REPORT AND FINANCIAL STATEMENTS

for the year ended 31 December 2002

Company Registration No. 03381595

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DIRECTORS AND OFFICERS

Year ended 31 December 2002

Directors J Treharne (Resigned 25 March 2002)

M Grealey (Appointed 25 March 2002)

D Jarvis

RA Davies (Resigned 6 September 2002)

Secretary D Jarvis (Appointed 6 September 2002)

RA Davies (Resigned 6 September 2002)

Registered Office 33 Imperial Way

Purley Way Croydon,

Surrey CR0 4RR

Auditors KMPG Audit

1 Puddle Dock London

EC4V 3PD

Bankers Barclays Bank plc

Liverpool City Business Centre

4, Water Street Liverpool L69 2DU

Solicitors Ashurst Morris Crisp

Broadwalk House 5 Appold Street

London EC2A 2HA

Website www.crownsportsplc.com

Company Number 03381595

DIRECTORS' REPORT

Year ended 31 December 2002

The Directors present their annual report together with the audited financial statements for the year ended 31 December 2002.

Principal activities

The company is engaged in the ownership and management of health clubs.

Results and Dividends

The company's profit on ordinary activities before taxation was £332,641 (2001 profit - £531,297). The Directors do not recommend the payment of a dividend. (2001: nil) The increase to net profit of £29,250 the year ended 31 December 2001 represents the reversal of a provision for dividend made during year ended 31 December 2000, that was not required).

Directors and their interests

The Directors who held office during the year and their interests in the company's ordinary shares of 25 pence each were as follows:

J R Trehame (resigned 25 March 2002)

R A Davies (resigned 6 September 2002)

M Grealey (appointed 25 March 2002)

D Jarvis

None of the Directors had any interest in the shares of the company or subsidiaries during the year.

No Director had any contract of significance subsisting during the year or at 31 December 2002, or was materially interested in such a contract with the company or any of its subsidiary companies.

M Grealey was appointed as a Director of the immediate holding company Crown Sports Plc on 14 January 2003 and his shareholding and share options are disclosed in that company's annual report.

D Jarvis, R A Davies and J R Treharne's beneficial interests in the shares and options of Crown Sports Plc are as follows:

Number D Jarvis R A Davies J R Treharne	shares held 3		one 881	Number sha	None None None 900,000	December 2002
DIRECTOR'S S	HARE OPTI	ONS				
	At 1 Jan 2002	Lapsed	At 31 Dec 2002	Exercise price	Earliest date of exercise	Expiry date
D Jarvis	300,000	-	300,000	16p	14 Nov 2004	14 Nov 2011
R A Davies	500,000	500,000	-	30p	26 Jan 2004	26 Jan 2011
J R Treharne	1,000,000	1,000,000	-	30p	26 Jan 2004	26 Jan 2011

DIRECTORS' REPORT

Year ended 31 December 2002

Following J R Trehame's resignation from the Board on 25 March 2002 and R A Davies resignation from the Board on 6 September 2002, options granted for 1,500,000 shares of Crown Sports plc have lapsed. No further options were awarded to the above directors during the year and no options were exercised by the above named directors during the year.

There have been no changes to Directors' interests since the end of the year, except that J R Trehame has sold the 900,000 shares he held in Crown Sports plc at 31 December 2002.

Payments to suppliers

The company does not follow any formal payment code but agrees terms of payment with suppliers when opening an account, to ensure each supplier is made aware of these terms and to comply with payment terms agreed for existing and new accounts. The company makes payment to the majority of its suppliers, tax authorities and employees electronically via the BACS payments system in order to facilitate a fast, effective and secure transmission of payment.

Health and Safety at Work

The company has a positive approach to health and safety at work and copies of health and safety policy statements are available at the clubs.

Employment policies

Employees are encouraged to identify with, and become involved with, the financial performance of the company and service to club members by ongoing internal and external training and by means of bonus arrangements. The company has a policy of keeping employees up to date with major developments by means of regular staff meetings.

