



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3570476

Company Name in full

YORK NUTRITIONAL LABORATORY
LIMITED



F288A018

Date of appointment Day Month Year
01 07 98

†Date of Birth Day Month Year
19 11 48

Appointment form Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

JOHN

Surname

GRAHAM

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

14 ALDERSYDE

Post town

YORK

Postcode

YO2 2QP

County / Region

Country

†Nationality

†Business occupation

†Other directorships
(additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

[Signature]

Date

30.6.98.

* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

30-6-98

** Please delete as appropriate

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

DAWSON VCO

HARRINGTON HOUSE

3 MAIN STREET

FULFORD

YORK

YO10 4HJ

Tel

01904

654677

DX number

DX exchange



A23 *ADLYB7PD* 649
COMPANIES HOUSE 08/07/98

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.