Trainstation Limited

Directors' report and financial statements

Registered number 3381595

for the year ended 31 October 2014

WEDNESDAY



A21

08/07/2015 COMPANIES HOUS

#37

Contents

Company information	1
Directors' report	2
Balance sheet	3
Notes to the financial statements	4

Company information

Directors

M Long

R Chester A McColl

Registered office

Sandall Stones Road

Kirk Sandall Doncaster

South Yorkshire

DN3 1QR

Registered number

3381595

Principal bankers

The Royal Bank of Scotland plc

280 Bishopsgate

London EC2M 4RB

Trainstation Limited Directors' report and financial statements For the year ended 31 October 2014

Directors' report

The directors present their annual report and the financial statements for the year ended 31 October 2014.

Principal activity and business review

The company did not trade during the current year or previous year and the directors believe this will continue for the foreseeable future. There are no key performance indicators or principal risks and uncertainties associated with this company because of its dormant status.

On 6th March 2014 LA Fitness Ltd, together with one of its subsidiary undertakings, LA Leisure Limited, entered into a company voluntary arrangement ("CVA").

The CVA proposed a c£250m debt reduction in the group parent undertaking's indebtedness and compomised certain leasehold creditors. On 24th March 2014, these CVAs were approved by more than 90% of creditors. No trading creditors were compromised as part of the CVA.

On 5th June 2014, MOP Acquisitions (LAF) Limited sold LA Fitness Ltd to Tolmers Newco 2 Limited

Dividends

The directors do not recommend the payment of a dividend (2013: £nil)

Directors

The directors who served during the year are listed on page 1.

Statement of directors' responsibilities

The directors are responsible for preparing the annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will
 continue in business.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as reasonably open to them to safeguard the assets of the company and to prevent and detect fraud and other irregularities.

On behalf of the board

Director

Sandall Stones Road Kirk Sandall Doncaster South Yorkshire DN3 1QR

3/ March 2015

Balance sheet As at 31 October 2014

	Notes	31 Octob		31 Octobe	
Current assets	2	£	£	£	£
Debtors	2	2,973,256		2,973,256	
Net current assets			2,973,256		2,973,256
Total assets less current liabilities			2,973,256		2,973,256
Net assets			2,973,256 =====		2,973,256
Capital and reserves					,
Called up share capital	3		349,537		349,537
Share premium account	4		2,439,579		2,439,579
Profit and loss account	4		184,140		184,140
Shareholders' funds	5		2,973,256		2,973,256
					

• For the year ending 31 October 2014 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

Director's responsibilities;

- 1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.
- 2. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the board of directors on 3/ March 2015 and are signed on its behalf by:

R Chester
Director

The notes on pages 4 to 5 form part of these financial statements

Notes to the financial statements

(Forming part of the financial statements)

1 Accounting policies

The following accounting policies have been applied consistently with the prior year in dealing with items which are considered material in relation to the company's financial statements.

Basis of preparation

The financial statements have been prepared in accordance with applicable accounting standards and under the historical cost convention and in accordance with the Companies Act 2006.

Profit and loss account

During the current financial year the company did not trade and received no income and incurred no expenditure. Consequently the company made neither a profit nor a loss. The profit and loss account is included to show the previous financial period.

Cash flow statement

Under Financial Reporting Standard 1 the company is exempt from the requirement to prepare a cash flow statement on the grounds that the parent company includes the company in its own published consolidated financial statements.

2	Debtors		
2	Debtors	2014 £	2013 £
	Amounts due from group undertakings	2,973,256	2,973,256
		2,973,256	2,973,256
	Amounts due from group undertakings have no set terms for repaym	ent and are interest	free.
3	Share capital	2014 £	2013 £
	Allotted, called up and fully paid: 3,495,370 Ordinary shares of 10 pence each	349,537	349,537
4	Reserves	Share premium account	Profit and loss account
	Balance at the beginning and end of the year	2,439,579	184,140
5	Reconciliation of movements in shareholders' funds		
		2014 £	2013 £
	Opening and closing shareholders' funds	2,973,256	2,973,256

Notes to the financial statements (continued)

6 Contingent liability

The company has provided cross guarantees to its bankers in respect of the bank borrowings of other group undertakings. A contingent liability therefore exists to the extent of the bank borrowings of the other group undertakings. At the year end this amounted to £38,000,000 (2013: £113,284,756).

7 Related party transactions

Advantage has been taken of the exemptions provided by Financial Reporting Standard 8 not to disclose transactions and balances with fellow group companies as the company is a wholly owned subsidiary and consolidated accounts for the group are publicly available.

8 Parent undertakings and controlling parties

The company is a subsidiary undertaking of Dragons Health Clubs Limited, a company registered in England and Wales which in turn is a subsidiary of LA Fitness Ltd also registered in England and Wales.

The parent undertaking of the smallest group for which consolidated accounts are prepared is LA Fitness Limited. The parent undertaking of the largest group for which consolidated accounts are prepared is Tolmers Newco 1 Limited. Consolidated accounts are available from Companies House, Crown Way, Cardiff, CF14 3UZ.

LA Fitness Limited is controlled by Tolmers Newco 1 Limited, a company incorporated in the United Kingdom. In the directors opinion this was the ultimate parent company at 31 October 2014.