



Companies House

for the record

287

Change in situation or address of Registered Office

**Please complete in typescript,
or in bold black capitals.**

CHWP000

Company Number

3381595

Company Name in full

TRAINSTATION LIMITED

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

For English and Welsh companies, the address must be in England or Wales. For Scottish companies, the address must be in Scotland.

Address

C/O LA FITNESS LIMITED, SANDALL STONES ROAD,

KIRK SANDALL

Post town

DONCASTER

County / Region

SOUTH YORKSHIRE

Postcode

DN3 1QR

Signed

Date

11.12.2006

† Please delete as appropriate.

† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

MR C J STORR, COMPANY SECRETARY, LA FITNESS LIMITED

SANDALL STONES ROAD, KIRK SANDALL, DONCASTER

DN3 1QR

Tel 0844 770 5475

DX number

DX exchange

MONDAY



AWQ9VLG1

A14

18/12/2006

322

COMPANIES HOUSE

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

for companies registered in Scotland

or LP - 4 Edinburgh 2