Company Registration No. 03580406 (England and Wales)

CHARNWOOD VOLUNTARY SECTOR MENTAL HEALTH TRUST TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2008



A56 16/09/2008 COMPANIES HOUSE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Mr S A Cramer

Mrs C A Jacobs Mr G Jacobs Mr D Frost Mr M North Miss K Watts

Charity number 1071696

Company number 03580406

Registered office 17 Southfield Road

Loughborough Leicestershire LE11 2TS

Auditors Marsh & Moss Limited

The Gables

Bishop Meadow Road

Loughborough Leicestershire LE11 5RQ

Bankers The Co-operative Bank plc

Olympic House, 6 Olympic Court, Montford Street

Salford M5 2QP

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TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2008

The company was incorporated on 12 June 1998 and took over the activities of the "Mental Health Trust", a restricted fund previously dealt with in the financial statements of Charnwood Community Council on 1 October 1998. The following restricted funds previously dealt with in the Charnwood Community Council financial statements were transferred to the company on 1 April 1999 -

Mental Health Befriending Scheme Mental Health Forum Welcome House Charnwood Computer Project

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, applicable law and the requirements of the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in March 2005

Structure, governance and management

Charnwood Voluntary Sector Mental Health Trust is a company limited by guarantee and not having any share capital. Its governing document is its Memorandum and Articles of Association

The company is registered in England and Wales, number 03580406. Its registered charity number is 1071696. The address of its registered office is

17 Southfield Road Loughborough Leicestershire LE11 2TS

The trustees, who are also the directors for the purpose of company law, who served during the year were

Mr S A Cramer

Mrs C A Jacobs

Mr G Jacobs

Miss N Patel

Mr D Frost

Mr M North

Miss K Watts

(Resigned 5 June 2007)

(Appointed 20 March 2007)

Potential new trustees are first interviewed by a trustee and invited to a board meeting as an observer Following the offer and acceptance of the position the new trustee is given detailed information regarding the activities and history of the trust and invited to visit its various projects

Volunteers

Volunteers are welcomed in all our work and are given training and support to enable them to work alongside our paid staff

The trust has reviewed all the risks pertaining to its work and has put in place policies and procedures to mitigate them

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2008

Objectives and activities

The charity's objects are the promotion, preservation, and safeguarding of mental health and the relief of persons resident in the Borough of Charnwood suffering or having suffered from, or caring for someone suffering from, mental disorder or any other form of mental or emotional distress by

- 1) Advancing public education in matters relating to mental health
- ıı) Undertakıng or assisting in the undertaking of research into any aspects concerning mental health and publishing the useful results of such research
- iii) Developing a strategy to provide a broad spectrum of care services, outreach support, employment training opportunities, housing, associated amenities and day activities for the beneficiaries who are experiencing or have experienced profound or long-term mental health problems or dementia, and, where appropriate and possible, providing such services
- IV) Promoting good practice in the provision of care services by both statutory and independent agencies throughout Charnwood
- v) Enabling beneficiaries to increase control over their own lives through direct involvement and participation in the management of services including those run by the Charity
- vi) Promoting and organising co-operation with all agencies in planning, developing, and implementing Mental Health strategy

High levels of statutory sector activity has totally dominated and directed the work of the Trust during this report period. Along with challenging the proposals of the Day Services Review in order to protect the best interests of the clients of the Trust and the security of its staff, the Trust workers have focused their attention on stabilizing existing services and in offering additional support to anxious clients. The Trust Board has concentrated on addressing the many and various issues which have arisen during the development of the Day Services Review and the emerging Procurement process.

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2008

Achievements and performance

For the Trust, this year has been dominated by statutory sector initiatives in the funding of mental health services in the County, first with the process of a Day Services Review which had begun the previous year and which ran throughout the summer and into the autumn of 2007, and secondly with news, early in the new year, that all voluntary sector mental health services would be subject to a County Council procurement process in the summer of 2008

Formal information and documentation for the Day Services Review emerged in June 2007, with a thirteen week 'consultation period' which involved Trust workers and Directors in considerable work attending statutory sector presentations, and meetings with staff and client groups in order to try to stabilize existing services during a period of insecurity and unsettlement. By the autumn, it was clear that the implications of the Recommendations arising from the Day Services Review would result in a diminution of the Trust services, including the almost definite loss of funding of both our development function and the computer service

It was as we were planning for a consolidation of our services for the future following the Day Services Review Recommendations, that we heard, in January 2008, that the County Council intended imposing a procurement process on all its funded mental health services, and that we should prepare to put in a bid during the summer should we wish to continue managing our existing services. This was a blow which had not been foreseen, and which, following closely on the uncertainties of the Day Services Review, has impacted hugely on an already stressed organization, putting increased pressure on its Trustees, staff and client groups. The possible implications of Procurement are that the Trust could lose all its services in October 2008, and would thereby cease to have a function, if another bidder was preferred by the funding organisation.

