risk assessment

The directors have considered the risks to which the charity is exposed and have considered ways of mitigating those risks. The major risk concerns the need for a constant flow of donations and grants and the directors are making every effort to consolidate relationships with current donors and develop new sources of income.

The Directors submit their report together with the accounts for the year to 31 December 2011 which have been prepared in accordance with the Statement of Recommended Practice issued by the Charity Commission in October 2000 and with the Memorandum and Articles of Association of the Company

### **Statement of Financial Activities**

For the year ended 31 December 2011

	Notes	Unrestricted Funds (£)	Restricted Funds (£)	2011 Total Funds (£)	2010 Total Funds (£)
INCOMING RESOURCES					
Donations	(1)	5,038	1,000	6,038	5,827
Grants			6,000	6,000	50,000
Rent		2,125		2,125	525
TOTAL INCOMING RESOURCES		7,163	7,000	14,163	56,352
RESOURCES EXPENDED					
Charitable expenditure					
St James Clubs Expenses			10,000	10,000	
Intern Grant / Expenses					1,616
Rent			5,360	5,360	1,600
Rates		186	2,536	2,722	1,161
Training			2,521	2,521	
Travel			967	967	
Property Repairs & Renewals			160	160	1,340
Electricity, Gas & Water		239	926	1,165	403
Telephones		67		67	329
Furniture / Equipment		623	616	1,239	
Arts, Crafts and Games		132	(52)	80	1,109
Cafe Provisions & Consumables			213	213	781
Cleaning & Rubbish Removals		92		92	564
Events		(21)		(21)	801
Outings			336	336	2,706
Management and Administration					
Fundraising		1,252		1,252	211
Printing stationery and postage			169	169	391
Audit and accountancy		150		150	
Insurance		302		302	1,136
Bank charges		95		95	100
Sundry expenses		1,140	735	1,875	348
Depreciation			681	681	680
TOTAL RESOURCES EXPENDED		4,257	25,168	29,425	15,278
NET MOVEMENT IN FUNDS		2,906	(18, 168)	(15,262)	41,074
Total funds brought forward		4,983	49,737	54,720	13,646
TOTAL FUNDS CARRIED FORWARD		7,889	31,569	39,458	54,720
			<del></del>		

This SOFA includes all gains and losses recognised in the year All incoming resources and resources expended derive from continuing activities

### **Balance Sheet**

For the year ended 31 December 2011

	Notes	Unrestricted Funds (£)	Restricted Funds (£)	2011 Total Funds (£)	2010 Total Funds (£)
FIXED ASSETS	(3)		1,171	1,171	1,851
CURRENT ASSETS					
Debtors	(4)	2,692	1,500	4,192	3,025
Prepayments	(5)	434	568	1,002	
Cash at bank and in hand		4,763	45,284	50,047	55,884
TOTAL CURRENT ASSETS		7,889	47,352	55,241	58,909
CREDITORS	(6)		(16,954)	(16,954)	(6,041)
NET CURRENT ASSETS	·	7,889	30,398	38,287	52,869
NET ASSETS		7,889	31,569	39,458	54,720
FUNDS					
Unrestricted funds		7,889		7,889	4,983
Restricted funds	(7)		31,569	31,569	49,737
TOTAL FUNDS	(8)	7,889	31,569	39,458	54,720

For the year ending 31 December 2011 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

### Directors' responsibilities

- 1) The Members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- 2) The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- 3) These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

The financial statements were approved on 11<sup>th</sup> June 2012 and signed by

Tim Overton
Chair of Trustees

James Parker

For the year ended 31 December 2011

### (1) STATEMENT OF ACCOUNTING POLICIES

### Basis of accounting

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities Statement of Recommended Practice issued in October 2000, and applicable accounting standards. The financial statements have been prepared under the historical cost convention.

#### Income and expenditure

All the information required to be disclosed is shown in the Statement of Financial Activities on page 15

#### Income

Income received by way of donations from individuals and charitable trusts is included in full in the Statement of Financial Activities when received. No gifts in kind were received in the period

#### Fund accounting

Funds held by the charity are either

Restricted Funds Fun

Funds that can only be used for particular restricted purposes within the objects of the charity. They are incoming resources on which the donor has laid down conditions relating to the

expenditure thereon or when funds are raised for a particular purpose

**Unrestricted Funds** 

Incoming resources on which there is no restriction or designation

### Depreciation of tangible fixed assets

Depreciation is provided at the following annual rate to write off each asset over its useful life

Fixtures and fittings

25% on cost

Computer equipment

25% on cost

**Building improvements** 

25% on cost

#### Cash flow statement

The accounts do not include a cash flow statement because, as a small reporting entity, the company is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1

For the year ended 31 December 2011

### (2) TRUSTEES AND EMPLOYEES

The number of employees during the year was nil and no employee received remuneration in excess of £50,000

