



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals.

CHFP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3423 438

Company Name in full

HELPAE LIMITED

Date of
appointment

Day Month Year
01 08 2001

†Date of
Birth

Day Month Year
17 05 1944

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

CHARLES, MICHAEL

Surname

LAKE

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

30 WAVERLEY DRIVE

Post town

CAMBERLEY

Postcode

GU15 2DP

County / Region

SURREY

Country

UNITED
KINGDOM

†Nationality

BRITISH

†Business occupation

DIRECTOR
GENERAL

†Other directorships
(additional space overleaf)

SEE ATTACHED LIST

I consent to act as ** director / secretary of the above named company

Consent signature

Michael Lake

Date

25/7/2001

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

25/7/2001

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

ROBERT ABBEY, ACIS, ADMINISTRATION EXECUTIVE

207-221, PENTONVILLE ROAD, LONDON

N1 9UZ

Tel

0207-234-1804

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

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0532
07/08/01

Form revised July 1998

Company Number

† Directors only.

† Other directorships

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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Charles Michael Lake
30 Waverley Drive,
Camberley
Surrey
GU15 2DP

Date of birth 17/5/44

Nationality: British

Occupation: Director General

CURRENT & PREVIOUS DIRECTORSHIPS

OPAS Limited

Fold Help Limited

Third Age Challenge Trust

Chelsea Arts Club

Age Care & Leisure Services Limited

Help the Aged Housing Association Limited

help the Aged Housing Appeal Limited

Help the Aged (Mail Order) Limited

Help the Aged (Trading) Limited

Helpage International

Payroll Giving Limited

Network Housing Association (resigned 4.6.2001)

Help the Aged (Seniorlink) Limited

RIA Trading Limited

Charity Lotteries Limited

Help the Aged Charity Lotteries Limited

Sharing the Caring Limited

Workage Limited

Helpage(UK)Limited

Helpage Limited

24.7.2001

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