Largely as a result of the Day Services Review followed by the news of the Procurement Process, the senior worker with our Social Drop-In Service resigned his post in January of 2008 in order to gain more secure employment. A month or so later, the Trust was informed a second Drop-In worker will leave the organisation in the new year (2009) to take up another, again more secure, career

The past year has been a period of intense anxiety and concern for the Trust Directors and staff, all development work has had to be put on hold, and all resources, and more besides, have needed to be deployed in trying to resolve the problems and difficulties which have arisen. However, it is anticipated that this will be as nothing compared with the challenge which lies ahead for next year(March 2008 - April 2009).

I would wish to thank all Directors and staff of the Trust for the enormous amount of effective and efficient work which has been achieved despite the increased pressure placed on the organisation during the period, and for the good will which has been displayed on so many occasions by so many staff concerned only for the well-being of their clients

Financial review

The trustees of the trust have recommended that the equivalent of four months running costs is held in reserve. This meets with Companies House and Charity Commission good practise recommendations that reserves of three / six months running costs are maintained.

The majority of the Trust's funding is received from Leicestershire County Council

Asset cover for funds

Note 16 sets out an analysis of the assets attributable to the various funds and a description of the funds. These assets are sufficient to meet the chanty's obligations on a fund by fund basis.

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2008

Plans for the future

During the latter part of this current period, the Trust Directors with the support of the senior staff group, took the decision to definitely bid for its own existing services and to examine options for an extension of service management in order to maximise its chances of success during Procurement. Work on this bid will concentrate during the summer months of 2008, the outcomes of the Procurement process, it is understood, will be made public in the early autumn. It is at that point that the organisation will know whether or not it will continue to operate. The Directors and staff will focus all energy and expertise on developing an effective bid, possibly joining a partnership of sister organisations, in order to enhance its chances of successfully bidding for quality services for clients and the jobs of its staff.

The coming year will call on all the resources - professional, financial, administrative, managerial and personal - which the Trust can produce It is to be profoundly hoped that these will prove to be sufficient and that the Trust will be successful in securing a future for the organisation

Disclosure of information to auditors

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

Auditors

Marsh & Moss Limited were appointed auditors to the company and in accordance with section 385 of the Companies Act 1985, a resolution proposing that they be re-appointed will be put to the Annual General Meeting

These accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

On behalf of the board of trustees

Dated 12 August 2008

Jacobs

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the accounts in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the trust and of its incoming resources and application of resources, including its net income and expenditure for the year

In preparing these accounts, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the trust will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the trust and which enable them to ensure that the accounts comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITORS' REPORT

TO THE MEMBERS OF CHARNWOOD VOLUNTARY SECTOR MENTAL HEALTH TRUST

We have audited the accounts of Charnwood Voluntary Sector Mental Health Trust for the year ended 31 March 2008 set out on pages 8 to 17 These accounts have been prepared under the historical cost convention and the accounting policies set out on page 10

This report is made solely to the company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed

Respective responsibilities of trustees and auditors

As described on page 5, the trustees, who are also the directors of Charnwood Voluntary Sector Mental Health Trust for the purpose of company law, are responsible for preparing the Trustees Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Our responsibility is to audit the accounts in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland)

We report to you our opinion as to whether the accounts give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you whether in our opinion the information given in the Trustees Report is consistent with the accounts.

In addition we report to you if, in our opinion, the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and transactions with the trust is not disclosed

We read the Trustees Report and consider the implications for our report if we become aware of any apparent misstatements within it

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the accounts. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the accounts, and of whether the accounting policies are appropriate to the trust's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the accounts.

We have undertaken the audit in accordance with the requirements of APB Ethical Standards including APB Ethical Standard - Provisions Available for Small Entities, in the circumstances set out in note 20 to the accounts

INDEPENDENT AUDITORS' REPORT (CONTINUED)

TO THE MEMBERS OF CHARNWOOD VOLUNTARY SECTOR MENTAL HEALTH **TRUST**

Opinion

In our opinion

- the accounts give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the trust's affairs as at 31 March 2008 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the accounts have been properly prepared in accordance with the Companies Act 1985, and
- the information provided in the Trustees Report is consistent with the accounts

Emphasis of matter

Without qualifying our opinion, we draw attention to note 1.1 in the financial statements which states that there is significant doubts over the availability of future funding. This indicates the existence of a material uncertainty which may cast a significant doubt about the charity's ability to continue as a going concern. The financial statements do not include any adjustment that would result if the charity was unable to continue as a going concern