It is the policy of the company to give full and fair consideration to applications for employment by people with disabilities. For the purposes of training, career development and promotion, all employees are treated equally.

Auditors

During the year CLB resigned as the company auditors and the Directors appointed KPMG Audit Plc to fill the casual vacancy. A resolution to re-appoint KPMG Audit Plc as auditors for the coming year will be proposed at the Annual General Meeting, in accordance with section 384 of the Companies Act.

Signed on behalf of the directors

D Jarvis

Finance Director and Company Secretary

23 October 2003.

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Year ended 31 December 2002

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year.

In preparing those financial statements, the directors are required to:

select suitable accounting policies as described and then apply them consistently;

make judgements and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the requirements of the Companies Act 1985. The directors are also responsible for safeguarding the assets of the company and hence f or taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITORS REPORT OT THE SHAREHOLDERS OF TRAINSTATION LIMITED

for the year ended 31 December 2002

We have audited the financial statements on pages 6 to 16.

This report is made solely to the company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of Directors and auditors

The Directors are responsible for preparing the Directors' report, and as described on page 4, this includes responsibility for preparing the financial statements in accordance with applicable United Kingdom law and accounting standards. Our responsibilities, as independent auditors, are established in the United Kingdom by statute, the Auditing Practices Board, and by our profession's ethical guidance.

We report to you our opinion as to whether the financial statements give a true and fair view and whether the financial statements have been properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Directors' report is not consistent with the financial statements, if the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding Directors' remuneration and transactions with the group is not disclosed.

Basis of audit opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion the financial statements give a true and fair view of the state of affairs of the company as at 31st December 2002 and of the profit of the company for the year then ended; and have been properly prepared in accordance with the Companies Act 1985.

KPMG Audit Plc

Chartered Accountants
Registered Auditor

PROFIT AND LOSS ACCOUNT

for the year ended 31 December 2002

	Notes	Year ended 31 December 2002 £	Restated Year ended 31 December 2001 £
Turnover	1	3,273,490	3,831,143
Cost of sales		(182,921)	(258,282)
Gross profit		3,090,569	3,572,861
Administrative expenses		(2,757,928)	(2,997,589)
Operating profit	2	332,641	575,272
Interest payable	5	-	(43,975)
Profit on ordinary activities before taxation		332,641	531,297
Taxation	6	(214,300)	(274,765)
Profit on ordinary activities after taxation		118,341	256,532
Dividends	7	-	29,250
Retained profit for the financial year		118,341	285,782

All the results are derived from continuing operations and there is no difference between results of the financial period as reported compared to a historical cost basis.

STATEMENT OF TOTAL RECOGNISED GAINS	Year ended 31 December 2002 £	Restated Year ended 31 December 2001 £
Profit for the year Prior year adjustment Deferred Tax (FRS 19)	118,341 463,172	285,782
Total recognised gains and losses relating to the year/period	581,513	285,782

BALANCE SHEET

Year ended 31 December 2002

	Note	31 December 2002 £	Restated 31 December 2001 £
Fixed Assets			
Tangible assets	8	4,181,668	3,979,691
Current assets			
Stocks	9	13,983	32,738
Debtors	10	354,042	532,274
Cash at bank and in hand		356,781	109,233
		724,806	674,245
Creditors: Amounts falling due within one year	11	(2,009,781)	(1,875,584)
Net current liabilities		(1,284,975)	(1,201,339)
Net assets		2,896,693	2,778,352
ivet assets			
Capital and recovered			
Capital and reserves Called up share capital	12	349,537	349,537
Share premium account	13	2,439,579	2,439,579
Profit and loss account	14	107,577	(10,764)
Shareholders' Funds	15	2,896,693	2,778,352

These financial statements were approved by the directors on 23 october 2003, and are signed on their behalf by:

Diane Jarvis

Finance Director and Company Secretary

M Grealey Chief Executive

NOTES TO THE FINANCIAL STATEMENTS

Year ended 31 December 2002

1. Accounting Policies

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the provision of the Company's Act 1985 and applicable accounting standards. Except as noted below regarding the adoption of FRS 19 and FRS 18 all accounting policies have been consistent throughout the period.

