# Registered Number 03529774

# BEST TRAINING (LINCS) LIMITED

# **Abbreviated Accounts**

31 July 2015

#### Abbreviated Balance Sheet as at 31 July 2015

	Notes	2015	2014
		£	£
Fixed assets			
Tangible assets	2	17,397	26,958
		17,397	26,958
Current assets			
Stocks		1,750	2,000
Debtors		122,652	84,265
Cash at bank and in hand		284	27,040
		124,686	113,305
Creditors: amounts falling due within one year	3	(64,851)	(83,811)
Net current assets (liabilities)		59,835	29,494
Total assets less current liabilities		77,232	56,452
Creditors: amounts falling due after more than one year	3	(9,581)	(20,749)
Provisions for liabilities		(2,356)	(4,022)
Total net assets (liabilities)		65,295	31,681
Capital and reserves			
Called up share capital	4	20,000	1,000
Profit and loss account		45,295	30,681
Shareholders' funds		65,295	31,681

- For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 22 October 2015

And signed on their behalf by:

J M Woolner, Director

#### Notes to the Abbreviated Accounts for the period ended 31 July 2015

#### 1 Accounting Policies

### Basis of measurement and preparation of accounts

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008).

### **Turnover policy**

Turnover represents amounts chargeable, net of value added tax, in respect of the sale of goods and services to customers.

### Tangible assets depreciation policy

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Fixtures and fittings: 15% and 33% straight line basis

#### Other accounting policies

Stock - Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs.

Deferred tax - Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes, which have arisen but not reversed by the balance sheet date, except as required by the FRSSE. Deferred tax is measured at the rates that are expected to apply in the periods when the timing differences are expected to reverse, based on the tax rates and law enacted at the balance sheet date.

Hire purchase and leasing - Rentals payable under operating leases are charged in the profit and loss account on a straight line basis over the lease term. Assets held under finance leases, which are leases where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet as tangible fixed assets and are depreciated over the shorter of the lease term and their useful lives. The capital elements of future obligations under the leases are included as liabilities in the balance sheet. The interest element of the rental obligation is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding. Assets held under hire purchase agreements are capitalised as tangible fixed assets and are depreciated over the shorter of the lease term and their useful lives. The capital element of future finance payments is included within creditors. Finance charges are allocated to accounting periods over the length of the contract and represent a constant proportion of the balance of capital repayments outstanding.

#### 2 Tangible fixed assets

At 1 August 2014	116,154
Additions	4,073
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2015	120,227
Depreciation	
At 1 August 2014	89,196
Charge for the year	13,634
On disposals	-
At 31 July 2015	102,830
Net book values	
At 31 July 2015	17,397
At 31 July 2014	26,958

### 3 Creditors

	2015	2014
	$\mathcal{L}$	£
Secured Debts	26,184	29,098

## 4 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
20,000 Ordinary shares of £1 each (100 shares for 2014)	20,000	100

New shares allotted - During the year 19,000 ordinary shares having an aggregate nominal value of £1 were allotted for an aggregate consideration of £19,000.

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