



Companies House

AR01 (ef)

Annual Return



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Company Name: **HEALTH ZONE LIMITED**

Company Number: **03349945**

Date of this return: **10/04/2016**

SIC codes: **47290**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O J TANNA & CO
SUITE 211/212 SURREY HOUSE
34 EDEN STREET
KINGSTON UPON THAMES
SURREY
KT1 1ER**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR MISHAL**

Surname: **QADRI**

Former names:

Service Address: **30 WIMBLEDON HILL ROAD
WIMBLEDON
LONDON
SW19 7PA**

Company Director ***I***

Type: **Person**

Full forename(s): **AHMED**

Surname: **FAIK**

Former names:

Service Address: **CEDAR COURT COOMBE HILL ROAD
KINGSTON UPON THAMES
SURREY
KT2 7EH**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/09/1962**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director **2**

Type: **Person**
Full forename(s): **MR MISHAL**

Surname: **QADRI**

Former names:

Service Address: **30 WIMBLEDON HILL ROAD**
 WIMBLEDON
 LONDON
 SW19 7PA

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/10/1962** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARE ENTITLED TO VOTE, RECEIVE DIVIDENDS AND DISTRINUTIONS UNDER ALL CIRCUMSTANCES

Class of shares	PREFERENCE	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY NON-VOTING SHARES, RECEIVE DIVIDENDS AND DISTRIBUTIONS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	200
		<i>Total aggregate nominal value</i>	200

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 10/04/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **100 PREFERENCE shares held as at the date of this return**
Name: **MISHAL QADRI**

Shareholding 2 : **33 ORDINARY shares held as at the date of this return**
Name: **M. QADRI**

Shareholding 3 : **67 ORDINARY shares held as at the date of this return**

Name: AHMED FAIK

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.