Cash Flow Statement

The directors have taken advantage of the exemption in Financial Reporting Standard No1 (revised) from including a cash flow statement in the financial statements on the grounds that the company is wholly owned and its parent publishes a consolidated cash flow statement.

Changes in Accounting Policy and Prior Year Adjustments

The company has adopted Financial Reporting Standard 19 'Deferred taxation' during 2002. This standard requires full provision to be made for deferred taxation on most types of timing differences. Adoption has produced a prior year adjustment, resulting in a increase in opening reserves at 1 January 2002 of £463,172 and a reduction in the profit for 2002 by £214,300 (2001: £274,765).

Financial Reporting Standard 18 'Accounting policies' has been adopted in 2002. No material effect on the company has occurred owing to this new accounting standard.

Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write each asset down to its estimated residual value over it's expected useful life as follows:

The principal annual rates used for this purpose are:

Short Leasehold Property

- Over the unexpired term of the lease

Surface finishes

- 15 years

Fixtures, Fittings & Equipment

-3 - 10 years

Motor Vehicles

- 4 years

Land is not depreciated.

The Directors carry out regular impairment reviews of the leasehold buildings in accordance with Financial Reporting Standard No 11. Provisions for impairments in value are taken to the profit and loss account.

Turnover

Turnover is derived from the provision of health club facilities in the United Kingdom and represents membership entrance fees and subscription income receivable in respect of the year together with sales of leisure and catering services at invoice value excluding value added tax. Membership fees are time apportioned over the period that they apply.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

NOTES TO THE FINANCIAL STATEMENTS

Year ended 31 December 2002

1. Accounting Policies (continued)

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits as incurred.

Taxation

The charge for tax is based on the profit and loss account for the year and takes into account tax deferred because of timing differences between the different treatment of certain items for tax and accounting purposes. Provision is made for deferred tax in accordance with the requirements of Financial Reporting Standard 19 'Deferred Taxation' which has been adopted in 2002. Except where required by FRS 19, this standard requires full provision to be made for taxation in respect of all timing differences that have originated but not reversed by the balance sheet date. Deferred tax assets arising from unrelieved losses are only recognised to the extent that they are regarded as recoverable.

Going Concern

The financial statements have been prepared on the going concern basis.

Foreign Currency

Transactions in foreign currencies are recorded at the rate of exchange at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are reported at the rates of exchange prevailing at that date.

Pension Costs

Pension costs relate to defined contribution schemes and are charged to the profit and loss account as incurred.

Interest and other debt related costs

Interest on the company's bank borrowings is written off to profit and loss as incurred including all interest charged during the redesign of clubs prior to opening.

NOTES TO THE FINANCIAL STATEMENTS

Year ended 31 December 2002

2.	Particulars of employees		
		Year ended 31 December 2002 No	Year ended 31 December 2001 No
	The average monthly number of persons (including directors) employed by the company during the year was:		
	Office and management Administration	3 107	10 116
		110	126
		Year ended 31 December 2002	Year ended 31 December 2001
	The aggregate payroll costs of the above were:	£	£
	Staff costs for above persons: Wages and salaries Social security costs Pension costs	873,367 61,481 3,908	1,184,593 85,356
		938,756	1,269,949
3.	Directors' remuneration	Year ended 31 December 2002 £	Year ended 31 December 2001 £
	Emoluments	-	118,939
	During 2002 the Director's were employees of Dragons Health remuneration from that company.	——————————————————————————————————————	ed their
4.	Operating Profit is Stated After Charging	Year ended	Year ended

31 December 2002 £	31 December 2001 £
451,235	211,856
183,450	187,080
37,284	-
· -	7,500
	£ 451,235 183,450

Auditors remuneration and other fees were paid by the parent company Crown Sports plc and are disclosed in the group consolidated financial statements.

