

Please complete in typescript, or in bold black capitals

COMPANIES HOUSE

Form revised 1999

03/06/03

CHFP029

288b

DX 33050 Cardiff

DX 235 Edinburgh

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

			 _
Company Number Company Name in full		03561960	
		Health Management (Carlisle) Holdings Limited	
Date of	termination of appointment as director	Day Month Year 2 5 0 3 2 0 0 3 X as secretary	Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.
Please insert letails as previously potified to Companies Hor	NAME *Style / Title	MR	*Honours etc
	Forename(s)	ADRIAN MICHAEL	
	use. Surname	RINGROSE	
	†Date of Birth	Day Month Year 0 9 0 4 1 9 6 7	
Voluntary details. Directors only.	Signed	A serving director, secretary etc mu	st sign the form below.
* Delete as approp	priate	(** serving director /-secretary /-administrator /-administrator /-	rative receiver / receiver manager / receiver)
Please give the name, address, elephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.		MRS C A PEPPER, INTERSERVE PLC, INTERSERVE HOUSE, RUSCOMBE PARK, TWYFORD, READING, BERKSHIRE, RG10 9JU	
		Tel 0118 9602329	
		DX number DX exchange When you have completed and signed the form please send it to the	

Registrar of Companies at:

for companies registered in Scotland

Companies House, Crown Way, Cardiff, CF14 3UZ for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB