



Companies House
— for the record —

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Annual Return



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Received for filing in Electronic Format on the: **12/06/2008**

Company Name: **TRAINSTATION LIMITED**

Company Number: **03381595**

Company Details

Period Ending: **05/06/2008**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

9262

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**C/O LA FITNESS LIMITED
SANDALL STONES ROAD
KIRK SANDALL
DONCASTER
SOUTH YORKSHIRE
DN3 1QR**

Details of Officers of the Company

Company Secretary 1:

Name: **STEVEN PAUL GOSLING**

Address: **5 LITTLE HEATH LANE
DUNHAM MASSEY
CHESHIRE
WA14 4TS**

Director 1 :

Name: **STEVEN PAUL GOSLING**

Address: **5 LITTLE HEATH LANE
DUNHAM MASSEY
CHESHIRE
WA14 4TS**

Date of Birth:

26/08/1967

Nationality:

British

Occupation:

CHIEF FINANCIAL OFFICER

Director 2 :

Name: **MARTIN LONG**

Address: **FLYFORD AMPFIELD
ROMSEY
HAMPSHIRE
UNITED KINGDOM
SO51 9BA**

Date of Birth:

21/03/1967

Nationality:

British

Occupation:

DIRECTOR

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
Other	3495370	GBP349537.00
<i>TOTALS</i>		
	3495370	GBP349537.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/06/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

3495370 ORDINARY SHARES OF 10P (03/06/2005 ONWARDS) Shares

held as at 05/06/2008

Name: **DRAGONS HEALTH CLUBS LIMITED**

Address: **C/O LA FITNESS LIMITED SANDALL STONES ROAD KIRK**

SANDALL

DONCASTER

SOUTH YORKSHIRE

DN3 1QR

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **12/06/2008**

Authenticated: **Yes (E/W)**