Marsh & Moss Limited

Accountants and Registered Auditor

The Gables

Bishop Meadow Road

Loughborough

Leicestershire

LE11 5RQ

Dated 2 September 2008

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2008

		Unrestricted	Designated	Restricted	Total	Total
		funds	funds	funds	2008	2007
	Notes	£	£	£	£	£
Incoming resources from gener	ated fund	<u>ds</u>				
Investment income Incoming resources from	2	814	-	•	814	556
chantable activities	3	102,530	-	2,290	104,820	109,047
Other incoming resources	4	179		-	179	355
Total incoming resources		103,523		2,290	105,813	109,958
Resources expended Charitable activities	5					
Direct Charitable Expenses		101,758	1,645	945	104,348	108,541
Governance costs		1,222	-	-	1,222	1,380
Total resources expended		102,980	1,645	945	105,570	109,921
Net incoming/(outgoing)						
resources before transfers		543	(1,645)	1,345	243	37
Gross transfers between funds	8	(3,909)	3,909	-	-	-
Net (expenditure)/income for the	e year/					
Net movement in funds		(3,366)	2,264	1,345	243	37
Fund balances at 1 April 2007		20,627	7,201	1,187	29,015	28,978
Fund balances at 31 March						
2008		17,261	9,465	2,532	29,258	29,015

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 1985

BALANCE SHEET

AS AT 31 MARCH 2008

		200	08	200	7
	Notes	£	£	£	£
Fixed assets					
Tangible assets	10		4,083		4,847
Current assets					
Debtors	11	4,040		3,284	
Cash at bank and in hand		46,128		46,096	
		50,168		49,380	
Creditors: amounts falling due within one year	12	/4E GEG\		/16 012)	
one year	12	(15,656)		(16,013)	
Net current assets			34,512		33,367
Total assets less current liabilities			38,595		38,214
Deferred income	13		(9,337)		(9,199)
Net assets			29,258		29,015
Income funds					
Restricted funds	15		2,532		1,187
Unrestricted funds					
Designated funds	16		9,465		7,201
Other chantable funds			17,261		20,627
			29,258		29,015

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007)

The accounts were approved by the Board on 12 August 2008

Wir G Jacoby

Mrs C A Jacobs

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2008

1 Accounting policies

11 Basis of preparation

The accounts have been prepared under the historical cost convention

The method of obtaining grant funding from Leicestershire County Council has now changed, with the charity now being required to submit a tender for the income. This has highlighted the need to consider the appropriateness of preparing the financial statements on a going concern basis.

Depending upon the decision of the County Council, there could be no further funding received from this source which would result in the Trust being unable to continue its operations

Due to this there are significant concerns regarding the appropriateness of the going concern basis

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 1985

The company has presented a Statement of Financial Activities which incorporates the Income and Expenditure account permitted by Schedule 4 Paragraph 3 (3) of the Companies Act 1985 to reflect the special nature of the company's charitable activities

12 Incoming resources

Grants receivable are credited to the SOFA in the year to which they relate with any unexpended balances being shown in liabilities (amounts falling due within one year)

13 Resources expended

Expenditure is allocated on the SOFA between restricted funds and unrestricted funds, and is further analysed between direct charitable expenditure and governance costs

1 4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Office Equipment
Computer equipment

10% straight line 33% straight line

1.5 Accumulated funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The purposes and uses of the designated funds are set out in the notes to the accounts

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

1.6 Contribution to pension funds

The pension costs charged in the accounts represent the contributions payable by the trust during the year in accordance with SSAP 24

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

1	Accounting Policies				(c	ontinued)
17	Value Added Tax The Charity is not required to register for V	/AT All inc	ome and expe	nses include V	AT where app	licable
2	Investment income					
					2008 £	2007 £
	Interest receivable			=	814	556
3	Incoming resources from charitable act	ivities				
		ı	Unrestricted funds £	Restricted funds £	Total 2008 £	Total 2007 £
	Grants receivable for charitable activities		102,530	2,290	104,820	109,047
4	Other incoming resources					
					2008 £	2007 £
	Other income			=	179	355
5	Total resources expended					
		costs £	Depreciation £	Other costs £	Total 2008 £	Tota 200
	Charitable activities Direct Charitable Expenses Activities undertaken directly	76,806	2,536	25,006	104,348	108,541
	Governance costs	-	-	1,222	1,222	1,380
	_	76,806	2,536	26,228	105,570	109,921

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but one of them was reimbursed a total of £80 expenses (2007-£278)

7 Employees

Number of employees

The average monthly number of employees during the year was

	2008	2007
	Number	Number
Charitable workers - part time	7	7
Employment costs	2008	2007
	£	£
Wages and salaries	69,791	71,489
Social security costs	5,067	5,407
Other pension costs	1,949	1,752
	76,807	78,648
		

There were no employees whose annual emoluments were £60,000 or more

8 Transfers

During the year transfers were made by the trustees from unrestricted funds to designated funds. Details of these transfers are included in note 15.

