



Companies House
— for the record —

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Annual Return



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Company Name: **TRAINSTATION LIMITED**

Company Number: **03381595**

Company Details

Period Ending: **05/06/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

9262

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**C/O LA FITNESS LIMITED
SANDALL STONES ROAD
KIRK SANDALL
DONCASTER
SOUTH YORKSHIRE
DN3 1QR**

Details of Officers of the Company

Director 1 :

Name: **ROSS STEVEN CHESTER** *Address:* **APARTMENT 1 COMPASS COURT
42-44 WINN ROAD
SOUTHAMPTON
SO17 1EZ**

Date of Birth: **11/03/1967** *Nationality:* **British** *Occupation:* **DIRECTOR**

Director 2 :

Name: **MARTIN LONG** *Address:* **FLYFORD AMPFIELD
ROMSEY
HAMPSHIRE
SO51 9BA**

Date of Birth: **21/03/1967** *Nationality:* **British** *Occupation:* **DIRECTOR**

Director 3 :

Name: **ARTHUR MCCOLL** *Address:* **86 HOLGATE ROAD
YORK
YORKSHIRE
YO24 4AB**

Date of Birth: **27/09/1963** *Nationality:* **British** *Occupation:* **DIRECTOR**

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY SHARES OF 10P (03/06/2005 ONWARDS)	3495370	GBP349537.00
<i>TOTALS</i>		
	3495370	GBP349537.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/06/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

**3495370 ORDINARY SHARES OF 10P (03/06/2005 ONWARDS) Shares
held as at 05/06/2009
DRAGONS HEALTH CLUBS LIMITED**

Name:

Address:

Authorisation

Authoriser Designation: **director**

Date Authorised: **24/06/2009**

Authenticated: **Yes (E/W)**