NOTES TO THE FINANCIAL STATEMENTS

5	Interest Payable	Year ended	Year ended
		31 December	31 December 2001
		2002 £	£
	On bank loans and overdrafts	-	23,640
	Other interest Finance leases	-	5,590 14,745
	I manee reases		
		-	43,975
6.	Taxation on Profit on Ordinary Activities		
			Restated
		Year ended 31 December	Year ended 31 December
		2002	2001
	a) Analysis of tax charges for the year	£	£
	Current Tax		
	UK Corporation Tax Total Current Tax (note 6b)	-	<u>-</u>
	Total Cultent Tax (note 66)	-	-
	Deferred Tax	(21.4.200)	(074.765)
	Origination and reversal of timing difference (note 6c)	(214,300)	(274,765)
	Tax on loss on ordinary activities	(214,300)	(274,765)
	b) Factors affecting current tax The tax assessed on the profit on ordinary activities for the		Restated
	year is lower than the standard rate of corporation in the UK	Year ended	Year ended
	of 30% (2001 30%). The differences are reconciled below:	31 December	31 December
		2002	2001
		£	£
	Profit on ordinary activities	332,641	531,297
	Profit on ordinary activities before tax multiplied by the standard rate of corporation tax in the UK of 30% (2001 30%)	99,792	159,389
	Accelerated capital allowances	57,293	37,295
	Tax losses brought down and used in the current year	<u>(157,085</u>)	(196,684)
	Total current tax (note 6a)		

NOTES TO THE FINANCIAL STATEMENTS

6.	c) Deferred tax The deferred tax	linary Activities (conti he balance sheet as follow	31 De	ecember 2002 £	Restated 31 December 2001 £
	Shown on the balance sheet as a	a deferred tax asset	_	248,872	463,172
	At 1st January 2002 (as previou Prior year adjustment (FRS 19)	sly stated)		463,172	
	At 1st January 2002 (as restated Deferred tax credit/(charge) in part 31st December 2002			463,172 214,300) 248,872	
7.	Dividends			ended cember : 2002 £	Year ended 31 December 2001 £
	Reversal of a provision for made during year ended 31 not required	-	as =	-	29,250
8.	Tangible Fixed Assets	Improvements to short Leasehold Property	Fixtures & Fittings	Motor Vehicles	
		£	£	£	£
	Cost At 1 January 2002 Additions	3,908,457 347,227	626,687 295,407	10,553	4,535,144 653,187
	At 31 December 2002	4,255,684	922,094	10,553	5,188,331
	Depreciation At 1 January 2002 Charged in the Year	329,294 340,015	226,159 108,781	- 2,414	555,453 451,210
	At 31 December 2002	669,309	334,940	2,414	1,006,663
	Net book value At 31 December 2002	3,586,375	587,154	8,139	4,181,668

NOTES TO THE FINANCIAL STATEMENTS

9.	Stocks	31December 2002	31December 2001
		£	£
	Goods for resale	13,983	32,738
	23330 900 200000		
10.	Debtors		
10.	Depto13	31 December	31 December
		2002	2001
		£	£
	Trade Debtors	3,716	-
	Other Debtors	5,256	19,077
	Prepayments and accrued income	96,198	50,025
	Deferred tax asset	248,872	463,172
		354,042	532,274
			<u></u>
11.	Creditors: Amounts falling due within one year		
		31 December	31December
		2002 £	2001 £
		~	~
	Trade creditors	11,432	61,995
	Amounts due to group undertakings	1,624,264	1,407,794
	Other taxation and social security	103,186	146,340
	Other creditors Accruals and deferred income	2,481 268,418	875 258,580
	Accidate and deferred income	200,410	238,380
		2,009,781	1,875,584
			
