

# 288a

Please complete in typescript,  
or in bold black capitals.

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHFP016

Company Number

03389232

Company Name in full

Coventry & Co Limited

Date of  
appointment

Day Month Year  
02 04 2008

† Date of birth

Day Month Year  
15 10 1975

Appointment  
form

Appointment as director

☒

as secretary

☒

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes

NAME

\*Style / Title

Mr

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

Benjamin William

Surname

Howard

Previous  
Forename(s)

Previous  
Surname(s)

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985

†† Usual residential  
address

☐

5 Heath Croft Road

Post town

Sutton Coldfield

Postcode

B75 6RA

County / Region

West Midlands

Country

United Kingdom

† Nationality

British

† Business occupation

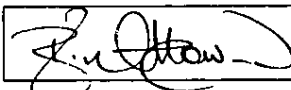
Company Director

† Other directorships  
(additional space overleaf)

Promanex Group Holdings Limited (05933523)

I consent to act as \*\* director / secretary of the above named company

Consent signature



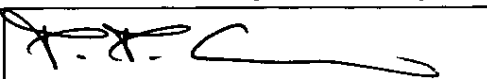
Date

02/04/2008

\* Voluntary details  
† Directors only  
\*\* Delete as appropriate

A director, secretary etc must sign the form below.

Signed



Date

02/04/2008

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record

(\* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Pickerings Solicitors LLP

Etchell House,

Etchell Court, Bonehill Rd

Tamworth B78 3HQ

Tel 01827 317070

DX number 12651

DX exchange TAMWORTH

When you have completed and signed the form please send it to the  
Registrar of Companies at  
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

THURSDAY



A36 03/04/2008 299  
COMPANIES HOUSE

**Company Number**

03389232

† Directors only

† Other directorships

Promanex Group Limited (CRN 03895753)

Promanex (Total FM and Environmental) Limited

(CRN 06427711)

Promanex (Construction and Mechanical Services)

Limited (CRN 06427708)

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given,
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past 5 years

You may exclude a company which either is, or at all times during the past 5 years when the person was a director, was

- dormant,
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company

**Continuation of 288a for Ben Howard**

**Company Number**

03389232

**Other Directorships**

Promanex (Civils and Industrial Services) Limited  
(CRN 06427724)