

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or
change of particulars (use Form 288c))

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

3375419

Company Name in full

Human Capital Resources Limited

**Appointment
form**

Notes on completion
appear on next
page.

Appointment as director

NAME * Style / Title

Forename(s)

Surname

**Previous
forename(s)**

**Usual residential
address**

Post town

County / Region

† Nationality

**† Other directorships
(additional space next page)**

**Date of
appointment**

Day Month Year

0 4 0 7 2 0 0 1

† Date of
Birth

Day Month Year

2 5 0 2 1 9 6 2

X

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Miss

* Honours etc

Alison Elizabeth

Platt

Previous
surname(s)

10 Morley Road

Twickenham

Postcode TW1 2HF

Middlesex

Country

British

† Business
occupation

Deputy Managing
Director - UK Membe

See attached schedule

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

Date

29.08.01

* Voluntary details.

† Directors only.

** Please delete as appropriate

Signed

Date

29/09/01

A director, secretary etc must sign the form below.

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone
number and, if available, a DX number and
Exchange of the person Companies House
should contact if there is any query.

J P Sanders Esq, Legal Department, BUPA, BUPA House,

15-19 Bloomsbury Way, London, WC1A 2BA, Tel : 0207

656 2302

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



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† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

*Please complete in typescript,
or in bold black capitals.*

CHFP010

Company Number

3375419

Company Name in full

Human Capital Resources Limited

Name

Alison Elizabeth Platt

Company Name	Resignation
BUPA Health Assurance Limited BUPA Membership Limited The Coventry & Warwickshire Hospital Saturday Fund	06/03/2001