2008

2007

8 Grant income

	£	£
Leicestershire County Council grant receivable	110,391	107,698
Other grants receivable for undesignated purposes Other grants receivable for restricted purposes	- 2.290	2,550
Leicestershire County Council grant clawback	(7,861)	(1,201)
Net grant income for year	104,820	109,047
	<u> </u>	

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

10	Tangible fixed assets	Computer	Office	Total
			Equipment	
		£	£	£
	Cost			
	At 1 April 2007 Additions	16,757	10,411	27,168
	Additions	1,772	-	1,772
	At 31 March 2008	18,529	10,411	28,940
	Depreciation			
	At 1 April 2007	15,604	6,717	22,321
	Charge for the year	1,691	845	2,536
	At 31 March 2008	17,295	7,562	24,857
	Net book value			
	At 31 March 2008	1,234	2,849	4,083
	At 31 March 2007	1,153	3,694	4,847
11	Debtors		2008 £	2007 £
			~	_
	Other debtors		689	-
	Prepayments and accrued income		3,351	3,284
			4,040	3,284
12	Creditors: amounts falling due within one year		2008	2007
			£	£
	Grants repayable		9,062	1,201
	Accruals		6,594	14,812
			15,656	16,013

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

13	Deferred income		
		2008	2007
		£	£
	Total deferred income at 1 April 2007	9,199	8,975
	Amounts received in year	9,337	9,199
	Amounts credited to statement of financial activities	(9,199)	(8,975)
	Total deferred income at 31 March 2008	9,337	9,199

14 Pension costs

The charity operates a defined contribution pension scheme for the benefit of the employees. The assets of the scheme are administered by trustees in a fund independent from those of the charity.

The total contributions payable in the year amounted to £1,949 (2007 £1,752) Contributions totalling £166 were payable to the fund at the year end and are included in creditors

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes

		Movement	in funds	
	Balance at	Incoming	Resources	Balance at 31
	1 April 2007	resources	expended	March 2008
	£	£	£	£
Welcome House Sports & Recreational Activities	180	640	-	820
Rambling Group	354	1,200	(945)	609
Parent & Toddler Group	278	_	•	278
Welcome House Social	375	450	-	825
	1,187	2,290	(945)	2,532

The Welcome House Sport & Recreational Activities Fund is set up to provide access to sporting and recreational activities to members of Welcome House This is largely through the provision of transportation facilities

The Rambling Group Fund is set up to provide access to walking activities to members of Welcome House to give them a break from their normal living environment. This is largely through the provision of transportation facilities.

The Parent & Toddler Group Fund supports a facility where parents suffering from mental health difficulties may enjoy a break from their children and a social activity

The Welcome Social Fund provides day outings and holidays on waterways for members of Welcome House

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes

	Movement in funds					
	Balance at 1 April 2007	Incoming resources	Resources expended	Transfers Ba	alance at 31 March 2008	
	£	£	£	£	£	
CCP Outreach	670	-	•	(670)	-	
IT upgrading	2,331	-	(1,645)	3,000	3,686	
Parent & Toddler Group	4,200	-	-	(4,200)	-	
CCP Support	-			5,779	5,779	
	7,201		(1,645)	3,909	9,465	

The Charnwood Computer Project (CCP Outreach) was created to provide a safe environment where people recovering from mental distress can learn computer skills or improve on their existing skills

The IT Upgrading fund is for money spent on new computers for the CCP Outreach fund

The Parent & Toddler Group was set up to provide a place for parents to attend during the day with their child

The CCP Support fund was set up to finance the relocation of the CCP Project

17 Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total
	£	£	£	£
Fund balances at 31 March 2008 are represented by				
Tangible fixed assets	2,896	1,187	-	4,083
Current assets	39,358	8,278	2,532	50,168
Creditors amounts falling due within one				
year	(15,656)	-	-	(15,656)
Deferred income	(9,337)	-	-	(9,337)
	17,261	9,465	2,532	29,258
			_	

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2008

18 Commitments under operating leases

At 31 March 2008 the company had annual commitments under non-cancellable operating leases as follows

	Land and bւ	uldings
	2008	2007
-	£	£
Expiry date		
Within one year	10,336	10,336

19 Control

The charity is controlled by the trustees

20 Auditors' Ethical Standards

The relevant circumstances requiring disclosure in accordance with the requirements of APB Ethical Standard - Provisions Available for Small Entities are that, in common with many charities of our size and nature we use our auditors to assist with the preparation of the accounts