12.	Share capital		
		31 December	31December
		2002	2001
	A41	£	£
	Authorised:		
	Equity interests: 188,725 Ordinary shares of £1 each	188,725	188,725
	154,412 'A' Ordinary shares of £1 each	154,412	
	,,,		<u> </u>
	Non-equity interests	343,137	7 343,137
	Non-equity interests: 450,000 Preference shares of 1 pence each	4,500	4,500
	1,900,000 'A' Preference shares of 1 pence each	1,900	
	. ,		
		349,537	349,537
			

NOTES TO THE FINANCIAL STATEMENTS

12.	Share capital (continued) Allotted, called up and fully paid: Equity interests:	31 December 2002	31December 2001 £
	188,725 Ordinary shares of £1 each 154,412 'A' Ordinary shares of £1 each	188,725 154,412	188,725 154,412
	Non-acceleration	343,137	343,137
	Non-equity interests: 450,000 Preference shares of 1 pence each 1,900,000 'A' Preference shares of 1 pence each	4,500 1,900	4,500 1,900
		349,537	349,537
13.	Share premium account	31 December 2002 £	31December 2001
	Equity interests:		
	Balance at beginning and end of year	123,609	123,609
	Non-equity interests: Balance at beginning of year Legal costs (3i) Balance at year end	2,315,970 - 2,315,970	2,316,350 (380) 2,315,970
	Total interests at year end	2,439,579	2,439,579
14.	Profit and loss account	31 December 2002	
	Opening balance (As previously stated) Prior year adjustment – Deferred tax	(473,936) 463,172	
	Balance brought forward	(10,764)	
	Retained profit for the year	118,341	
	Balance carried forward	107,577	

NOTES TO THE FINANCIAL STATEMENTS

Year ended 31 December 2002

15. Reconciliation of movements in shareholders' funds

	31 December 2002 £	Restated 31December 2001 £
Profit on ordinary activities for the financial year Dividends	118,341	256,532 29,250
Net addition to shareholders' funds Opening shareholders' funds (Reserves 01/01/02 originally £2,315,180 before prior year adjustment)	118,341 2,778,352	285,792 2,492,570
Closing shareholders' funds	2,896,693	2,778,352

16. Commitments under operating leases

At 31 December 2002 the company had annual commitments under non-cancellable operating leases as follows:

	Land and buildings		Other	
	2002	2001	2002	2001
	£	£	£	£
Within one year	_	-	-	94,820
More than one year and less than				
five years	-	-	37,284	71,034
More than five years	183,450	167,500		
	183,450	167,500	37,284	165,854

17. Contingent Liability

In April 2002, group bank facilities totalling £53 million were arranged with the ultimate parent company Crown Sports Plc's bankers HSBC Bank Plc and Barclays Bank Plc. These replace a range of facilities which had existed within the businesses and consist of an aggregate £50 million of term loan and revolving facility and £3 million of overdraft facility. The bank loan facility is shown on the balance sheet of Crown Sports Plc and is secured against the assets of the entire group including Trainstation Ltd.

18. Ultimate parent company

The company is a wholly owned subsidiary of Dragons Health Clubs plc, registered in England and Wales. Dragons Health Clubs plc is a wholly owned subsidiary of Crown Sports plc, registered in England and Wales.

Crown Sports Plc prepares group financial statements and copies can be obtained from 33 Imperial Way, Purley Way, Croydon, Surrey, CR0 4RR.

NOTES TO THE FINANCIAL STATEMENTS

Year ended 31 December 2002

19. Related party transactions

The company is a wholly owned subsidiary of Dragons Health Clubs plc and ultimately of Crown Sports Plc, a company which is quoted on the UK Stock Exchange. There is no ultimate controlling party for the Group at the yearend.

In accordance with the exemption stated in Financial Reporting Standard No.8 no details are shown of related party transactions with the company's parent and fellow subsidiaries in which the parent company hold 90% or more of the voting rights.

20. Capital Commitments

The company had no capital expenditure contracted for but not provided for in the financial statements (2001: zero).