



BLUEPRINT
Company Secretary

MA 240x16
P 4866

363a

Annual Return

Company Number 3459814

Company Name in full L.A. FITNESS (LUTON) LIMITED



* F 3 6 3 A C 5 0 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

03 11 98

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

03 11 99

Registered Office (See note 3)

Show here the address **at the date of this return.**

Any change of
registered office
must be notified
on form 287.

Post town

County / Region

Postcode

233-237 OLD MARYLEBONE ROAD

LONDON

NW1 5QT

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

9272

If the code number cannot be determined, give a brief description of principal activity.



ED4 *EPHPD7M* 114
COMPANIES HOUSE 22/01/99
COMPANIES HOUSE 22/01/99

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Register of Debenture holders

(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 1-5)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Details of a new company secretary must be notified on form 288a.

* Honours etc

STEWART JAMES

WENBOURNE

56 BLADINDON DRIVE

BEXLEY

KENT

Postcode

DA5 3BN

England

Usual residential

address must be given. In the case of a corporation, give the registered or principal office address.

Post town
County / Region
Country

Directors (See notes 1-5)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title		Day	Month	Year	
	* Honours etc		Date of birth	21	11	66
	Forename(s)	DAISY NICOLEA				
	Surname	GOODEN				
	Previous forename(s)					
	Previous surname(s)					
Address		70 KINGSTON ROAD				
	Post town	LUTON				
	County / Region	BEDFORDSHIRE	Postcode	LU2 7SA		
	Country	England	Nationality	BRITISH		
	Business occupation	FITNESS INSTRUCTOR				
	Other directorships	None				

* Voluntary details.

Directors	Name	* Style / Title		Day	Month	Year	
		* Honours etc		Date of birth	13	11	69
		Forename(s)	DARRYL				
		Surname	GOODEN				
		Previous forename(s)					
		Previous surname(s)					
	Address	70 KINGSTON ROAD					
	Post town	LUTON					
	County / Region	BEDFORDSHIRE	Postcode	LU2 7SA			
	Country	England	Nationality	BRITISH			
	Business occupation	FITNESS INSTRUCTOR					
	Other directorships	None					

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Issued share capital (See notes 9)

Enter details of all the shares in issue at the date of this return.

Class
(e.g. Ordinary/Preference)

**Number of
shares issued**

**Aggregate
Nominal Value**

(i.e. Number of shares issued multiplied by nominal value per share)

ORDINARY	200	£200.00
Totals	200	£200.00

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper

in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☐

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☐
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

S. Wanber

Date

2 / 11 / 98

† Please delete as appropriate.

† a director / secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to **Companies House.**

This return includes

2

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

Wilder Coe, Chartered Accountants
235 Old Marylebone Road
London, NW1 5QT.

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title			Day	Month	Year	
	* Honours etc			Date of birth	18	12	64
Forename(s)	JEREMY GUY						
Surname	TAYLOR ✓						
Previous forename(s)							
Previous surname(s)							
Address	1 TRISSE COTTAGES						
	MILLERS LANE						
	Post town	OUTWOOD					
	County / Region	SURREY	Postcode	RH1 5BQ			
	Country		Nationality	BRITISH			
Business occupation	DIRECTOR						
Other directorships	(See continuation sheet).						

* Voluntary details.

Directors	Name	* Style / Title			Day	Month	Year	
		* Honours etc			Date of birth	03	11	45
	Forename(s)	DAVID						
	Surname	TURNER ✓						
	Previous forename(s)							
	Previous surname(s)							
Address	1 VILLAGE CLOSE							
	BELSIZE LANE							
	HAMPSTEAD							
	Post town	LONDON						
	County / Region		Postcode	NW3 5AH				
	Country	England	Nationality	BRITISH				
Business occupation	MANAGING DIRECTOR							
Other directorships	(See continuation sheet).							

Company Number 3459814

Company Name in full L.A. FITNESS (LUTON) LIMITED

Current directorships for JEREMY GUY TAYLOR

C.S. LEISURE LIMITED
L.A. (GOLDERS GREEN) LIMITED
L.A. FITNESS PLC
L.A. HAIR & BEAUTY LIMITED
L.A. LEISURE LIMITED
L.A. WESTMINSTER LIMITED

Current directorships for DAVID TURNER

ATHERBUY LIMITED
C.S. LEISURE LIMITED
DARKWIN LIMITED
KBL DEVELOPMENTS LIMITED
L.A. (GOLDERS GREEN) LIMITED
L.A. FITNESS PLC
L.A. LEISURE LIMITED
L.A. WESTMINSTER LIMITED
MANAGEMENT SERVICES (LEISURE) LIMITED
PLAYGATE LIMITED
REGALBROOK HOLDINGS LIMITED
SPEEDWELL PROPERTY & MORTGAGE CO. LTD
SPIREMILL LIMITED

Past directorships for DAVID TURNER

TR CONSTRUCTION & MANAGEMENT LIMITED (27-Sep-1996)

**List of past and present members
Schedule to form 363a and 363b**

Company Number 3459814

Company Name in full L.A. FITNESS (LUTON) LIMITED

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
DAISY NICOLEA GOODEN				
70 KINGSTON ROAD, LUTON, BEDFORDSHIRE, LU2 7SA, England				
ORDINARY	9			
DARRYL GOODEN				
70 KINGSTON ROAD, LUTON, BEDFORDSHIRE, LU2 7SA, England				
ORDINARY	9			
L.A. LEISURE LIMITED				
235 OLD MARYLEBONE ROAD, LONDON, NW1 5QT, England				
ORDINARY	182			
LONDON LAW SECRETARIAL LIMITED				
TEMPLE CHAMBERS, TEMPLE AVENUE, LONDON, EC4Y 0HP, England				
ORDINARY	0			

List of past and present members
Schedule to form 363a and 363b

Company Number **3459814**

Number of shares or amount of stock held by existing members at date of this return.

Particulars of shares or stock transferred since the date of the last return (or in the case of the first return, since the incorporation of the company) by
 (a) persons who are still members, and
 (b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
		1	04-Dec-1997	
LONDON LAW SERVICES LIMITED				
TEMPLE CHAMBERS, TEMPLE AVENUE, LONDON, EC4Y 0HP, England				
ORDINARY	0			
		1	04-Dec-1997	