

# LIQ13

## Notice of final account prior to dissolution in MVL



Companies House

THURSDAY



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03/01/2019

#355

COMPANIES HOUSE

### 1 Company details

Company number 0 3 5 0 2 6 6 3

Company name in full L A Fitness (1998) Limited

#### → Filling in this form

Please complete in typescript or in  
bold black capitals.

### 2 Liquidator's name

Full forename(s) John David Thomas

Surname Milsom

### 3 Liquidator's address

Building name/number 15

Street Canada Square

Post town London

County/Region

Postcode E 1 4 5 G L

Country United Kingdom

### 4 Liquidator's name ●

Full forename(s) Mark Jeremy

Surname Orton

#### ● Other liquidator

Use this section to tell us about  
another liquidator.

### 5 Liquidator's address ●

Building name/number 15

Street Canada Square

Post town London

County/Region

Postcode E 1 4 5 G L


Country United Kingdom

#### ● Other liquidator

Use this section to tell us about  
another liquidator.

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<b>6</b>	<b>Final account</b>	
	<input checked="" type="checkbox"/> I have delivered the final account of the winding up to the members in accordance with Section 94(2) and attach a copy.	
<b>7</b>	<b>Sign and date</b>	
Liquidator's signature	Signature <div style="display: flex; align-items: center;"> <span style="font-size: 2em; margin-right: 10px;">X</span>  <span style="margin-left: 10px; font-size: 2em;">X</span> </div>	
Signature date	<div style="display: flex; align-items: center;"> <div style="border: 1px solid black; padding: 2px;">d</div> <div style="border: 1px solid black; padding: 2px;">1</div> <div style="border: 1px solid black; padding: 2px;">4</div> <div style="margin: 0 10px;"> </div> <div style="border: 1px solid black; padding: 2px;">1</div> <div style="border: 1px solid black; padding: 2px;">2</div> <div style="margin: 0 10px;"> </div> <div style="border: 1px solid black; padding: 2px;">2</div> <div style="border: 1px solid black; padding: 2px;">0</div> <div style="margin: 0 10px;"> </div> <div style="border: 1px solid black; padding: 2px;">1</div> <div style="border: 1px solid black; padding: 2px;">8</div> </div>	

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### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Jamil Uddin
Company name	KPMG LLP
Address	15 Canada Square
Post town	London
Country/Region	
Postcode	E 1 4 5 G L
Country	United Kingdom
DX	
Telephone	020 7311 2566



### Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.



### Important information

All information on this form will appear on the public record.



### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.



### Further information

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

**L A Fitness (1998) Limited - in Members' Voluntary Liquidation (the 'Company')**

**Liquidators' final account of the liquidation for the period from 5 September 2017 to 10 December 2018**

Name	L A Fitness (1998) Limited
Trading name / Former names	No former names
Company number	03502663
Previous registered office	C/O Pure Gym Limited, Town Centre House, Merrion Centre, Leeds LS2 8LY
Present registered office	KPMG LLP, 15 Canada Square, London E14 5GL
Joint Liquidators	John Milsom and Mark Orton
Joint Liquidators' address	KPMG LLP, 15 Canada Square, London E14 5GL
Date of appointment	5 September 2017
Appointed by	Members

## Receipts and payments

Declaration of solvency			
£	ASSET REALISATIONS	£	£
NIL	Inter-company debt	<u>NIL</u>	
	DISTRIBUTIONS		
	Ordinary shareholders	<u>NIL</u>	
<u>NIL</u>			<u>NIL</u>
			<u>NIL</u>

The declaration of solvency, sworn by the directors prior to the commencement of the liquidation, showed neither assets nor liabilities.

The Company had no known creditors. A notice to creditors to prove their claims in the liquidation was advertised in the London Gazette on 19 September 2017. No creditors were forthcoming as a result of this advertisement.

## Tax

The Company's tax advisors advised that the Company had dormant corporation tax status. Following their appointment, the Joint Liquidators sought and received confirmation from HM Revenue and Customs ("HMRC") that the Company had no outstanding corporation tax returns or liabilities, that it would not raise enquiries into any pre or post liquidation periods and that it had no objection to the Liquidators proceeding to finalise the liquidation.

A similar assurance was sought and received from HMRC in respect of PAYE and VAT matters.

## Distributions

There were no assets available for distribution to shareholders.

## Joint Liquidators' remuneration and expenses

A written resolution was passed on 5 September 2017 that the remuneration of the Joint Liquidators be fixed at their normal charging rates according to the time properly spent by them and members of their staff in attending to matters arising in the winding up of the Company.

In the event, the Liquidators' remuneration and expenses has been paid by a third party and accordingly, no detailed analysis is included in this report.

*L A Fitness (1998) Limited - in Members' Voluntary Liquidation (the 'Company')  
Liquidators' final account of the liquidation for the period from 5 September 2017 to 10 December 2018*



Signed

John Milsom  
*Joint Liquidator*

John David Thomas Milsom and Mark Orton are authorised to act as Insolvency Practitioners by the Institute of Chartered Accountants in England & Wales and the Insolvency Practitioners Association respectively

We are bound by the Insolvency Code of Ethics

The Joint Liquidators are Data Controllers of personal data as defined by the Data Protection Act 2018. Personal data will be kept secure and processed only for matters relating to the appointment. For further information, please refer to our Privacy Policy.