Abbreviated Unaudited Accounts

for the Year Ended 31 January 2016

for

Chris Ring Consulting Limited

Contents of the Abbreviated Accounts for the Year Ended 31 January 2016

	Page
Company Information	1
Abbreviated Statement of Financial Position	2
Notes to the Abbreviated Accounts	4

Chris Ring Consulting Limited

Company Information for the Year Ended 31 January 2016

DIRECTOR:	C Ring
SECRETARY:	A P Ring
REGISTERED OFFICE:	7 Romany Gardens London E17 5PB
REGISTERED NUMBER:	03498505
ACCOUNTANTS:	Peter Hodgson & Co Shadwell House 65 Lower Green Road Rusthall Tunbridge Wells Kent TN4 8TW

Abbreviated Statement of Financial Position 31 January 2016

	NT.	2016	C	2015	c
FIXED ASSETS	Notes	£	£	£	£
Property, plant and equipment	2		2,142		2,857
CURRENT ASSETS					
Debtors		8,620		5,426	
Cash at bank		<u>3,485</u>		10,195	
		12,105		15,621	
CREDITORS					
Amounts falling due within one year		12,137		13,739	
NET CURRENT (LIABILITIES)/ASSETS	5		(32)		1,882
TOTAL ASSETS LESS CURRENT					
LIABILITIES			2,110		4,739
CAPITAL AND RESERVES					
Called up share capital	3	1		1	
Retained earnings	,	2,109		4,738	
SHAREHOLDERS' FUNDS			2,110		4,739
70,100			$\frac{-2,110}{2,110}$		4,739

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
 - preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395
- and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Abbreviated Statement of Financial Position - continued 31 January 2016

The abbreviated	accounts	have b	een	prepared	in	accordance	with	the	special	provisions	of	Part	15	of the	Companies	Act	2006
relating to small o	companies																

The financial statements were approved by the director on 20 May 2016 and were signed by:

C Ring - Director

Notes to the Abbreviated Accounts for the Year Ended 31 January 2016

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

These financial statements for the year ended 31 January 2016 are the first financial statements that comply with FRS 102 small entities. The date of transition is 1 January 2014.

The presentation currency is £ sterling.

Financial reporting standard 102 - reduced disclosure exemptions

The company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland":

• the requirements of Section 7 Statement of Cash Flows.

Turnover

Revenue is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Fixtures and fittings - 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

2. PROPERTY, PLANT AND EQUIPMENT

· · · · · · · · · · · · · · · · · · ·	Total £
COST	r
At 1 February 2015	
and 31 January 2016	13,629
DEPRECIATION	
At 1 February 2015	10,772
Charge for year	715
At 31 January 2016	11,487
NET BOOK VALUE	
At 31 January 2016	2,142
At 31 January 2015	2,857

Page 4 continued...

Notes to the Abbreviated Accounts - continued for the Year Ended 31 January 2016

3. CALLED UP SHARE CAPITAL

Allotted, issu	ed and fully paid:			
Number:	Class:	Nominal	2016	2015
		value:	£	£
1	Ordinary	1	1	<u> </u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.