



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **TRAINSTATION LIMITED**

Company Number: **03381595**

Date of this return: **05/06/2010**

SIC codes: **9262**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O LA FITNESS LIMITED SANDALL STONES ROAD KIRK
SANDALL
DONCASTER
SOUTH YORKSHIRE
UNITED KINGDOM
DN3 1QR**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **ROSS STEVEN**

Surname: **CHESTER**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **11/03/1967**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director **2**

Type: **Person**

Full forename(s): **MARTIN**

Surname: **LONG**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **21/03/1967**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director **3**

Type: **Person**

Full forename(s): **ARTHUR**

Surname: **MCCOLL**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **27/09/1963**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY SHARES OF 10P	<i>Number allotted</i>	3495370
		<i>Aggregate nominal value</i>	349537.00
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.10
		<i>Amount unpaid per share</i>	0.00
<i>Prescribed particulars</i>	THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	3495370
		<i>Total aggregate nominal value</i>	349537.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/06/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

3495370 ORDINARY SHARES OF 10P Shares held as at 05/06/2010

Name: **DRAGONS HEALTH CLUBS LIMITED**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.