

AMENDED

Registered number: 3549748

**SALE WEIGHT TRAINING CLUB LTD  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

JFL Accountancy Services

19 Green Walk  
Timperley  
Altrincham  
Cheshire  
WA15 6JN

FRIDAY



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COMPANIES HOUSE

**Sale Weight Training Club Ltd**  
**Unaudited Financial Statements**  
**For The Year Ended 31 December 2018**

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**Sale Weight Training Club Ltd**  
**Balance Sheet**  
**As at 31 December 2018**

Registered number: 3549748

		2018		2017	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	5		109,844		124,605
			109,844		124,605
<b>CURRENT ASSETS</b>					
Stocks	6	5,590		2,778	
Cash at bank and in hand		5,598		9,111	
		11,188		11,889	
<b>Creditors: Amounts Falling Due Within One Year</b>	7	(6,140)		(5,380)	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			5,048		6,509
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			114,892		131,114
<b>NET ASSETS</b>			114,892		131,114
Income and Expenditure Account			114,892		131,114
<b>MEMBERS' FUNDS</b>			114,892		131,114

**Sale Weight Training Club Ltd  
Balance Sheet (continued)  
As at 31 December 2018**

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For the year ending 31 December 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.
- The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Income and Expenditure Account.

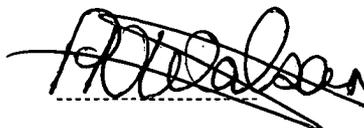
On behalf of the board



**Mr Desmond Gorman**



**Mr Ian Waterfield**



**Mr Paul Watson**

**08/10/2019**

The notes on pages 3 to 4 form part of these financial statements.

**Sale Weight Training Club Ltd**  
**Notes to the Financial Statements**  
**For The Year Ended 31 December 2018**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**1.2. Turnover**

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

**1.3. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Leasehold	Straight line over 20 years
Plant & Machinery	20% Straight line
Fixtures & Fittings	20% Straight line

**1.4. Stocks and Work in Progress**

Stocks and work in progress are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads. Work-in-progress is reflected in the accounts on a contract by contract basis by recording turnover and related costs as contract activity progresses.

**1.5. Registrar Filing Requirements**

The company has taken advantage of Companies Act 2006 section 444(1) and opted not to file the income and expenditure account, directors report, and notes to the financial statements relating to the income and expenditure account. The notes which are not included have been hidden but original note numbering has remained the same for those that are present.

**4. Average Number of Employees**

Average number of employees during the year was as follows:

	<b>2018</b>	<b>2017</b>
Office and administration	4	4
	<hr/>	<hr/>
	4	4
	<hr/>	<hr/>

**Sale Weight Training Club Ltd**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 December 2018**

**5. Tangible Assets**

	<b>Land &amp; Property</b>		<b>Total</b>
	<b>Leasehold</b>	<b>Fixtures &amp; Fittings</b>	
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
As at 1 January 2018	144,486	233,013	377,499
Additions	-	395	395
As at 31 December 2018	<u>144,486</u>	<u>233,408</u>	<u>377,894</u>
<b>Depreciation</b>			
As at 1 January 2018	38,597	214,297	252,894
Provided during the period	7,227	7,929	15,156
As at 31 December 2018	<u>45,824</u>	<u>222,226</u>	<u>268,050</u>
<b>Net Book Value</b>			
As at 31 December 2018	<u>98,662</u>	<u>11,182</u>	<u>109,844</u>
As at 1 January 2018	<u>105,889</u>	<u>18,716</u>	<u>124,605</u>

**6. Stocks**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Stock - finished goods	5,590	2,778
	<u>5,590</u>	<u>2,778</u>

**7. Creditors: Amounts Falling Due Within One Year**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Corporation tax	-	81
Other taxes and social security	1,262	1,752
Accruals and deferred income	4,878	3,547
	<u>6,140</u>	<u>5,380</u>

**8. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £10.

**9. General Information**

Sale Weight Training Club Ltd Registered number 3549748 is a limited by guarantee company incorporated in England & Wales. The Registered Office is Walton Park Sports Centre, Raglan Road, Sale, Cheshire, M33 4AG.