Trustees expenses claimed during the year amounted to Nil. No director received or waived any emoluments in the year

### (3) TANGIBLE FIXED ASSETS

		Old Farm Road	
	Marquee	Furniture / Equipment	Total
COST			
As at 1 January 2011	759	1,963	2,722
Additions during the year			
Disposals in the year			
As at 31 December 2011	759	1,963	2,722
DEPRECIATION			
As at 1 January 2011	379	491	870
Charges during the year	190	491	681
Disposals in the year			
As at 31 December 2011	569	982	1,551
NET BOOK VALUE			
As at 1 January 2011	380	1,472	1,852
As at 31 December 2011	190	981	1,171

For the year ended 31 December 2011

### (4) DEBTORS

Amounts falling due within one year

	2011 (£)	2010 (£)
St Barnabas Church Intern Scheme Grant	1,500	1,500
KCH Contractors Intern Scheme Grant		1,000
Rent	2,650	525
Other	42	
TOTAL DEBTORS	4,192	3,025

### (5) PREPAYMENTS

	2011 (£)	2010 (£)	
Training	568		
Insurance	300		
TV Licence	134		
TOTAL PREPAYMENTS	1,002		

### (6) CREDITORS

Amounts falling due within one year

	2011 (£)	2010 (£)
Rent	6,960	1,600
Training	2,825	
Rates	3,519	983
Furniture / Equipment	1,963	1,963
Property Repairs & Renewals	1,165	1,165
Other creditors	522	330
TOTAL CREDITORS	16,954	6,041

For the year ended 31 December 2011

### (7) RESTRICTED FUNDS

The movements on the restricted funds of the charity were as follows

		1 Jan 2011 £	Incoming £	Outgoing £	31 Dec 2011 £
(1)	Intern Scheme St Barnabas Church, London Borough of Barnet, KCH Contractors	17,149		(13,277)	3,872
(11)	Connecting Communities  London Borough of Barnet	10,000			10,000
(111)	New Barnet Life (Activities run by St James' Church)  London Borough of Barnet	20,000		(10,000)	10,000
(IV)	Boys / Girls Groups Goldsmith & Co Charities, Merlin's Magic Wand, Jack Petchey Foundation, et al	1,218	1,000	(965)	1,253
(v)	The Place	750		(736)	14
(V11)	Marquee Fund O2 Conservation Fund	620		(190)	430
(vili)	Mınıbus Fund Today & Tomorrow		6,000		6,000
	TOTAL MOVEMENT	49,737	7,000	(25,168)	31,569

For the year ended 31 December 2011

### (8) RECONCILIATION OF MOVEMENTS IN THE FUNDS

	Unrestricted	Restricted	Total
	£	£	£
Balance as at 1 January 2011	4,983	49,737	54,720
Movement during the year	2,906	(18,168)	(15,262)
Balance as at 31 December 2011	7,889	31,569	39,458

### (9) ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted	Restricted	Total
	£	£	£
Tangible fixed assets		1,171	1,171
Debtors	2,692	1,500	4,192
Prepayments	434	568	1,002
Cash at bank and in hand	4,763	45,284	50,047
Creditors		(16,954)	(16,954)
NET ASSETS	7,889	31,569	39,458

### (10) COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee, with no share capital. The liability of its members is limited to £10

# **Income and Expenditure Account**

For the year ended 31 December 2011

	2011 (£)	2010 (£)
INCOMING RESOURCES		
Donations	6,038	5,827
Grants	6,000	50,000
Rent	2,125	525
TOTAL INCOMING RESOURCES	14,163	56,352
RESOURCES EXPENDED		
Chantable expenditure		
St James Clubs Expenses	10,000	
Intern Grant / Expenses		1,616
Rent	5,360	1,600
Rates	2,722	1,161
Training	2,521	
Travel	967	
Property Repairs & Renewals	160	1,340
Electricity, Gas & Water	1,165	403
Telephones	67	329
Furniture / Equipment	1,239	
Arts, Crafts and Games	80	1,109
Cafe Provisions & Consumables	213	781
Cleaning & Rubbish Removals	92	564
Events	(21)	801
Outings	336	2,706
Management and Administration		
Fundraising	1,252	211
Printing stationery and postage	169	391
Audit and accountancy	150	
Insurance	302	1,136
Bank charges	95	100
Sundry expenses	1,875	348
Depreciation	681	680
TOTAL RESOURCES EXPENDED	29,425	15,278
SURPLUS/DEFICIT (-)	(15,262)	41,074





Hope House North London Limited (A company limited by guarantee)

> C/o: St Barnabas Church Holden Road

Holden Road Woodside Park London N12 7DN:

www.hope-house.org.uk-www.facebook.com/pages/Hope-House-North-London

Company registration number: 03630927 Registered UK charity, 1073072